



# NEWS & VIEWS

OCTOBER 2004

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

## California 4-H Horse Classic Was Fun!

*By Sophie Flemion, Cambria*

Hello, my name is Sophie Flemion, I am ten years old and I am in the Cambria 4-H Club. This is my first year in the Horse Project. I also did Rabbit and Bicycle Projects. I have two horses, Drama and Mr. Crackers, they are both Arabians.

Drama and I went to the State 4-H Classic Championship Horse Show at the Rancho Murieta Equine Complex during August 18–22, 2004. I prepared for the Classic by practicing French braiding Drama’s mane and tail. I had to clean my saddle and bridle, wash my saddle pad and pack all my stuff, in addition to riding Drama every day.

When we got to the CA 4-H Horse Classic—it took about 6 1/2 hours to

get there—it was HOT! It was so hot that I had to attach a fan to Drama’s stall to keep him cool. Drama was scared of it at first, but after he realized how handy it was, he loved it.

I did really well in my English Equitation Walk/Trot Novice class and in my English Pleasure Class. I was so proud and happy. All the classes

were huge. My equitation class had twenty kids and my pleasure class had twenty-two. There were twice as many riders and horses in the Senior and Junior divisions.

My friends from San Luis Obispo County 4-H also came—Melissa Clay from Rio Rancheros,

*continued page 3*



*Left to Right: Jessica Prian on Dixie, Cambria; Sophie Flemion on Drama, Cambria; Melissa Clay on Lady, Rio Rancheros; Stephanie Crawford on Desi, Rio Rancheros; Hailey Jackson on Rosie, Parkfield; and Heather Shawcross on Indy, Templeton.*

## Mid-State Fair Market Weight Update

At their September 15, 2004 meeting, the California Mid-State Fair Board of Directors adopted a new policy creating a top weight limit of all market animals for the 2005 Mid-State Fair Junior Livestock Show. Any animals weighing over the top weight limit will be disqualified from any judging competition during the Fair, including show-

manship.

This new policy was prompted by notification received from the plants responsible for processing this year’s animals. They warned they would no longer accept animals from the Fair exceeding industry standard weights. “Livestock shows are a means of educating

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# Pass It On...

**NEW:** SLO Co. Website: [www.clubs.ca4h.org/sanluisobispo/](http://www.clubs.ca4h.org/sanluisobispo/).  
California 4-H Website: [www.ca4h.org](http://www.ca4h.org).

**State 4-H Web Server!** 4-H Clubs may register for space on the State 4-H Web Server. Check out <http://clubs.ca4h.org> to view current web sites. Click on the links to find out how your group can benefit from having a safe, free alternative to commercial web servers.

**Tenth Annual Prudential Spirit of Community Awards.** The National 4-H Council and Prudential Financial recognize youth based on their volunteer work in their communities. Each county may select one recipient to forward on to state judging. **Applications are due October 29, 2004.** More info is available at <http://www.prudential.com/spirit/>

**South Section Teen Involvement Conference (TIC),** workshop proposals are being sought for this conference which is scheduled for January 21 – 23, 2005 at Pathfinder Ranch. The conference is designed for high-school aged 4-H members learning citizenship, leadership and life skills. Proposals may be obtained at <http://ca4h.org/conference/seconf/>.

**Bob & Pat Dean Memorial 4-H Legacy Fund** provides 4-H clubs/groups an opportunity to ask for funds up to \$2,500 to expand the reach of 4-H, increase public awareness, and develop new and innovative projects. Applications are **due October 31, 2004.** More information is available at <http://ca4h.org/4hresource/ir/>.

**2005 4-H Beekeeping Essay Contest** rules and guidelines are now available at <http://ca4h.org/4hresource/ir/>. The contest is conducted by The Foundation for the Preservation of Honeybees, Inc. and provides monetary rewards for 4-H members. Essays are **due February 11, 2005.**

**Susan G. Komen Breast Cancer Foundation.** The makers of M&M candies have teamed up to raise funds through the sale of their new “pink & white” M&M candies. For each 8 ounce bag of the special candies sold, the makers of M&M (Masterfoods) will donate 50 cents to the foundation. So, next time you want a treat, please pick up a bag. You will be donating to a great cause and satisfying your sweet tooth.

**Lost!** Italian charm bracelet at the Cerro Alto Rabbit Show. If you found a bracelet with charms on it please turn it into the 4-H Office or call, 781-5943.

If you have no computer, call the 4-H Office at 781-5943 for assistance in obtaining any of the above information.

**Don't forget! SLO Co. 4-H Achievement Night! SLO Vet's Hall (corner of Monterey & Grand) on Saturday, October 9th at 7:00 PM. It's a Round Up of Achievements—Come out and support 4-H!**

**news & views** is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. **news & views** is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County. Submit articles and photos by the 15th of each month to:



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2156 Sierra Way, Suite C  
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A handwritten signature in black ink, appearing to read "Richard P. Enfield".

Richard P. Enfield,  
4-H Youth Development Advisor

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No endorsement of named products and/or companies is intended, nor is criticism implied of similar products and/or companies which are not mentioned.

Persons with special needs wishing to attend a program should contact the 4-H Office in advance. Efforts will be made to accommodate your special needs.

## CA 4-H Horse Classic

*Continued from page 1.*

Jessica Prian from Cambria, Stephanie Crawford from Rio Rancheros, Heather Shawcross from Templeton, and Hailey Jackson from Parkfield. Oh, and I can't forget, Amika Osumi from Adobe Nipomo, and Amanda Alford, Aalia Staley and Candice Takhvar from Canyon Country. We had a LOT of fun. We all watched each other's classes as much as we could and cheered loudly when any of us won a ribbon. We got to know each other really well, since our horses' stalls were all in the same row.

Stephanie Crawford stood out in the Western Pleasure Class. Melissa Clay reined in some ribbons in jumping, equitation, showmanship and reining. Jessica Prian was at her best in

the Clover Reining class, there were 44 riders and horses to compete against. Heather Shawcross placed high in showmanship, pleasure and trail. Hailey Jackson did well in trail and won the Good Sportsmanship horse trophy. Hailey was also driving back and forth to Sacramento to the Expo, showing her steer while she was at the Horse Classic. Amika Osumi participated in the Western Equitation class. Amanda Alford and Candice Takhvar were pretty busy rounding up ribbons in the Pony Gymkhana Division. Aalia Staley was in the Junior Gymkhana Division and she had her fair share of accomplishments too. The competition was great and everyone looked so nice in their show outfits.

There were lots of nice things to buy at the Horse

Classic. Lots of things with horses on them. I bought some little wire bendy farm animals that I played with a lot. We also had lots of cold drinks and smoothies to help us stay cool. After the awards were handed out on Sunday, all of us from San Luis Obispo County 4-H (who were still at the show) had a group photo. We all sat on our horses bareback! It was a fun and memorable three days. The CA 4-H Horse Classic was very fun. I am looking forward to next year's Horse Classic.

*Congratulations to all Horse Classic participants from SLO Co. 4-H!*



*Drama with Sophie Flemon of Cambria.*

## Mid-State Fair Update

*Continued from page 1.* exhibitors on how to manage the care and feeding of their livestock projects," said Vivian Sayler, California Mid-State Fair CEO. "We want exhibitors to prepare their projects to meet current industry standards for market animals, and we believe a maximum weight limit will help them do so."

A maximum pay weight has been in place for several years and will continue to be applied

to future shows. Minimum weight limits have remained consistent with industry standards for all species except market swine, which was changed from 210 pounds to 215 pounds for the 2005 fair. The revised policy changes may be viewed on the California Mid-State Fair website at [www.midstatefair.com](http://www.midstatefair.com), or you may call the Fair office at (805) 239-0655 for more information.

The California Mid-State fair will run July 27 through August 7, 2005.

Species	Minimum Weight	Maximum Weight Limit	Maximum Pay Weight
Beef	1,000 pounds	1,400 pounds	1,300 pounds
Sheep	100 pounds	160 pounds	140 pounds
Swine	215 pounds	275 pounds	255 pounds
Goat	70 pounds	125 pounds	115 pounds



Rounding Up  
Skills for Life!

October 9, 2004

SLO Vet's Hall

7:00 p.m.

Come for a Rootin'  
Tootin' Good Time!

## Beef'n Up the Troops

By Alycia Ljepava, El Camino

Starting this 4-H year El Camino 4-H Club is Beef'n Up the Troops. The Iowa Cattlemen's Foundation started the Beef'n Up the Troops program by sending beef sticks to Iowa troops serving in Iraq and Afghanistan. After reading an article, El Camino Beef Project Leader Connie Willems asked the Beef Project if we would like to adopt the program. We said, "YES!"

The El Camino 4-H Club will be taking money donations until November 8th to cover beef jerky and postage, the beef jerky will go to our local service folks serving in Iraq and Afghanistan. We plan to ship by November 13, 2004, since it can take a month to get to them.

Why beef jerky? It is easy to carry in their packs and provides protein, sodium, vitamins and minerals they need in the heat of the desert. It is a favorite snack among the troops.

Look for cans for donations at local businesses, or come see our National 4-H Week window display at Café Andreini in the Village of Arroyo Grande, October 3—9, 2004. **There is a list of businesses where you can make donations or call 489-0923 or email ECBeefnup-troops@aol.com.**

### Check Out Our New Look!

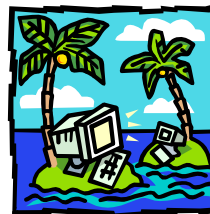
As you may or may not know the SLO Co. 4-H website changed to the [www.ca4h.org](http://www.ca4h.org) web server awhile back. The website has a refreshing new look. Have you surfed it yet? It has useful resources such as downloadable record book forms, SLO Co. 4-H event calendar, and clubs listed by area of the county. More is on the way!

Do you have ideas about improving the website? We would like to hear from you!

Send an email to Jill at the 4-H Office, [jgarcia@co.slo.ca.us](mailto:jgarcia@co.slo.ca.us) or you can call her at 781-5943 and she will pass it on.

Since the theme this year for National 4-H Week is "4-H Online!" you are encouraged to check out the SLO Co. 4-H website at <http://clubs.ca4h.org/sanluisobispo>.

Check it out and pass it on!



### Help! Help!

If you are a 4-H member with web design computer skills, the SLO Co. website could use your help. The website has a lot of potential but the site needs more member volunteers to keep up with the 4-H Office updates, website upgrades, and

ideas to improve the website in order to meet the needs of SLO Co. 4-H members and volunteers. Call the 4-H Office at 781-5943, if you are interested or have ???

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## NATIONAL 4-H WEEK WILL CELEBRATE ONLINE!

OCTOBER 3—9, 2004

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**4-H Online!** is the theme for National 4-H Week 2004 as 4-H members, volunteers and staff from across the nation celebrate the 4-H community of young people across America from **October 3—9, 2004**.

**T**he 4-HUSA Web Crew is a group of 14 teens from across the United States charged with designing [www.4-husa.org](http://www.4-husa.org), 4-H's first national web site exclusively for, by and about youth. The 4-HUSA Web Crew will design and manage the web site, which will demonstrate the size, diversity and value of the 4-H adventure. Focusing on youth ages 13 to 16, the site will feature a complete list of 4-H web sites organized by state and interactive elements like message boards, weblogs and [<myname@4-Husa.org>](mailto:<myname@4-Husa.org>) e-mail aliases. The new site is up and running now!

**A**ll 4-H Clubs and county and state 4-H programs will be able to use National 4-H Week to showcase their websites to the media and will be asked to cross promote [www.4-husa.org](http://www.4-husa.org). A National 4-H Week media kit with a customizable media advisory, feature story and photos will be available online to help county and state 4-H programs promote **4-H Online!** through their National 4-H Week events.

**V**isit [www.4husablogs.org/national4-hweek2004](http://www.4husablogs.org/national4-hweek2004) for

access to the kit. Contact Laura Phillips Garner at National 4-H Council at [lgarner@fourhcouncil.edu](mailto:lgarner@fourhcouncil.edu) for more information.

**I**deas for 4-H Online! Activities that your club can do for National 4-H Week.

1. Create an internet cafe and invite the community to view the new 4-HUSA.org and your state, county and 4-H club web sites. Share with them why 4-H is a community of young people across America learning leadership, citizenship and life skills. Serve up some refreshments just like those you would find at your local coffee shop. Make sure some are kid-friendly for the younger members of the group.
2. Ask your local mall or shopping center if you can use the community booth during National 4-H Week. Set up an internet connection and share the new 4-husa.org web site and your state, county and 4-H web sites with those who ask for more information. Print up cards or bookmarks with the 4-husa.org web site address to share.
3. Ask your local library to make 4-husa.org its home page during National 4-H Week. Ask them to declare one day during the week 4-H Online! Day and invite young people in the community to learn about 4-H and safe use of the Internet.
4. Ask 4-H clubs who have web

sites to hold a basic web site design workshop for youth in the community.

5. Hold a 4-H web page design contest. Give prizes for the best designed pages and showcase them on your county 4-H web site.
  6. Ask local schools to share 4-husa.org—the national 4-H website for, by and about youth—in their computer classes.
  7. Gather e-mail addresses from the youth who attend any and all of these events. Follow up with an e-mail invitation to join their local 4-H clubs.
- C**alling all SLO Co. 4-H Clubs! If you have a special activity for National 4-H Week, News & Views would like to hear about it. Please tell the 4-H Office about your activity or activities by mailing an article (typed or handwritten accepted) and submit a picture or two (optional) to 4-H Office, 2156 Sierra Way, Suite C, San Luis Obispo, CA 93401 or email your article and pictures to [jgarcia@co.slo.ca.us](mailto:jgarcia@co.slo.ca.us).
- N**ote that **Achievement Night is on October 9th!** Round up National 4-H Week by attending Achievement Night and supporting 4-H, 4-H Members and Leaders! **SLO Vet's Hall in SLO at 7:00 p.m.** See Ya!



## Young Achiever Showcase

During National 4-H Week, there will be a Young Achiever showcase at the San Luis Obispo County Government Center Lobby. The lobby entrance faces Monterey Street, almost directly across the Freemont Theater. The showcase will be up Monday thru Friday, October 4–8, 2004.

Support National 4-H Week and go check it out!

## Young Achiever Nominations!

The San Luis Obispo County 4-H Youth Development Program has been participating in the Young Achiever Program, in partnership with the USDA, the State 4-H Coordinator's Office and the International Leadership Network for the past seven years. To date, 214 young people have been recognized in San Luis Obispo County.

A total of 36 Young Achievers and 2 Leaders of Tomorrow were nominated last year, but the goal is to have 100 nominations for 2005. This year the nominations will include Young Achievers in grades 5 through 10, in addition, to the **Leaders of Tomorrow** program, which recognizes the youth in 11th grade. Leaders of Tomorrow program is a new addition coordinated by the International Leadership Network.

So, if you know a 4-H member who excels in a variety of areas such as academics, special interest projects, art, dance, music, sports and/or theater; and exhibit leadership and have a positive interest in their schools, places of worship, youth organizations and communities. Please take a few minutes right now and call your Community Club Leader or the 4-H Office (781-5943). Young Achiever nomination forms will be mailed out in October to Club Leaders. Nominations postmarked or delivered in person are **due in the 4-H Office on January 30, 2004. Recognize a Young Achiever today.**

## COLLEGE WORKSHOP!!

UC Davis Collegiate 4-H is offering a College Workshop for high-school 4-H members, **on October 2, 2004 at UC Davis**. The workshop will consist of a practice SAT exam (by Kaplan) and information about financial aid and admissions. More information is available at <http://ca4h.org/collegiate4h/california>.

If you need assistance in obtaining this information, please call the 4-H Office (781-5943).

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## State 4-H Leaders' Forum November 5-7, 2004

It's NOT TOO LATE! You can still register for the Leader's Forum! This annual event gathers over two-hundred fifty 4-H volunteers for three days of workshops, keynote speakers and networking.

The 4-H Office has information and registration forms, please call 781-5943. Or you can get information from <http://ca4h.org/conference/slf/>. This is a great experience for the 4-H Adult Volunteer involved with making the best better of our youth!

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## Adult Leadership Appreciation and Training Day

Saturday, November 13, 2004  
Cal Poly, San Luis Obispo

The SLO Co. 4-H Adult Leadership Program Development Committee will be offering workshops to assist Project Leaders with Project Record Books, Treasurer's Books, and Leadership Development Record Books. There will be a Roundtable session in the afternoon and much more! Lunch will be provided. This is a great way to meet other project leaders and network within the county. Registration forms will be mailed out in October to the Community Club Leaders. If you have questions call Evelyn Rockwell, Adult Leadership Key Leader at 466-4383.

## Wanted!

### Creative—Motivated 4-H Members with Ideas!

There are several events that Hi 4-H would like to see happen. But Hi 4-H needs YOUth! Only the Power of YOUth in 4-H can bring these ideas to life. Some ideas that have been shared:

Rabbit Fun Day  
Leadership Training Day  
County Judging Day  
4-H Day at Disneyland  
Mustang Water Park Day  
Hi 4-H/Family Country Dance/BBQ  
Hi 4-H Family Beach Party

#### Your Event Idea

If any of these ideas sound like fun and you are in 4-H and between the ages of 14 and 19 years old, please contact Catherine Baynham at 772-8852 (6:00—10:00 p.m. or leave a message). Being a part of Hi 4-H can help YOUth make it happen!

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## *Making the Best Better!*

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### Nominate a Leader!

**F**or the **Western Regional Leaders Forum!** This is new! The Adult Leadership PD Committee is sponsoring 4 scholarships of \$265.00 to cover the registration cost for the forum. (*Scholarship does not include meals or hotel.*) If you wish to nominate a leader, the leader must be a current leader for at least 3 years. A Leader Recognition Award Application can be obtained from the 4-H Office. Members or adults may nominate a leader. **The Western Regional Leaders Forum will be February 23—27, 2005.** Award applications are **DUE: October 1, 2004.**

**P**lease call Evelyn Rockwell, Adult Leadership Key Leader at 466-4383 if you have any questions about this new scholarship. The 4-H Office, 781-5943, will mail you a Leader Recognition Award application upon request. Call today!

## Be a SLO Scientist Volunteer Facilitator

**P**arents, are you the parent of a teen or pre-teen child and have an interest in leading a youth/adult science club together?

**T**eens, do you have an interest in science and would enjoy serving as a 4-H Junior Leader with your parent (or other adult) in a SLO Scientist group?

**4**-H SLO Scientist Youth/Adult Science Clubs are looking for volunteers to help facilitate hands-on science activities for their enthusiastic members. This is a great opportunity to become involved with kids and parents in the community. Children, ages eight to eleven, come with a parent or other adult to form a science team, and each SLO Scientist group consists of seven to ten science teams. SLO Scientist groups meet in various locations throughout the county, typically two evenings a month to explore topics such as earthquakes, soil and water, and chemical reactions.

**Y**ou don't need to be an expert in the fields of soils, agriculture or geology since the program emphasizes giving kids real experiences to learn how to observe, investigate and experiment, and just having fun with science experiences! Materials are provided and training for volunteer facilitators is offered on a continual basis.

**F**or more information about this terrific program and how you can become involved, please contact Heather Dauer, SLO Co. 4-H SLO Scientist Coordinator, at 781-5944 or email [dnhdauer@charter.net](mailto:dnhdauer@charter.net).

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### Program Development Board Wants You!

Adult volunteers are wanted to strengthen the Program Development Board Committees. These committees are responsible for the success of our County events, level testing programs and more. Do you have ideas, time and commitment that could improve our County 4-H programs? Call the 4-H Office for more information, 781-5943.

Cooperative Extension  
University of California  
4-H Youth Development Program  
2156 Sierra Way, Suite C  
San Luis Obispo, CA 93401

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## SLO Co. 4-H Program Calendar

2004

### OCTOBER 2004

- 2 **College Prep Day**, UC Davis
- 3-9 **National 4-H Week**
- 8-11 **National 4-H Horticulture Contest**,  
Milwaukee, WI
- 9 **SLO Co. 4-H Achievement Night**, SLO  
Vet's Hall, San Luis Obispo, 7:00 p.m.
- 16 **SLO Co. Treasurer's Training**, UCCE  
Auditorium, 2156 Sierra Way, Ste C, San  
Luis Obispo, 10:00 a.m.
- 16 **Fresno County Fair Horse Show**
- 19 **SLO Co. 4-H Program Development  
Board meeting**, UCCE Auditorium,  
5:30 p.m.
- 20 **SLO Co. Treasurer's Training**, Paso  
Robles Library Conference Room, 1000  
Spring St., Paso Robles, 6:00 p.m.

- 23 **State Leaders' Council Meeting**, UC  
Davis

### NOVEMBER 2004

- 5-7 **CA 4-H Leaders' Forum**, Asilomar,  
Pacific Grove
- 11-14 **Western Regional Collegiat 4-H  
Conference**, UC Davis
- 13 **SLO Co. 4-H Leader Appreciation &  
Training Day**, Cal Poly
- 17 **SLO Co. 4-H Management Team  
meeting**, UCCE Auditorium, 6:00 p.m.

### JANUARY 2005

- 21-23 **Teen Involvement Conference**,  
Pathfinder Ranch
- 30 **DUE: Nominations for Young  
Achiever**