



news & views



NOV/DEC 2004

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

San Luis Obispo County 4-H All Stars Exclusive

The All Stars are here and we have got the scoop on them all! So before you hear about them and their activities you should know that the All Star rank is the highest rank the county can bestow upon its members. You will see these dedicated members out promoting 4-H in the public and helping out at county events. So without further ado here are your 2004-2005 SLO Co. 4-H All Stars:

Kellan Candee of Estrella 4-H Club is 16 years old and has been in 4-H for 9 years. Kellan participates in Templeton Independent Study and attends Cuesta College. 4-H Projects include poultry, market lamb, leadership, beef, and horses. She enjoys fencing, voice, guitar, and "raising my chickens." Some of Kellan's favorite things to do are "ride my horse, play with my animals, and play guitar." Kellan says her All Star

goal is, "I would like to be more involved at a county and state level, as well as improve my public speaking ability."

Natori Coleman, from Valley of the Bears 4-H, is 14 years old and has been involved for the past 5 years. She attends Morro Bay High School and her 4-H Projects include sheep, outdoor adventure, food & nutrition, horse, plant science, leadership, and community service. Natori is active in FFA doing parli pro and a heifer. Writing, drawing, taking care of animals, and swimming are what Natori feels are her favorite pastimes. Her 4-H All Star Goal is to increase membership and involve new ideas and strategies to the 4-H program.



Left to Right: Kellan Candee, Lisa Roden, Natori Coleman, Maria Saucedo, and Oni Ludwig

Oni Ludwig has been in Cerro Alto for 6 years and is 14 years old. She attends Atascadero High School. Oni's projects

Continued on page 3

National 4-H Week!

October 3-9, 2004 was National 4-H Week and SLO Co. 4-H was shining. It started with the All Stars presenting before the Board of Supervisors with a request to declare National 4-H Week in San Luis Obispo County and to fly the 4-H flag at the government center. Several clubs shared their National 4-H activities with us.

Valley of the Bears 4-H club put on an animal experience presentation for the Baywood Elementary School. Estero/Morro Bay created a display at the Morro Bay City Library. The display had items from the different projects offered by the club. It was very colorful and eye catching.

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Pass It On...

NEW: SLO Co. Website: www.clubs.ca4h.org/sanluisobispo/.
California 4-H Website: www.ca4h.org. 4-H USA website:
www.4husa.org National 4-H website: www.4-h.org.

State 4-H Web Server! 4-H Clubs may register for space on the State 4-H Web Server. Go to <http://clubs.ca4h.org>. for more information.

2005 4-H Beekeeping Essay Contest rules and guidelines are now available at <http://ca4h.org/4hresource/ir/>. The contest is conducted by The Foundation for the Preservation of Honeybees, Inc. Essays are **due February 11, 2005**.

Susan G. Komen Breast Cancer Foundation. The makers of M&M candies have teamed up to raise funds through the sale of their new "pink & white" M&M candies. For each 8 ounce bag of the special candies sold, M&M (Masterfoods) will donate 50 cents to the foundation. So, satisfy your sweet tooth and donate to a good cause at the same time.

2005 4-H Japanese Exchange program will host a delegation of at least 30 Japanese teens, between the ages of 12 and 16, for one month this summer 2005 from July 23 to August 20. Applications are now available online at <http://ca4h.org/exchange/japanese/>. For more info contact Pat English at 530/754-8250 or pnenglish@ucdavis.edu.

The National 4-H Council seeks nominations for the **National 4-H Salute to Excellence Awards** for 4-H Volunteers. The California State 4-H Office will nominate one volunteer for each category: Volunteer of the Year and Lifetime Achievement. The deadline to submit an application to the State 4-H Office is **November 30, 2004**. More info is available at <http://ca4h.org/4hresource/ir/>.

Livestock Leaders & Educators Symposium, December 4, 2004 at the San Joaquin Fair, in Stockton. The cost is \$30 for adults and \$10 youth, if registered by 11/29/04. For more info call the 4-H Office at 781-5950.

Avian Science Day, are you poultry crazy? The Avian Science Day is February 7, 2005 at UC Davis. For more info call 781-5943.

Western Regional 4-H Leaders' Forum will be February 23—27, 2005, in Sacramento. Applications are online at <http://ca4h.org/wrlf2005/index.asp>

Citizenship Programs: 2005 California Focus, June 17—21, 2005. Washington Focus, June through July 2005. For more information go to <http://ca4h.org/4hinfo/calendar/>.

If you have no computer, call the 4-H Office at 781-5943 for assistance in obtaining any of the above information.

news & views is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. **news & views** is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County. Submit articles and photos by the 15th of each month to:

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Richard P. Enfield,
4-H Youth Development Advisor

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No endorsement of named products and/or companies is intended, nor is criticism implied of similar products and/or companies which are not mentioned. Persons with special needs wishing to attend a program should contact the 4-H Office in advance. Efforts will be made to accommodate your special needs.

12th Annual Teen Involvement Conference

January 21—23, 2005

The conference is designed for high-school aged 4-H members learning citizenship, leadership and life skills. Registration is \$95, before December 6, 2004 and goes up after December 6th. If you have any questions about the event please contact Keely Oswald at (805) 489-7160. Registration packets are available in the 4-H office, 781-5943.

Presentation Day

Public speaking is a very important skill to master, but giving a presentation may not be the easiest activity in the world. This is why the SLO County 4-H is putting on a Presentation Workshop!

You will learn about your appearance, format, content, use of visual aids, and speaking techniques in a presentation. Public speaking is important skill for school and more! The

Presentation Workshop is on January 15, 2005 from 9:30 a.m. - 2:30 p.m. The workshop begins at 10:00 a.m. immediately after registration. Registration forms & info will be mailed to Community Club Leaders soon.

SLO Co. 4-H Presentation day is February 19, 2005. Reminder - presentations, including Facts Hound or Super-sleuth, must relate to one of your current projects. Questions? Call the 4-H Office, 781-5943.

All Stars Exclusive

(Continued from page 1) include breeding sheep, beef, leadership, and livestock judging. She is a team player in FFA, and plays tennis. Oni's favorite things to do, besides 4-H are to hang out with friends, go to the movies, read, community service, and be with her sheep. As an All Star Oni wants to "make newer members feel more comfortable and make it easier for the adults we are helping - to use the 4-H program to it's full potential."

Lisa Roden is a 7 year member of Parkfield 4-H. She is 15 years old and attends Paso Robles High School. Sewing, arts & crafts, and leatherwork are some of her projects. When asked about other activities Lisa will tell you, "I am in FFA and in water polo at school. I am the sound technician for the band in my youth group." Lisa says her favorite things to do are, "I like to swim and eat." "My All Star goal is to help represent what 4-H is all about and to help inspire younger members to continue in 4-H."

Maria Saucedo is a 15 year old attending Arroyo Grande High School. She has been a member of 4-H for 7 years and is currently with Nipomo Foothill 4-H. Her 4-H projects include rabbits, camping & outdoor adventure, and llamas. She is active in FFA and in the 4-H South Section. "Work with animals and ride quads in the dunes" are her favorite escapes. As an All Star she plans to

make the 4-H year a fun, exciting, and yes, educational time while helping members feel

more involved in 4-H.

Already these All Stars have taken an active role in the promotion of 4-H. They presented before the San Luis Obispo County Board of Supervisors and asked them to accept October 3-9 as National 4-H Week. Harry Ovitt, Supervisor District 1 read the proclamation to the All Stars and the Board of Supervisors agreed to fly the 4-H Flag at the government center during National 4-H Week. Supervisor for District 3, Peg Pinard thanked the All Stars for portraying one of the many positive aspects of youth in America. The All Stars received a warm welcome from the other supervisors: Shirley Bianchi of District 2, Katcho Achadjian of District 4, and Mike Ryan from District 5. Congratulations to the 2004-2005 San Luis Obispo County 4-H All Stars!!



Left to Right Back: County Board of supervisors Peg Pinard, Katcho Achadjian, Harry Ovitt, Shirley Bianchi, Mike Ryan .

Left to Right Front: Oni Ludwig, Natori Coleman, Lisa Roden, Maria Saucedo, Kellan Candee.

“Creating Connections With And For Youth: Changing Our World”

Friday, January 14, 2005, at the Embassy Suites in San Luis Obispo. This event is sponsored by the Asset Development Network of San Luis Obispo County.

This exciting conference features nationally and internationally known and respected speakers discussing asset development and/or programs that foster assets, and it is right here in our county! This is the fourth conference in SLO County put on by the Asset Development Network of SLO county, of which 4-H is a founding organizational member. In fact, 4-H is one of the co-sponsors of the conference.

Search Institute of Minneapolis has developed a framework of assets, which are 40 “building-blocks” or critical factors for young peoples’ growth and development. They clearly show the important roles that families, schools, neighborhoods, youth organizations, and others in the community play in shaping young peoples lives. The more assets young people experience, the less likely they are to engage in a wide range of risky behaviors, and the more likely they are to engage in positive behaviors. Participation in the 4-H program is an excellent way for young people to experience and build many of the 40 assets!

This year’s conference will convene to connect with one another around the theme of asset building in our community. Are you wondering what you can do beyond connecting with young people that helps to

build their assets? The conference will explore strategies, specific programs, and practices designed to help young people develop assets.

Speakers include Clay Roberts, from Search Institute, speaking on “Practices for Building Internal Assets.” Craig Kielburger, 21 years-old and the founder of the amazing world-wide organization “Free the Children.” George Loomis from “Californians for Justice”, and the conference cap note will be given by Reverend Alfonso Wyatt from the “Fund for the City of New York.”

The registration fee, which includes lunch, is \$50.00.

All members of the community involved in schools, youth-serving organizations, neighborhoods, business and industry, health care systems, faith-based organizations, local government, juvenile justice, community organizations, as well as other adults, parents, and young people are encouraged to attend. The conference is relevant for first timers as well as veterans of asset development. Teens are encouraged to attend and there are a limited number of scholarships available for youth.

Call Jill at the 4-H Office for a conference and registration brochure. She can email you a copy or mail you a copy. The conference capacity will fill-up fast, so register early. No registrations will be accepted after December 20, 2004.

National 4-H Week

(Continued from page 1)

Brochures about 4-H were available in the library lobby for anyone interested in 4-H.

Templeton 4-H Community Service project group decorated a bulletin board at Templeton Middle School and at Vineyard Elementary School for National 4-H Week.

They showed photos from all the

projects of Templeton 4-H. Templeton 4-H was also in the Pioneer Day Parade and had a blast.



Left to Right: Savannah Hoagland, Kasey Urman, Jasen Friedle, Ole Viborg, Tyler Evangelista, Liam Hoagland, Danikka Viborg, and Eryn Becker.

Cambria 4-H put on a show for National 4-H week themselves. During the week another display was setup, this one at the

Cambria library. The display showed projects offered

by the club as well as information on how someone could join 4-H. Information was put up both in English and Spanish! The display was done by David and John

Sophie Flemion Shows off the library display.



Scrivner, Sophie Flemion, and leaders Kelly Johnson and Karen Flemion.

National 4-H week was a great hit! Thanks to all of the clubs who were active during the 2004 National 4-H Week.

ROUNDING UP SKILLS FOR LIFE—ACHIEVEMENT NIGHT 2004

Congratulations to Everyone at Achievement Night. This year's night of awards was another great success. Here are the county winners presented that night:

Bicycles

Sophie Flemion, Cambria

Beef—Breeding

Ashley Judge, Edna

Beef-Market

Hailey Jackson, Parkfield

Camping & Outdoor Adventure

Natori Coleman, Valley o/t Bears

Clothing & Textiles

Amanda Soucek, El Camino

Community Service:

Cortney Tierney, Cerro Alto

Creative Arts & Crafts

Rebecca Watson, Cerro Alto

Dairy Cattle

Molly Kern, Edna

Dog Care

Eva Johnson, Cambria

Fashion Revue

Breana Dixon, Rio Rancheros

Foods & Nutrition

Katy Forte, Santa Margarita

Food Preservation

Jenna Rovenstine, Parkfield

Dairy Goats

Katie Tierney, Cerro Alto

Goats—Market

Brittany Strahan, County Line

Horse & Pony



SLO County 4-H All Stars, practicing and planning

Joanna Hopkins, Huasna Valley

Indoor/Mini Gardens

Kayla Gardener, Adobe Nipomo

Junior Leadership

Reeanna Martinez, Mountain Valley

Teen Leadership

Jeniece Cooper, Cerro Alto

Leadership Development

Brandon Emerson, Valley o/t Bears

Leathercraft

Joseph Schow, Carrisa Plains

Poultry

Seth Hall, Cerro Alto

Quilting

Erin Miller, Cerro Alto

Rabbits

Maria Saucedo, Los Alegres

Service Dog

Tyler Evangelista, Templeton

Sheep—Breeding

Oni Ludwig Cerro Alto

Sheep—Market

Patricia Tompkins El Camino

Small Engines

Eric Hendrickson, Estero/Morro Bay

Swine—Breeding

Kiefer Scroggins, Cerro Alto

Swine—Market

Lacey McCollum, Cerro Alto

Achievement Night was a year in the making and would not have happened without the help of the 2003-2004 All

Stars and their families who spent the day setting up the Veteran's Hall. A big THANK YOU goes out to everyone who helped set up that day and take down that night. Plus a very special thank you goes out to Rhonda

Garris for her two years as All Star Advisor.

Congratulations once more to EVERYONE, and good luck with your 2004-2005 projects. We hope to see more outstanding awards presented at the 2005 Achievement Night!



**Check it out and pass it on!
Help! Help!**

If you are a 4-H member with web design computer skills, the SLO Co. 4-H website could use your help. The website has a lot of potential but the site needs more member volunteers to keep up with the 4-H Office updates, website upgrades, and ideas to improve the website in order to meet the needs of SLO Co. 4-H members and volunteers. Call the 4-H Office at 781-5943, if you are interested or if you have any questions.

Young Achiever bond winners



Young Achiever Nominations!

The San Luis Obispo County 4-H Youth Development Program has been participating in the Young Achiever Program, in partnership with the USDA, the State 4-H Program Director's office and the International Leadership Network for the past seven years. Over 200 young people have been recognized in San Luis Obispo County.

For 2005, San Luis Obispo County 4-H will be participating in the Young Achiever Program for 5th through 10th graders only. Another change is that nominators cannot be a parent/guardian or relative of the nominee.

Do you know a 4-H member who excels in a variety of areas such as academics, art, music, sports and/or theater; and exhibits leadership and has a positive interest in their communities? Please take a few minutes right now and call your Community Club Leader or the 4-H Office (781-5943).

Nominations (postmarks accepted) are **due in the 4-H Office on January 30, 2004**. Any questions call the 4-H Office at 781-5943.

2nd Annual Salvation Army 4-H Day

Saturday, December 18, 2004 is the Salvation Army's Second Annual 4-H Day. 4-H'ers help the Salvation Army by bell ringing at local stores. This is a great way to get involved with community pride. We need two children and one adult at each location listed below and replacements at least every hour. It would be really cool to have clubs working together.

Paso Robles	Wal Mart	10 am- 6 pm
Atascadero	Food 4 Less	11am-6:30pm
Morro Bay	Spencers	10 am- 6 pm
San Luis Obispo	TBA	10 am- 6 pm
Five Cities	Wal Mart	10 am- 6 pm
Nipomo	Vons	10 am- 5 pm

Questions or to RSVP location and time call Karen Ludwig, Comm. Service Key Leader at 461-1977, or e-mail ksludwig@charter.net. The Salvation Army is making this a big "Media Day" so uniforms and a big smile are encouraged.

Beef'n Up the Troops

By Alycia Ljepava, El Camino

Starting this 4-H year El Camino 4-H Club is Beef'n Up the Troops. The Iowa Cattlemen's Foundation started the Beef'n Up the Troops program by sending beef sticks to Iowa troops serving in Iraq and Afganistan. After reading an article, El Camino Beef Project Leader Connie Willems asked the Beef Project if we would like to adopt the program. We said, "YES!"

The El Camino 4-H Club will be taking money donations until November 8th to cover beef jerky and postage, the beef jerky will go to our local service folks serving in Iraq and Afghanistan. We plan to ship by November 13, 2004, since it can take a month to get to them.

Why beef jerky? It is easy to carry in their packs and provides protein, sodium, vitamins and minerals they need in the heat of the desert. It is a favorite snack among the troops.

Look for cans for donations at local businesses, or come see our National 4-H Week window display at Café Andreini in the Village of Arroyo Grande, October 3—9, 2004. **There is a list of businesses where you can make donations or call 489-0923 or email ECBeefnuptroops@aol.com.**

Adult Leadership Appreciation and Training Day

Saturday, November 13, 2004
Cal Poly, San Luis Obispo

The SLO Co. 4-H Adult Leadership Program Development Committee will be offering workshops on Secretary's Books, reporter's Books, Treasurer's Books, and Leadership Development Record Books. There will be a Roundtable session in the afternoon and much more!

This is a great way to meet other project leaders and network within the county. Registration is due November 5, 2004. If you have questions call Evelyn Rockwell, Adult Leadership Key Leader at 466-4383. To RSVP call the 4-H office at 781-5943. **Lunch is on us!**

Wanted!

Creative—Motivated 4-H Members with Ideas!

There are several events that Hi 4-H would like to see happen. But Hi 4-H needs YOUth! Only the Power of YOUth in 4-H can bring these ideas to life. Some ideas that have been shared:

- Rabbit Fun Day
- Leadership Training Day
- County Judging Day
- 4-H Day at Disneyland
- Mustang Water Park Day
- Hi 4-H/Family Country Dance/BBQ
- Hi 4-H Family Beach Party

Your Event Idea

If any of these ideas sound like fun and you are in 4-H and between the ages of 14 and 19 years old, please contact Catherine Baynham at 772-8852 (6:00—10:00 p.m. or leave a message). Being a part of Hi 4-H can help YOUth make it happen!

Toys For Tots

Remember the warm and fuzzy holiday feeling and all that it brings? Some children here in San Luis Obispo County need our help to experience those same wonderful feelings that we all cherish. On November 15, 2004, the Toys For Tots collection barrel will be delivered to the San Luis Obispo County 4-H office. We had a great response last year and hope to have even more participation this year.

If you would like to help out, simply bring a new unwrapped toy to the SLO Co. 4-H office. We will deliver all of the toys we collect to the Toys for Tots around December 17th with a card from all who donate. Last year we collected about 150 items but we can do better. Remember those warm fuzzy feelings? By helping out you can add another warm fuzzy feeling to your cherished memories, **one of giving!** If you have any questions, call Karen Ludwig, Comm. Service Key Leader, 461-1977.

4-H Management Board Minutes

Management Board meeting was called to order at 6:05 pm on September 15, 2004.

Members in attendance: Evelyn Rockwell, JoAnn Overbey, Jeniece Cooper, Keely Oswald, Dana Azevedo, Ruben Cavanillas, Rhonda Garris, Ken Dewar, Travis Emerson, Carla Borchard, Shawn Callaway, and Deanna Teixeira.

Management Board Director Report: by Shawn Callaway. Shawn discussed the goals he has set as new director for the 2004-2005 Management Board.

Treasurers Report: by Evelyn Rockwell, the report was tabled. The audit committee is reviewing this years books. Discussion was given to present the treasurers report on a quarterly basis. A motion was made by JoAnn Overbey and 2nd by Ken Dewar. The motion passed unanimously.

The All Star Report by Keely Oswald, she gave information about the Teen Involvement Conference. There will be more information in the SLO County 4-H newsletter and applications are available in the 4-H office.

4-H Awards Report: by JoAnn Overbey, she discussed this years All Star program and Achievement Night.

Regional/State 4-H Council's Report: by Ruben Cavanillas. A report is attached to the minutes.

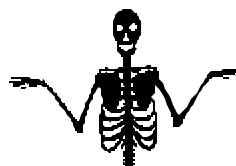
Other items: 4-H Management Director's positions filled. Carla Borchard who is currently serving as Management Board Secretary will fill the open position of Assistant Board Director.

Deanna Teixera will fill the open position of Management Board Secretary.

The Next Meeting will be Wednesday, November 17, 2004 at 5:30 pm

The Meeting was adjourned at 7:30 pm.

Skeletal Humor



Why didn't the Skeleton go to the party?

Because he had no body to go with him.

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University of California
4-H Youth Development Program
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SLO Co. 4-H Program Calendar

2004

NOVEMBER 2004

- 5-7 **CA 4-H Leaders' Forum**, Asilomar,
Pacific Grove
- 11-14 **Western Regional Collegiate 4-H
Conference**, UC Davis
- 13 **SLO Co. 4-H Leader Appreciation &
Training Day**, Cal Poly
- 17 **SLO Co. 4-H Management Team
meeting**, UCCE Auditorium, 6:00 p.m.

JANUARY 2005

- 8 **South Section Leaders Council
Meeting**, Mt Sac
- 11 **SLO Co. 4-H Program Development
Board Meeting**, UCCE Conference
Room, 6:00 p.m.

- 15 **Presentation Workshop**, UCCE
Auditorium, 9:30 a.m.
- 19 **SLO Co. 4-H Management Board
Meeting**, UCCE Auditorium, 5:30 p.m.
- 21-23 **Teen Involvement Conference**,
Pathfinder Ranch
- 30 **DUE**: Young Achiever nominations

February 2005

- 4 **DUE**: SLO County 4-H Presentation
Day registrations, 4-H Office, 5:00 p.m.
- 5-6 **CA 4-H Horse Leadership Conference**,
UC Davis
- 19 **SLO Co. 4-H Presentation Day**, Cal
Poly
- 23-27 **Western Regional Leaders Forum**,
Sacramento