



3/23/2020

Hello 4-H Families:

We wanted to share with you a few resources we have come across that will help you stay notified during this time.

If you need any 4-H assistance, please do not hesitate to reach out to the 4-H Staff in the County:

Please know that the County 4-H Staff are working to assist you and your 4-H Members. If you have any Thoughts,

Suggestions, or Questions: Please contact the 4-H Staff below:

4-H Supervisor: Janelle Hansen (until 4/2/2020) jmmhansen@ucanr.edu

4-H Community Educator: Ana Torres amltorres@ucanr.edu

4-H Program Assistant: Denise Harris dharris@co.slo.ca.us

Part-Time 4-H Program Assistant: Lucy Cosgrove lcosgrove@ucanr.edu

4-H Office Phone Number: 1.805.781.5943

Here is the latest information we would like to share with you:

4-H in San Luis Obispo Facebook Page: Please be sure to *LIKE* and follow our 4-H Facebook page to keep up with current info/updates.

In the Search bar, type in: **@SLO4H**

California 4-H Website Updates: <http://4h.ucanr.edu/>

For up to date information regarding County Fairs – please visit their websites below:

Salinas Valley Fair: <https://www.salinasvalleyfair.com/>

CA Mid-State Fair: <https://www.midstatefair.com/fair/>

Santa Maria Fairpark will post any changes and information pertaining to its facility and its events as it becomes available. Please check on their [website](#), and/or [Facebook Page](#) for UpToDate information. As of today 3/23/2020, we received word that the 2020 Santa Barbara County Fair is still going as scheduled. If you have any direct questions or concerns regarding fair -- please contact them directly.

Coronavirus (COVID-19) in California Updates: <https://covid19.ca.gov/>

San Luis Obispo County Public Health Department and SLO local COVID-19 updates and other information please visit: www.ReadySLO.org

COVID-19 Information – Article Titles and Link below:

- Preventing COVID-19 Spread in Households
- Safety Guidance for Agricultural Operations During COVID-19 Outbreak
- Food Safety Information during the COVID-19 Outbreak
- Information on Supplemental Pay during COVID-19 Crisis for California Workers

http://cesanluisobispo.ucanr.edu/YouthFamilyCommunities/COVID-19_Information_for_Workers/

For 4-H Project Leaders & Members in the Sewing Project: –

Would you like to sew Surgical Masks for family members?

Please visit this link:

<https://www.drstreicher.com/dr-streicher-blog/2020/3/a-surgeon-sewing-a-surgical-mask>

What Projects Can 4-H Members do during the COVID-19 Shelter in Home Order?

*The County 4-H Office is working to develop an **Informational Webpage on the County website** that will help 4-H Project Leaders and Members with 4-H Approved Curriculum and Activities:*

While this is a challenging time for businesses, families, and individuals, particularly those who are now homeschooling their children while in many cases working. We have listed a few 4-H activities to keep your 4-H youth members engaged and excited about 4-H.

You are invited to join our a new campaign - **LearnAboutAg@Home**

Their goal is that through ag-tivities shared on our social media platforms, students throughout California will continue to learn how and where their food comes from. We recognize each school district is operating differently, but are hopeful that **LearnAboutAg@Home** will help your students, your own kids and even your neighbors continue to LearnAboutAg. Consider stockpiling the ideas for when you meet back with students in your classroom!

Each day, at 10am we will share fun, educational ag-tivities that can be enjoyed at home! Ag-tivities will range from Beefing Up Math to Making Recycled Paper and everything in-between! Additional ideas will be saved online: <https://www.learnaboutag.org/resources/teaching.cfm>

We hope these ag-tivities will make life at home more educational and FUN!
Please stay in touch and share any ag-tivities you have to LearnAboutAg@Home on our social media platforms.

[AgCiting Science Adventure](#)

The AgCiting Science web-based app is available for use in school enrichment programs, afterschool programs, and beyond. Through the AgCiting Adventure, students use basic agriculture production practices to complete the growth and harvest of the components of their breakfast. While gaining agricultural literacy knowledge participants utilize math, motor, and problem-solving skills to follow a recipe. <http://agcitingscience.unl.edu/>

[Career Explorer](#)

Career Explorer will help you connect the dots between the choices you make every day and the opportunities you could have in the future. At each stage of the game you will be able to enter the workforce, get additional education, or explore training programs. At the conclusion of the game you will have the opportunity to email the results to yourself with tips on how to make that career a reality in your life. <http://careerexplorer.unl.edu/>

[Health Rocks! Carnival](#)

Health Rocks!® is curricula for a healthy living program targeted at young people ages 8 to 14. Health Rocks! helps youth develop life skills in the area of critical thinking, decision-making, communication, managing feelings, stress management and goal setting; in turn building resiliency skills, and promoting the resistance of risky behaviors.

<http://www.healthrockscarnival.com/>

STEMconnector's members have resources available to help create seamless virtual learning opportunities for K-12 students. The first webinar, which will take place **Wednesday, March 25 at 2 pm ET** will highlight currently available virtual resources that the *Museum of Science, Franklin Institute, Discovery Education* and *MIND Research* have available to prepare students for STEM careers and increase student retention in STEM education pathways. https://stemconnector.zoom.us/webinar/register/WN_Glkhcn9fRK6Sf6CgkSBiuQ

Washington State University 4-H Activities: <https://extension.wsu.edu/king/learning-links-4-h-and-more/>

National 4-H Activity Guide: [CLICK HERE](#)

Nebraska 4-H Virtual Learning Activities: <https://4h.unl.edu/resources>

Thank you, Be well and Stay Safe.

UC ANR 4-H Youth Development Program Staff in San Luis Obispo County