Re-Enrollment Starts July 1st, 2016 for the 2016-2017 4-H Program Year in 4hOnline Database

Hello 4-H Families—Here is an Update about Re-Enrollments!

The San Luis Obispo County 4-H office uses an online registration program called 4hOnline for our Re-Enrollment and New Enrollment processes for the statewide 4-H youth development program.

FOR RE-ENROLLING MEMBERS: It is important that you do not create a new profile because you already have a data profile in the 4hOnline database. Please see the instructions link below on how to re-enroll in 4-H.

The Instructions on How to Re-enroll online for your 4-H club for the 2016-2017 4-H Program Year are on the county website at:
http://ucanr.edu/sites/slo4-h/Club_Forms/

NOTE: After you log into https://ca.4honline.com you will need to use the email address that is on file with the County 4-H office. This is usually the email address where you receive the 4-H newsletter. If your email address does not work in 4hOnline, try typing it in ALL CAPS.

If you are still having trouble logging into the 4hOnline system, contact the 4-H Office at 781-5943 — or — via the email address: dharris@co.slo.ca.us

FEES: The 4-H Youth re-enrollment and enrollment fee for the 2016-2017 4-H Program Year is $TBD as of June 30th, and the adult volunteer fee for Adult Project Leaders is $14.00 in 2016-2017.

Fee Payments can not be made online—you will need to give your insurance fee payment to your 4-H Community Club Leader.

If you are having trouble you can contact your 4-H Community Club Leader, and/or the Volunteer Enrollment Coordinator (VEC) for your 4-H club, or the 4-H Office (805) 781-5943 for assistance with the 4hOnline Enrollment Registration site:
https://ca.4honline.com
**National & State 4-H News**

For more information from the STATE 4-H OFFICE, visit [http://www.4h.ucanr.edu](http://www.4h.ucanr.edu)

**SOUTH SECTIONAL NEWS:** Go to link for exciting activities [http://4h.ucanr.edu/Get_Involved/Councils/Sectional/South/](http://4h.ucanr.edu/Get_Involved/Councils/Sectional/South/)

**4-H Curricula:** [http://4h.ucanr.edu/Projects/Curriculum/](http://4h.ucanr.edu/Projects/Curriculum/)

**4-H Project Sheets:** [http://4h.ucanr.edu/Projects/Project_Sheets/](http://4h.ucanr.edu/Projects/Project_Sheets/)

The STATE 4-H Updates E-Newsletter is posted on the public website at: [http://4h.ucanr.edu/News/Newsletter](http://4h.ucanr.edu/News/Newsletter)

- **STATE LEADERS FORUM** will be held November 11-13, 2016 at the Flamingo Hotel in Santa Rosa in Sonoma County for Information visit [http://4h.ucanr.edu/4-H_Events/SLF/](http://4h.ucanr.edu/4-H_Events/SLF/)

- **Mindfulness Retreat**—November 4-6, 2016 -Camp Ocean Pines
  Cambria, CA — Save the date for the Mindfulness Retreat! Participants will increase their personal skills in leading a healthy lifestyle, and also gain skills needed to be a health advocate in their community. The retreat will address topics such as understanding mindfulness, exercise, stress management, community connection, relationship building, nutrition, and health advocacy! Designed for teens ages 13-19 and adults.
  For more information or check out: [http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/](http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/)

- We are thrilled to announce that the first ever CA 4-H Mindfulness Retreat will be held at Camp Ocean Pines in Cambria, November 4-6th. Registration is Now Open and due September 1, 2016. The retreat is designed for both youth and adult participants. Please see registration for details and descriptions on adult participation vs. adult chaperones.
  [https://ucanr.edu/survey/survey.cfm?surveynumber=18271](https://ucanr.edu/survey/survey.cfm?surveynumber=18271)
  Contact Anne Iaccopucci at amiaccopucci@ucanr.edu with any questions.

**News & Views** is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. News & Views is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.

**Please submit articles and photos by the 15th of each month to:**

Denise Harris, Editor
4-H Office
2156 Sierra Way, Suite C
San Luis Obispo, CA 93401
(805) 781—5943 / dharris@co.slo.ca.us

Katherine E. Soule, Ph.D.
Youth, Families, & Communities Advisor

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By John Sims, UC ANR
AA Compliance Officer
4-H SCHOLARSHIP OPPORTUNITIES

San Luis Obispo County 4-H
2016 Life Skills Scholarships — Due Friday, 9/2/16

The San Luis Obispo County 4-H Management Board is happy to offer **three (3) scholarships** in the amount of **$300 each**. **The Scholarship Application Areas are:**

1. Citizenship/Community Service
2. Leadership
3. Life Skills

If you are a current 4-H member who is in good standing in SLO County and who is planning to attend college this Fall, you are eligible to apply for all three of these scholarships; however, you will be awarded only one (1) scholarship. In addition to general 4-H and academic information, the applicant is asked to address the following:

**Citizenship/Community Service:**
1. What types of citizenship/community service involvement did you participate in during your 4-H career?
2. Describe two or three citizenship/community service activities that were most significant to you. Explain how you think your citizenship/community service activities will influence your life in the future.

**Leadership:**
1. What leadership skills have you developed through your 4-H career and how were they developed?
2. Describe how you think your leadership skills will influence your life in the future.

**Life Skills:**
1. What life skills have you developed through your 4-H career and how were they developed?
2. Describe how you think these life skills will influence your life in the future.

To obtain an Application, go to [http://ucanr.edu/sites/slo4-h/Club_Forms/](http://ucanr.edu/sites/slo4-h/Club_Forms/) and look to the right of the screen for the Applications or call the 4-H office at 781-5943.

**Scholarship Applications are due in the 4-H office no later than Friday, September 2, 2016 by 5:00 p.m. Postmarks will not be accepted.**

Good Luck :o)
Record Book Update from the Awards Director:

I have been receiving many phone calls asking “What is carried over on the Personal Development Report (PDR) when the Primary Member becomes a Regular Member?”

**Years in 4-H is the only thing that keeps ongoing.** However many years a member has as a Primary Member carries over when they become a Regular Member. So, a 9 year old could be starting their 4-H career as a Regular Member with 4 years in 4-H.

What does not carry over are any points they earned as a Primary Member. So their first year as a Regular Member (at age 9), the point total will only be what they earned as a Regular Member that first year.

As always please feel free to call me with any record book questions. I can be reached in the evenings at my home phone number – (805) 528-3939.

*JoAnn Overbey – Awards Director*
President’s Volunteer Service Award forms are Due to the 4-H Office on Friday, July 8, 2016

Your forms will have the Service Hours performed from July 1st 2015 — June 30th, 2016.

The form is on the county website — http://ucanr.edu/sites/slo4-h/Club_Forms/

NOTE: Your 4-H Community Club Leader’s (CCL) Signature is required on all pages of the application (Pages 1 & 2 = CCL Initials and Page 3, the CCL Signature is needed.)

These Awards are presented at County 4-H Achievement Night on October 8, 2016.
COUNTY WIDE VOLUNTEERS NEEDED!

Are you interested in volunteering for 4-H?
Want to make an impact on youth across the county?
Have a passion for any of the areas listed below?

Then check out our open Key Leader positions below!!! Key Leaders are volunteers who help with the development and delivery of programs at the county level to 4-H members. This is a great way to get involved with the community, share your knowledge with youth, and also help the 4-H program grow!

Positions Open:
- Large Animal Sciences Key Leader
- Healthy Living Key Leader
- Science, Technology, Engineering, & Math (STEM) Key Leader
- Citizenship Key Leader

To learn more, please contact Dagmar Derickson at 805.781.5941 or dderickson@ucanr.edu
There are no events on the schedule.
# 4-H SLO County Horse Events

<table>
<thead>
<tr>
<th>Tentative Date</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7/20/2016</td>
<td>4-H Horse Show (CA Mid State Fair)</td>
<td>CA Mid-State Fair, Paso Robles</td>
</tr>
</tbody>
</table>
2016 4-H FIELD DAY LARGE AND SMALL ANIMAL SCIENCES DIVISION WINNERS

<table>
<thead>
<tr>
<th>4-H DIVISION</th>
<th>Novice Class</th>
<th>Junior Class</th>
<th>Senior Class</th>
<th>Best of Show</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEEF</td>
<td>Zoey J. Chaparral 4-H</td>
<td>Jonathan A. Edna 4-H</td>
<td>Brandon P. Chaparral 4-H</td>
<td>Brandon P. Chaparral</td>
</tr>
<tr>
<td>DAIRY GOAT</td>
<td>Aiden G. Cerro Alto 4-H</td>
<td>Carla C. Cambria 4-H</td>
<td>Kira A. Cerro Alto 4-H</td>
<td>Kira A. Cerro Alto 4-H</td>
</tr>
<tr>
<td>MARKET GOAT</td>
<td>Brendon B. Santa Margarita 4-H</td>
<td>Kendall S. Chaparral 4-H</td>
<td>Brooke L. Chaparral 4-H</td>
<td>Brooke L. Chaparral 4-H</td>
</tr>
<tr>
<td>SHEEP</td>
<td>Makena W. Templeton 4-H</td>
<td>Laury E. Templeton 4-H</td>
<td>Tessa T. Templeton 4-H</td>
<td>Tessa T. Templeton 4-H</td>
</tr>
<tr>
<td>SWINE</td>
<td>Sydney B. Chaparral 4-H</td>
<td>Abbigail N. Chaparral 4-H</td>
<td>Teagen E. Chaparral 4-H</td>
<td>Teagen E. Chaparral 4-H</td>
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</table>

<table>
<thead>
<tr>
<th>4-H DIVISION</th>
<th>Novice Class</th>
<th>Junior Class</th>
<th>Intermediate Class</th>
<th>Senior Class</th>
<th>Best of Show</th>
</tr>
</thead>
<tbody>
<tr>
<td>DOG CARE SHOWMANSHIP</td>
<td>Katelyn R. Cerro Alto 4-H</td>
<td>Erin J. Ranchita Canyon 4-H</td>
<td>Katie A. Cerro Alto 4-H</td>
<td>Sydney M. Edna 4-H</td>
<td>Sydney M. Edna 4-H</td>
</tr>
<tr>
<td>POULTRY</td>
<td>Ashley R. Cerro Alto 4-H</td>
<td>Mark M. Templeton 4-H</td>
<td>Alex A. Pozo 4-H</td>
<td>Alex A. Pozo 4-H</td>
<td>Alex A. Pozo 4-H</td>
</tr>
<tr>
<td>RABBITS</td>
<td>Kendra M. Edna 4-H</td>
<td>Elsie E. Cerro Alto 4-H</td>
<td>Mika L. Pozo 4-H</td>
<td>N/A</td>
<td>Kendra M. Edna 4-H</td>
</tr>
</tbody>
</table>

**DOG CARE – 1st Place Obedience**

**Junior A Class (9-10 Yrs.)** – Ellie P., Canyon Country 4-H  
**Intermediate Class** – Jessica T., Templeton 4-H  
**Senior Class** – Sydney M., Edna 4-H  
**Obedience Novice**: Jade S., Templeton 4-H  
**Obedience Junior B Class (11-12 Yrs.)** – Katelyn R., Cerro Alto 4-H  

**High Scoring Obedience**: Jade S., Templeton 4-H
NEW DIVISION 2016 4-H FIELD DAY! (Thank You Troy Good of Canyon Country 4-H)

PINEWOOD DERBY RACE RESULTS
1st Place: Amanda S., Canyon Country 4-H
2nd Place: Keithan O., Huasna Valley 4-H
3rd Place: Hayden H., Cerro Alto 4-H
4th Place: Ashley S., Canyon Country 4-H

BEST OF SHOW – FASTEST CAR
Amanda S., Canyon Country 4-H

BEST OF SHOW – MOST CREATIVE CAR
Kendall T., Canyon Country 4-H
During the weekend of Memorial Day, many Templeton 4-H members and their families placed flags and crosses at the Templeton cemetery to honour our veterans that served for our country. 4-H members put up about 350 crosses and flags on the Veterans headstones. Memorial Day the Veterans perform a service at 11:00am and WW2 War Planes flew over the cemetery. Working from 8:30 to 9:30 my family and I put up crosses this year and it was really fun and interesting to learn the history of the Veterans and the headstones. We got to meet some of the Legion Hall members and enjoyed visiting with them.

Submitted by: Micaela S.

The Cerro Alto 4-H group collected over 60,000 pop tops totaling over 60 pounds for the County-wide Community Service project to the Ronald McDonald House.

Way to go Cerro Alto 4-H for contributing an enormous amount of pop tops and being a part of this important Community Service Project.

Submitted by Amber Q.
Pop Top Coordinator for Cerro Alto 4-H
Estrella 4-H at Lillian Larsen School

On May 27, two of our members presented their small animal projects to the students of Lillian Larsen School. MaKayla M., club reporter and member of the rabbit project talked about the different breeds of rabbits. She raises rabbits and plans on showing them at County 4-H Field Day and the Mid-State Fair. She talked about grooming them and described the different brushes that make them shiny. She also demonstrated how to clip their claws.

Elli Z. presented several chicken breeds and showed where they came from. Many were descended from Europe and Asia. The students were allowed to pet them. Among the birds she shared was a black chicken that looked very much like a crow and one that looked like its feathers were coming in backward called a Frizzle.

All the students asked questions. Both girls talked about 4-H and what a great program it is. They passed out literature and invited them to join.

Submitted by Sydney V., Estrella 4-H Club President
SLO County 4-H Members represent at State 4-H Fashion Revue!

Two 4-H members represented San Luis Obispo County at State Fashion Revue, on May 28, 2016 at the University of California, Davis. State Fashion Revue is part of State 4-H Field Day. This all day event included judging, textile and clothing related rotations, and presentations. The day culminated in an outdoor fashion show on a large pop-up stage.

Over 39 counties were represented with over 156 4-H members. Lizette C. represented San Luis Obispo County in the Intermediate Traditional Category. She received a Blue Ribbon for her beautifully made black batik cotton top. This category was the largest group, made up of 27 Intermediate Traditional sewers from all over California. Penelope K. earned Gold, participating with 17 other seamstresses in the Senior Traditional category. Her ensemble consisted of a lined velveteen poncho, leatherette jumper and coordinating body suit!

At State Fashion Revue, our two representatives proved that San Luis County has the friendliest kids, the most gracious winners, and the best fashion style!

Submitted by: Ginger Behnke, 4-H Fashion Revue Chairperson & Edna 4-H Club Volunteer
EL CAMINO 4-H BEEF GROUP

The El Camino 4-H Beef group did a presentation for our club on the different kinds of Market Beef and where they originated from, also, which one is the most used in the United States; and what beef is used in the food restaurants like McDonald’s and Burger King. Angus Beef is what they use.

Submitted by: Gina M., Club Reporter

Huasna Valley 4-H Writing Group

The Huasna Valley 4-H Club offered several different projects this year, such as various animal projects, sewing, shooting sports, kayaking, personal safety, and much, much more. In April, we had the opportunity to join a new project; Writing.

Megan Maxwell-Smith, our project leader, led the Writing Group and held three project meetings. All of the meetings were held on Saturday mornings from 10am until noon. She taught the group how to plan out a piece of writing, as well as, how to use our language to make the stories extremely vivid. For example, choosing the right words to help the reader really feel like they could visualize what the writer was describing in their story.

This project was very helpful for people of all writing levels. The beginning writer learned a lot about how to structure a story. The more advanced writer learned how to make their current writing skills even stronger. It was a very successful project and the participants learned a lot while having fun. We hope that Megan will offer the project again next year!

Submitted by: Kristi A., Reporter for the Huasna Valley 4-H Club
The SLO County 4-H Office Staff wish all of our 4-H Members much luck as you participate in your County Fair!

Santa Barbara County Fair: July 13-17, 2016

CA Mid-State Fair: July 20-31, 2016

HAVE FUN!
SLO County 4-H Youth Development Program Calendar 2016-2017

COUNTY 4-H WEBSITE URL: http://ucanr.edu/slo4h/

<table>
<thead>
<tr>
<th>JULY 2016</th>
<th>OCTOBER 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 4hOnline Enrollment Open for 2016-17 Program Yr.</td>
<td>8 2015-2016 President’s Volunteer Service Forms Due</td>
</tr>
<tr>
<td>8 2015-16 President’s Volunteer Service Forms Due</td>
<td>2015-2016 4-H ACHIEVEMENT NIGHT at the SLO Veteran’s Hall located at 801 Grand Ave, SLO</td>
</tr>
<tr>
<td>13-17 Santa Barbara County Fair, Santa Maria Fairpark</td>
<td>Starts at 7:00 p.m.</td>
</tr>
<tr>
<td>20 CA Mid-State Fair 4-H Horse Show</td>
<td></td>
</tr>
<tr>
<td>20-31 CA Mid-State Fair, Paso Robles Event Center</td>
<td></td>
</tr>
<tr>
<td>23-30 Camp Wahoo! in Cambria, CA</td>
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<table>
<thead>
<tr>
<th>AUGUST 2016</th>
<th>NOVEMBER 2016</th>
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</thead>
<tbody>
<tr>
<td>4 Record Book Judges Training, UCCE Aud., SLO</td>
<td>4-6 Mindfulness Retreat, Cambria, CA</td>
</tr>
<tr>
<td>5 2015-2016 Record Books &amp; Officer Books Due</td>
<td>11-13 State Leaders Forum (SLF) Santa Rosa, CA</td>
</tr>
<tr>
<td>13 County Record Book Judging Day</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>SEPTEMBER 2016</th>
<th>APRIL 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 4-H Life Skills Scholarships Due</td>
<td>7 FAC and FR Entry Forms are Due</td>
</tr>
<tr>
<td></td>
<td>29 Food &amp; Arts Celebration &amp; Fashion Revue, Laguna Middle School, San Luis Obispo</td>
</tr>
</tbody>
</table>