Youth Leadership Workshop

October 17, 2010, 10 am-2pm

On **Sunday, October 17, 2010, from 10:00 a.m.-2:00 p.m.**, Sherry Martinez, Youth Leadership Key Leader, will present a **workshop for all 4-H Club Officers and Jr/Teen Leaders**. The workshop will be held at Veteran’s Hall, located at 801 Grand Avenue in San Luis Obispo. **Lunch will be provided.**

4-H members who serve as a **Club Officer or Jr/Teen Leader, or who are considering taking on one of these roles in the future**, are encouraged to attend. Club Officers will learn about the responsibilities of each position and discover creative ideas about how to lead, organize and energize your club. Jr/Teen Leaders will also learn ways to engage 4-H project members and make project meetings a more productive and positive experience. **(Project Leaders are also welcomed and encouraged to attend this workshop.)**

Please RSVP to the 4-H office at 781-5943 or to dharris@co.slo.ca.us by **Wednesday, October 13, 2010**, so we can have the right amount of food and copies on hand. **(If you forget to RSVP, please come anyway!!)** If you have any questions, please do not hesitate to call Sherry Martinez at 438-3506, or the 4-H office at 781-5943. **WE HOPE TO SEE YOU THERE!!**

Albertsons Supports 4-H

Once again, Albertsons has made a generous donation to the 4-H Youth Development Program in San Luis Obispo County by presenting the program with store gift cards valued at $10,000.

The 4-H Management Board, 4-H Program Development Board and 4-H Event Chairs use the cards throughout the year to purchase supplies for 4-H events. Using the gift cards for food and materials enables the board to direct cash funds towards member awards and scholarships, conference fees, facility rental costs, outreach and other expenses.

During the 2009-2010 program year, Albertsons gift cards were used to buy food and supplies for the **Food & Arts Celebration and Fashion Revue**, 4-H training events such as the **Officer and Jr/Teen Leader Workshop and Leader Appreciation & Training**, supplies for the **SLO Scientists Program** experiments, and our annual **Chicken-Q** at **4-H Field Day**. These are just a few of the ways 4-H members and our country program benefit from Albertsons gift throughout the year.

We appreciate their continued support!
National & State 4-H News

- Applications are currently being accepted for the 2011 National 4-H Conference, to be held on April 2-9th. Applications are due by October 1, 2010. Please check the state website for an application. The National 4-H Conference has been an amazing experience for the lucky few that are selected every year for a trip back to Chevy Chase MD and the National 4-H Conference Center. This event brings together youth, volunteer leaders, and state and county Extension staff members from across the United States. Applicants should be at least 15 years old. More information can be found at: http://www.ca4h.org/conference/n4hc/ or please contact Quang "Hogan" Tong: 530-752-5644

- PBS Kids is hosting the 2010 Trash to Treasure Competition, an opportunity for youth ages 5 through 19 to display their talent and creativity. The competition requires that applicants take old trash and recycle, reuse, or reengineer their everyday items into a new invention that can either protect the environment, move things or people, or be used for play. The competition deadline is September 5, 2010 at 12:00 noon (ET). For more details, complete rules, and online registration, visit http://pbskids.org/designsquad/contest/index.html

- Looking for a way to enhance your leadership and citizenship skills? Delegates who participate in California and Washington Focus say they enhance these very skills as they engage in one of the citizenship study/travel programs and carry out a plan of action to address an issue in their school or community. The 2011 programs are planned for:

  - June 17 – 21, 2011, California Focus in Sacramento
  - Late June 2011, Washington Focus #1 - Washington, D.C.; Williamsburg, Jamestown/ Yorktown (dates to be finalized soon)

- California’s 4-H International Exchange Program will host students from Costa Rica, Finland, and Japan as well as send delegates outbound to Australia. The hosting programs are all about sharing your regular summer life with a teen from another culture. There is no expectation that students tour California. Find out more by contacting Pat English at penglish@ucdavis.edu or check on the web at: http://www.ca4h.org/Projects/Citizenship/International/

- National 4-H Conference Applications are due to the California State 4-H office by September 30, 2010. Please contact Quang "Hogan" Tong, qtong@ucdavis.edu for questions.

  For more information from the STATE 4-H OFFICE, visit http://www.ca4h.org/News/

- To access a computer or websites call the 4-H office 781-5943.
WANTED: CLUB OFFICER STORIES

A committee of 4-H youth is working to make revisions to the Officer Manual—and they need your help! 4-H members who have held an officer position are being asked to write a short story about your experiences, joys, challenges and what you’ve learned from being a 4-H club officer. Submit stories for consideration and possible publication no later than 5:00 p.m. Sunday, September 26, 2010. Email stories to: rsrangi@ucdavis.edu

Topics can include, but are not limited to the following:
- Youth development;
- Overcoming obstacles;
- Thriving through engagement;
- Youth-adult partnerships;
- Parliamentary procedure;
- Stories about being in a particular club officer role (president, treasurer, etc.);
- Strategies for club officer success;
- Funny club officers anecdotes/stories; and Goal setting/management for club officers.

2011 YOUTH CAMP: Calling all Senior 4-H Members (Grades 9 - 12), the 4-H Youth Camp Project is having its first Planning Meeting of the year on Thursday, September 23rd. All are welcome to come join us at the UCCE Auditorium located at 2156 Sierra Way, SLO at 6:30 p.m. The members have spoken and chose our theme at 4-H Field Day, so we need to get started on our activity plan. Any questions, call Maria Andrus, Youth Camp Director at 238-0604 or email at jandrusfamily1@att.net. Hope to see you there!

Looking for a new project this year? Ever wanted to learn how to use a needle and thread to create art? Ever wanted to try Crewel, Blackwork or Needlepoint? Maria Andrus, a member of the Embroidery Guild of America and a 4-H leader, is looking to start a county wide project to share the art. All ages and levels are welcome. Please contact Maria Andrus at 238-0604 or email at jandrusfamily1@att.net if you are interested in joining the project. Meetings will be set next month.

New County Wide Project this 4-H Program Year 2010-2011:

County Wide Cavy Project Meeting!
Where: the UCCE Auditorium, 2156 Sierra Way, San Luis Obispo, CA 93401
When: September 29th
Time: 6:00 p.m.
The first meeting will go over Cavy care and the equipment you will need!
For more information, please call Amanda Clark at 466-7214

Saturday, October 2, 2010
4-H ACHIEVEMENT NIGHT at SLO Veteran’s Hall
(801 Grand Ave., SLO) at 7:00 p.m.
4-H OPPORTUNITIES

VOLUNTEERS NEEDED

**Event Chair for 4-H Field Day and Chicken-Q**
The Event Chair for 4-H Field Day and Chicken-Q coordinates our county’s Field Day and annual fundraising event with the support of the 4-H office, and the help of many 4-H Clubs and families who work to make it a success. If you (or a few of you) are interested in taking on this busy and exciting position we’d love to talk to you—just call the 4-H office at 781-5943.

We’d also like to form an **Activities Committee for 4-H Field Day**. If you’d like to chair or participate on an Activities Committee, please give the 4-H office a call.

*Planning starts early so we hope to hear from you soon!*

**SLO County 4-H YDP Management Board**
We are currently recruiting for two positions on the 4-H Youth Development Management Board: **Fundraising Director** and **Section Council Delegate**.

The **Fundraising Director** is responsible for providing leadership to and managing the fundraising efforts of the board on behalf of the 4-H program. The Director also chairs the Fundraising Committee, which is responsible for short and long range goal setting, planning, and program implementation related to fundraising.

The **Section Council Delegate** represents San Luis Obispo County on the South Sectional 4-H Leaders’ Council and serves as the link between the council and the SLO County 4-H YDP Management Board. The Leaders’ Council meets four times a year and assists in coordinating Sectional events that are leader planned; such as TIC, Field Days and the State Leaders’ Forum.

If you would be interested in applying for one of these positions or if you have any questions, please call the 4-H office at 781-5943.

**Club Funding Opportunity**
Club volunteers and/or members may apply for funds (up to $2,500) for their club to enable youth to develop citizenship, leadership or life skills. New and innovative projects are encouraged, but existing 4-H work that expands the reach of 4-H or increases public awareness of the program is also eligible. Additional information and applications are available online at [www.ca4h.org/resources/fundraisingopps/legacy/](http://www.ca4h.org/resources/fundraisingopps/legacy/) Applications are due **September 15, 2010**.

**State 4-H Presentation Day Correction:** The newsletter editor was notified that the following 4-H member also received a Gold Medal at State 4-H Presentation Day on May 29, 2010. Our apologies for the omission in July’s newsletter.

**Nalani Haueter, Los Osos 4-H**
Is your club looking for NEW AND EXCITING CURRICULA for 2010-2011 program year projects? If so, here are just a few of the recently released curricula!

**Exploring Your Environment.** 6th-8th grade. This environmental science curriculum focuses on water conservation, energy use, climate change, recycling, natural resource stewardship and air quality. [www.4-Hmall.org/curriculum](http://www.4-Hmall.org/curriculum)

**Butterfly WINGS.** 4th-8th grade. Through butterfly exploration this curriculum fosters interest, understanding, and long-term involvement in science through authentic, hands-on, joint research with scientists investing butterfly biodiversity, distribution, and host-plant preferences. [www.4-H.org/curriculum/wings](http://www.4-H.org/curriculum/wings)

**Health Rocks!** ages 8-12. A two-part series of leader’s curricula for a healthy living program, with the goal of bringing youth, families and communities across the US together to reduce tobacco, alcohol and other drug use by youth. [www.4-H.org/curriculum](http://www.4-H.org/curriculum)

**4-H Filmmaking Workshop.** K-12th grade. Online tools and resources about video production and how to make your own film. [www.4-H.org/curriculum/filmmaking](http://www.4-H.org/curriculum/filmmaking)

**There’s No New Water.** 9th-12th grade. This water conservation curriculum will explore the natural water cycle, the human interventions that affect water quality and quantity, analyze the interface between rural, suburban, and urban interventions in the hydrologic cycle, and culminate with the identification implementation of service-learning projects that will address local water conservation issues. Coming soon at [www.4-Hmall.org/curriculum](http://www.4-Hmall.org/curriculum)

Also coming soon… **Robotics: Engineering for Today and Tomorrow,** 4th-12th grade; and **Teaming with Insects,** 6th-12th grade.

**4-H20 Online.** 4-H2Online is a website on where youth learn about and engage in activities related to water quality, water resources, water conservation and watershed issues. To date, youth have saved 2 billion gallons of water. Throughout this site you'll find 4-H’s “Exploring Your Environment” and information on how youth nationwide are addressing water issues in their communities. Get started by watching the podcast series "A Day Without Water" to learn more about how you can make an impact in your community! [www.4-H.org/4-H20](http://www.4-H.org/4-H20)

For more SET ideas and opportunities see a complete list in **4-H SET UDATES** at [http://www.ca4h.org/SET/updates/index.asp](http://www.ca4h.org/SET/updates/index.asp)
2010 4-H National Youth Science Day: October 6!

Experiment to focus on WATER QUALITY

The third annual 4-H National Youth Science Day is Wednesday, October 6, 2010! 4-H National Youth Science Day was created as part of 4-H’s One Million New Scientists, One Million New Ideas campaign and is designed to spark an early youth interest in science education in order to combat a national shortage of young people pursuing science in college and future careers.

If your club would like to participate in 4-H National Youth Science Day, you can purchase experiments kits online at www.4-h.org/NYSD/the-experiment-mall-kit.php. The 2010 National Science Experiment, 4-H2O, focuses on water quality and climate change—two very important issues facing our global community. Each kit costs $22 and contains everything needed to complete the first two tiers of this year’s experiment, including a facilitator’s guide, five youth workbooks and enough materials for up to 15 youth.

SAVE THESE DATES!

4-H YOUTH CAMP
(Members in Grades 4 - 6)
MAY 6 - 8, 2011
RANCHO EL CHORRO
The SLO County 4-H Youth Development Program is very excited to announce the launch of an exciting new expansion of the SLO Scientists Program... **SLO SCIENTISTS II!!**

**SLO SCIENTISTS II** builds on the original program, with one big difference: It is designed for youth in the 6th, 7th and 8th grades and will feature new and advanced topics and experiments. The first session **“Wind Power and Electricity” begins this October** and will be led by SLO Scientist Facilitator Gary Corsiglia. Future subjects will include “Space Geologists,” “Vet Detectives,” “Genetics,” and “Rain Forest Geologists.”

We hope our SLO Scientists “graduates” and older youth will take advantage of this terrific opportunity.

The SLO Scientists Program (both I and II) is designed to teach youth how to BE scientists, giving them real experiences that help them learn how to observe, investigate and experiment. Each group **consists of teams of youth and adults** (the youth and his/her parent, grandparent, aunt, uncle, or other significant adult), and provides a fun, safe environment for adults to learn from kids, kids to learn from adults and everyone to learn from the world around them. Each session schedule is based on the mutual availability of the facilitator and attendees.

If you would like to join our **first SLO Scientists II session** this fall, please call Heather Dauer, SLO County SLO Scientists Coordinator, at 781-5944 soon! If you’re interested in participating in SLO Scientists I (which is designed for 3rd, 4th and 5th graders), learning more about the program, or possibly volunteering to lead a group as a SLO Scientists Facilitator, please call Heather. She’ll be happy to hear from you!

For more INFORMATION about S.E.T. UPDATES visit [http:// www.ca4h.org/ News/](http:// www.ca4h.org/ News/)
4-H SLO Scientists Volunteer at Local Libraries for Special Summer Program

A huge thank you goes to 4-H SLO Scientist members Genevieve, Bernadette and David Aguirre, AnnaSara Bridgeford and Eleanor Ayerves - Brennan who assisted SLO Scientist facilitators Gary Corsiglia, John McCabe and Pat Justice with the array of fun and unique hands-on science activities as part of the 90-minute Earthquake Preparedness sessions presented to children at various libraries in San Luis Obispo County this summer.

These 4-Hers were on hand to help prepare materials for use, clean-up and assist children who had signed up for these special sessions at their local libraries. The Earthquake Preparedness activities included building mini-structures on “ground” surfaces, then testing them in a simulated earthquake situation as well as learning about primary and secondary seismic waves using Slinkies!

Many thanks to our SLO Scientist facilitators and to Genevieve, Bernadette, David, AnnaSara and Eleanor for their help in offering this opportunity to share our fun and informative Earthquake Preparedness sessions with children throughout the county.

BE A 4-H SLO SCIENTIST VOLUNTEER FACILITATOR!

San Luis Obispo County 4-H SLO Scientist Youth/Adult Science Clubs are looking for adult volunteers to help facilitate hands-on science activities for their enthusiastic members. This is a great opportunity to become involved with children and adults in the community!

The SLO Scientist Club is made up of seven to ten teams - one 3rd, 4th, 5th or 6th grade student and one adult (a parent, grandparent or other significant adult in the child’s life) - and meets together two evenings a month to explore such topics as earthquakes, soil and water, chemical reactions and food and plant science. SLO Scientist Clubs meet locally, every other week. Materials are provided.

You don’t need to be an expert in the field of soils, agriculture or earthquakes, since the program emphasizes giving kids real experiences to help them learn how to observe, investigate and experiment and to begin to “read the stories” that their experiments and the world around them have to tell. A training session for volunteer facilitators will be offered in San Luis Obispo.

If you have a 3rd, 4th, 5th or 6th grade student and would enjoy participating together in hands-on science activities, you and your child may want to be a part of the SLO Scientist program as a science team.

For more information about volunteering for this terrific program, please contact Heather Dauer, San Luis Obispo County 4-H SLO Scientist project coordinator, at 781-5944.
The President’s Volunteer Service Awards

The President’s Volunteer Service Awards are part of a nationwide program that recognizes youth for volunteering in their communities. Bronze, silver, and gold medals are awarded based on hours of service. SLO County 4-H is proud to be a part of this program to encourage volunteer service and civic participation.*

Now is the perfect time to start thinking about working towards an award in 2010-2011. Because the President’s Volunteer Service Award requires a log of community service hours, it is best to fill out your application throughout the year and not procrastinate until the last minute.

New applications for the 2010-2011 program year are available online at SLOCOUNTY4H.ORG under the subheading “Applications”. They will also be available at Achievement Night on October 2nd, and in the 4-H office (781-5943). For more information, contact Community Service Key Leader Karen Ludwig at 466-1216.

*Please note that we will no longer be processing applications for 4-H leaders, only 4-H members age 19 and younger.

National 4-H Week
October 3-9, 2010

National 4-H Week is just around the corner, and it’s time to start thinking about what you and your club can do to help promote 4-H in your community.

Here are a few ideas to get you started:

• Prepare displays on your projects, or 4-H in general, to put up in your school, library, store, or shopping center.
• Talk to your friends about joining 4-H.
• Give a presentation at school or to a service club in your community.
• Submit a newspaper article highlighting your club’s activities and the benefits of being a 4-H member.
• Send a public service announcement to your local radio or television station, or better yet, make arrangements to appear on the show!
• Ask to have the 4-H flag flown at your school, fire department, library, etc.
• Thank a group that has helped your club by writing a special letter, presenting a plaque, or honoring them in some other way.
• Volunteer at a rest home, food bank, homeless shelter, or hospital.
• Distribute 4-H posters and brochures to be displayed at community businesses.

Promotional materials are available in the 4-H office and online at www.4-hbrandnetwork.org. During National 4-H Week, Young Achiever storyboards will be on display in the lobby of the County Government Center, along with other great information about 4-H in SLO County. Make sure to check it out!
SLO COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

SLO County 4-H ALL STARS

Who can be an All Star?
To apply to become an All Star, members must be at least 14 years old or in 9th grade as of January 1st of the current program year, and they must hold the rank of Gold Star. Potential All Stars must complete an application and participate in both individual and group interviews. Applications are due in April and available at slocounty4h.org.

"All Star" is the highest 4-H honor attainable at a county level. All Stars are teen ambassadors who represent the 4-H program in their county, reach out to other organizations within the community, and provide leadership to other members during their one-year term.

Here in SLO County, our All Stars design their term of service around the 4-H motto: "To Make the Best Better". They do this by working together to make positive changes to the county 4-H program, increasing 4-H visibility throughout the community, supporting and motivating other members, and by serving as voting members of the 4-H Management Board as well as Serving on a county-wide Program Development Board Committee. In the end, they make themselves even better leaders through their experience as a San Luis Obispo County 4-H All Star!

What events do All Stars participate in or plan?
SLO County All Stars plan and host 4-H Achievement Night and make a presentation to the Board of Supervisors during National 4-H Week in October. Traditionally, they also plan and host Primary Member Field Day in the spring. In addition, All Stars assist with as many county-wide events as possible, such as Food & Arts Celebration and Fashion Revue, 4-H Field Day, Presentation Day, Youth Camp, leadership training, and visibility opportunities. They may also develop their own unique event depending upon their team plan of action.

What is an All Star "Plan of Action"?
At the start of each program year, the new team of All Stars have two big tasks ahead of them: selecting their All Star Advisor, and developing a plan of action. The All Star plan of action is a road map of what the team wants to accomplish during the coming year. It includes specific goals, along with a timeline for keeping on track. Regardless, the team gets to choose what they want to focus on!

Want to learn more?
SLO County 4-H follows the guidelines set forth in the All Star Ambassador Resource Handbook, available at ca4h.org.
Victoria Weatherly-Nilsen, 4-H Management Board Treasurer, will host two Treasurer Training workshops; the first on October 5, 2010 at 6:30 p.m. and the second on October 9, 2010 at 9:00 a.m. (You only need to attend one of the workshops.) Both workshops will be held in the UCCE Auditorium located at 2156 Sierra Way in SLO.

This training is mandatory for new Club Treasurers and Treasurer Advisors (the adult mentor who will be working with the Club Treasurer). New Community Club Leaders are also encouraged to attend.

Please RSVP to the 4-H office at 781-5943 or chansen@co.slo.ca.us. However, you forget to RSVP please come anyway!! If you have any questions, please call the 4-H office or Victoria Weatherly-Nilsen at 929-6258.
### SLO County 4-H Youth Development Program Calendar 2010

#### SEPTEMBER 2010

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<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>1</td>
<td>State 4-H Leaders Forum Registration Fees Due</td>
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<tr>
<td>23</td>
<td>2011 Youth Camp Project Planning Meeting</td>
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<tr>
<td>29</td>
<td>County wide CAVY Project Meeting</td>
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<td>30</td>
<td>Horse Project Leader’s Meeting</td>
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#### OCTOBER 2010

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<tr>
<td>2</td>
<td><strong>SLO County’s 4-H ACHIEVEMENT NIGHT</strong> 7 pm, SLO Vet’s Hall 801 Grand Ave., SLO</td>
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<tr>
<td>3-9</td>
<td><strong>NATIONAL 4-H WEEK</strong></td>
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<tr>
<td>5</td>
<td>Treasurer's Training 6:30 p.m. UCCE Auditorium</td>
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<tr>
<td>6</td>
<td><strong>4-H NATIONAL YOUTH SCIENCE DAY</strong></td>
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<tr>
<td>9</td>
<td>Treasurer's Training 6:30 p.m. UCCE Auditorium</td>
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<tr>
<td>17</td>
<td><strong>Youth Leadership Workshop, 10 a.m.-2p.m.</strong> SLO Vet’s Hall 801 Grand Ave., SLO</td>
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#### NOVEMBER 2010

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<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>5-7</td>
<td>State 4-H Leader’s Forum Asilomar, Pacific Grove, CA</td>
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