



University of California Cooperative Extension

News & Views

OCTOBER 2008

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

4-H Treasurer Training and 4-H Jr./Teen Leader & Club Officer Workshops October 16, 18 and 26, 2008

Three workshops are scheduled in October 2008, and all three will be held in the UCCE Auditorium, located at 2156 Sierra Way in San Luis Obispo:

**Treasurer Training—Thursday, October 16, 2008, 6:00 p.m.—7:30 p.m.; *or*
Saturday, October 18, 2008, 10:00 a.m. — 11:30 a.m.**

**Jr./Teen Leader Workshop and 4-H Club Officers Workshop
Sunday, October 26, 2008, 9:00 a.m.—3:00 p.m.**

Jr./Teen Leader Workshop: 9:00 a.m.—12:00 Noon (Lunch Provided at 12:00 Noon)

Club Officer Workshop: 12:30 p.m.—3:00 p.m. (Lunch Provided at 12:00 Noon)

Evelyn Rockwell, 4-H Management Board Treasurer, is hosting two Treasurer Training sessions in October. *All new 4-H Club Treasurers and Treasurer Advisors (the adult mentor who will be working with the Club Treasurer) are **required** to attend one of the training sessions.* Community Club Leaders are also encouraged to attend.

Sherry Martinez, Youth Leadership Key Leader, is offering two training events on Sunday, October 26, 2008: a Jr./Teen Leader Workshop and a 4-H Club Officers Workshop. Members who are currently serving as a Jr./Teen Leader or Club Officer, or are considering taking on one of these roles in the future, are encouraged to attend one or both of these workshops. You will learn how to make the Jr./Teen Leader experience a more productive and positive one and how to engage 4-H project members. *(Project Leaders are also welcomed and encouraged to attend the Jr./Teen Leader Workshop.)* Club Officers will learn about the responsibilities of each position, and discover creative ideas on how to lead, organize and energize your club.

Please **RSVP** for the **Treasurer's Training** to the 4-H office at 781-5943 by Friday, October 10, 2008, so we can have the correct number of copies of materials on hand. Please **RSVP** for the **Jr./Teen Leader Workshop** and/or the **4-H Club Officer Workshop** to the 4-H office at 781-5943 by Wednesday, October 22, 2008, so we can order the right amount of food and copy the correct number of materials. (If you forgot to RSVP for any one of these events, *please come anyway!!*) If you have any questions, please do not hesitate to call Evelyn Rockwell at 466-4383, Sherry Martinez at 438-3506, or the 4-H office at 781-5943.

WE HOPE TO SEE YOU THERE!!

CONGRATULATIONS to: **Susanne Melton of Cerro Alto 4-H as this Month's Magnet Winner! & Kayleen Leong is the Restaurant Certificate winner!** Sign up to receive News & Views *ONLINE* & your name will be entered into a Monthly Drawing to receive an "I SUPPORT 4-H" Magnet. Call the 4-H office at 781-5943 or send an email to: dharris@co.slo.ca.us with SUBSCRIBE in the Subject Line to enter the Monthly Drawing to receive a free 4-H magnet! The 4-H Management Board also approved having a Quarterly Drawing for a \$25 restaurant Gift Certificate. ***Can you help us with this effort?***

SLO County's 4-H website is:
<http://www.slocounty4h.org>
State 4-H website: <http://www.ca4h.org>
SAFETY NOTES: <http://safety.ucanr.org/4h/>

National & State 4-H News

- **4-H Fur N' Feathers show** - Ventura County 4-H will be hosting its 2nd annual 4-H All Breed Shows & Jr. Showmanship Events on **November 15, 2008**. Entries are due by **October 30th**. For more information, please click <http://ca4h.org/4hresource/updates/attach/FurFeathers2008.pdf> or call Susan Trockey at (805) 480-9976.
- The volunteer leader website is a new interactive and growing site that can be seen at <http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program.
- The California **4-H International Exchange Program** is looking for host families who are able to host teens from Costa Rica, Finland, and Japan for one month during the summer of 2009. Yes, Costa Rica is now included in our offering - are you ready to brush up on your Spanish? 4-H will also offer an outbound program to Australia in 2009. Information about the international exchange opportunities is available at: <http://www.ca4h.org/exchange/index.asp>.
- For 4-H Clubs: The **Dean Memorial Legacy fund** allows 4-H Clubs to request funding up to \$2,500 to conduct local 4-H activities and projects. Funding is intended for activities that support new and innovative 4-H projects, increase public awareness of 4-H, and expand the reach of 4-H. Requests for funding are due **October 31, 2008**. More information is available at <http://www.ca4h.org/citizenship/funding/index.asp>
- Dates have been set for the **2009 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you understand how you can be more involved in your own community. Mark your calendar for California Focus June 26-30, 2009. <http://www.ca4h.org/citizenship/focus/>

Washington Focus I
Road to Democracy June 21-29, 2009
Heritage Trail I June 21-27, 2009
Washington Focus II
Global Journey July 12-22, 2009
Heritage Trail II July 12-18, 2009
<http://www.ca4h.org/citizenship/dcfocus/>

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***Please submit articles and photos by
the 15th of each month to:***

Denise Harris, Editor
4-H Office
2156 Sierra Way, Suite C
San Luis Obispo, CA 93401
(805) 781-5943 / dharris@co.slo.ca.us

A handwritten signature in black ink.

Richard P. Enfield,
4-H Youth Development Advisor

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No endorsement of named products and/or companies is intended, nor is criticism implied of similar products and/or companies which are not mentioned. Persons with special needs wishing to attend a program should contact the 4-H Office in advance. Efforts will be made to accommodate your special needs.

~ VOLUNTEER OPPORTUNITIES ~



SLO County 4-H Youth Development Program **SET (Science Engineering and Technology)** Program Development Committee

We are currently recruiting **adult and youth** positions on the SLO County 4-H SET Program Development Committee. The purpose of the SET Committee is to strengthen science, engineering and technology-related aspects of the 4-H Program by developing new and expanding existing programs and practices. One of the positions we hope to fill will be someone with computer application and website design experience who will serve as the **SLO County 4-H Website Development Resource Person** and aid individual clubs in developing their own websites. Previous 4-H experience is not necessary for this position or to serve as an adult member of the SET Committee.



If you are interested in serving on the **SET Committee** or specifically, as the **Website Development Resource Person**, please the 4-H office at 781-5943.

The Food Bank Coalition of San Luis Obispo County needs your help!

We are asking clubs and organizations to help the Food Bank by handing out flyers and encouraging shoppers to donate food items for our holiday food drive, starting in November. This activity provides a great opportunity to demonstrate a commitment to public service by your club or organization. Additionally, it provides an excellent way for members of clubs and organizations to contribute through their personal efforts to the alleviation of hunger in San Luis Obispo County.

On Saturdays and Sundays, starting Nov. 1st and ending Dec. 21st the Food Bank needs at least 2 to 4 people per shift at every major grocery store in San Luis Obispo County. The more volunteers we have, the better coverage we get, which directly increases the amount of food donated. Shift hours are 11am – 1pm, 1pm – 3pm., and 3pm to 5pm. We encourage your organization to sponsor a whole day if possible. If not, then we can schedule smaller groups by their availability. We will supply you with all of the necessary materials.

Please contact Luann Larsen, at 238-4664 or email her at luann@slofoodbank.org with any questions you may have and to schedule your group. I will gladly make every effort to facilitate your participation in this important Food Bank activity. Scheduling, however, is on a first-come, first-serve basis, so the sooner you call the better the chance of getting the days and times you want to volunteer.

The Food Bank will sincerely appreciate any assistance you and your organization can provide in helping us to provide meals for the food insecure in San Luis Obispo County during the holidays and throughout the New Year.

Your time and good will does make a difference! I look forward to working with you!

Sincerely, Luann Larsen, Food Drive Coordinator

~ MEMBER OPPORTUNITIES ~



REMINDER

National 4-H Week
October 5-11, 2008



*Create an Atmosphere
Where Learning is FUN*

It's always an exciting time when a new 4-H program year begins. There are great possibilities ahead; a new slate for sharing good times, learning new things and growing as a person and citizen of our world. It is especially important, then, at this time of year to stop and consider what "4-H" means to us—our members and families—and how each of us contribute to making the SLO County program the amazing and positive experience that it is.

There are so many ways we do this. But the foundation is our parents and adult volunteers and the behavior they model. So, now that the new program year has rolled around once again, and we see old friends and meet new ones, let's all remember the reason we're here: To create an environment where learning is fun, in an atmosphere of trust, and in a way we can be proud our members will emulate. We CAN "*Make the Best Better*" by practicing a few basic principles.

- Provide encouragement and support. Allow your child to experience the full process of 4-H, no matter the outcome.
- Keep your expectations realistic and open. Knowledge and life skills take time to develop.
- Support your child's efforts. Provide resources and supplies for projects.
- Respect youth ownership of projects. Allow your child to do his/her own project.
- Encourage your child to focus on the positive in the experience or situation and less on competition.
- Allow your child to make mistakes. We learn through our mistakes and in correcting them.
- Encourage your child to do his or her best, not to be better than someone else.
- Treat others in a courteous, respectful manner.
- Be respectful of adult volunteers. Allow leaders to lead, and give them your support.
- Deliver and pick up your child on time for events and meetings.
- Help out cheerfully and often. Follow through when you volunteer.
- Demonstrate ethical behaviors.
- Treat animals humanely and teach your child to provide appropriate animal care.
- Attend meetings and participate in activities and events. It makes for a lighter load on each and is more fun for everyone.

They're good for us, and good for our youth!

~ UPCOMING ACTIVITIES ~

Food Safety Training for Clubs November 14, 2008

A food safety training workshop for 4-H Clubs, "*Make it Safe, Keep it Safe,*" is scheduled for Friday, November 14, 2008, from 1:00-4:00 p.m. in the UCCE Auditorium at 2156 Sierra Way in SLO. The University of California requires every 4-H Club to have a representative certified in food safety and attendance at this workshop meets that requirement. The training will be offered by Shirley Peterson, Nutrition and Family Science Advisor, and will teach participants how to ensure food served at 4-H meetings or events remains safe and free of food poisoning bacteria. Participants will receive a Certificate of Completion and that individual will be certified to share food safety information with other 4-H leaders, members and their families.

If you are interested in representing your club at the workshop, please contact your Community Club Leader so that they can RSVP the 4-H office at 781-5943. We need RSVPs in order to prepare the correct amount of materials to have available at this training workshop. (NOTE: Clubs who currently have an adult volunteer who is certified in food safety or attended the training last year are not required to send a representative again this year.)

RECORD BOOK TIP OF THE MONTH

The Awards Director, JoAnn Overbey will be providing a 'RECORD BOOK TIP OF THE MONTH' for the newsletter starting next month. This suggestion was made by several of our members and 4-H volunteers. If you have questions you would like to have answered, or want to have a particular topic covered, please submit your request to the 4-H office at 781-5943 or via email Subj Line: RB TIP to dharris@co.slo.ca.us and we will work to get your topic covered.

In the meantime, JoAnn Overbey has suggested that 4-H members go to the 4-H website <http://www.slocounty4h.org> under Record Book forms and download the Sample Personal Development Report document. It has many suggestions on where to log your activities.



~ MEMBER OPPORTUNITIES ~

4-Hers Combat Global Climate Change

The 4-H Million Trees Project (4HMT) began last year as a seedling in the minds of Belmont, California 4-Her Laura Webber and her dad as they considered what they could do personally to combat global climate change. Over the next few months the idea developed, like a fast growing sapling, to become the 4-H Million Trees Project (www.4hmilliontrees.org.)

The main goal of 4HMT is to have 4-H youth across the country team together to plant one million trees. The plan is to build a network of clubs by working through the 4-H organization in each state. To quickly build a national network of clubs and units, project leaders have asked all 50 state directors to forward a invitation via E-mail to their County Reps/Agents, and asked each County Rep to forward the invitation to the clubs and units in their county. Youth involved in the 4-H Afterschool programs and Military 4-H are also invited to participate.

"The goal of this service-learning project is not only to plant one million trees to combat global warming," said Project Founder and Teen Leader Laura Webber, "but to teach 4-H youth that by working together they can make a big impact on their world." There will be numerous benefits to the project. Along with addressing the climate crisis and teaching a valuable life lessons to 4-H youth, the leaders and members of this project will learn to write grant proposals, prepare and give presentations to clubs, schools, foundations, companies, etc., develop a network with 4-H clubs across the nation, coordinate and maintain the website, manage communications and the project database, form partnerships with non-4-H organizations, write or encourage others to write articles about the project, get publicity on television, learn to interview and be interviewed, and learn to be better leaders.

Trees are at the heart of this project. **Members of the project figure that if each club plants and cares for twelve native trees per year over the next four years, they can reach their goal.** One million is a big number, so this will be a challenge, but these 4-Hers are dedicated to the project and want to do their part to help resolve the climate crisis.

Since the project started in March, 2008, over 20,000 trees have been registered on the project website, planted by 6,600 4-H youth in 26 states. **All 4-H clubs and units are invited to participate,** and they just need to register their trees by filling out the convenient online form using the Registration page of www.4hmilliontrees.org.

If anyone is interested to help with, become a member of, has any ideas for, or support 4HMT, they are urged to contact the project at 4hmilliontrees@gmail.com, or visit the website.



MEMBER OPPORTUNITIES / CLUB NEWS



**MARK YOUR CALENDARS NOW
FOR
THIS YEAR'S
ACHIEVEMENT NIGHT!**

***"MAKING MEMORIES
with 4-H"***

**4-H Achievement Night
on October 11th
at the Veteran's Hall
801 Grand Avenue
in San Luis Obispo
at 7:00 p.m.**

**PLAN TO COME OUT AND
JOIN IN THE FUN
CHEERING ON YOUR
4-H CLUB & SHOWING 4-H SPIRIT!**



Templeton 4-H News — Templeton 4-H members rocked at the Quiz Jam 7/27/08. If you have never seen or participated at our Mid State Fair Quiz Jam, you are truly missing a great time. Teams of 4 kids race against the clock changing tractor tires, saddling a horse, roping, identifying Ag implements, feeds and animals. It is a fun competition and you can't help but learn a bit too. Farm Supply runs the event.

Many Sponsors supported the event also. See you there next year. Submitted by: Larry Rose

Templeton 4-H welcomed sponsors and supporters of the Mid State Fair at the Premiere Party 2008. Members of our Community Service Project served cake and beverages and did the clean-up for this event that took place July 22, 2008, at Frontier Town of Paso Robles Event Center.

Templeton 4-H members present were Taylor Pilg, Daniika Viborg, Ole Viborg, Jasen Friedle, Jake Friedle, Larry Rose, and April Rose.

Parents present were Cindy Pilg, Jenifer Friedle and Daren Friedle. Submitted by April Rose

The President's Volunteer Service Awards

The President's Volunteer Service Awards are part of a nation-wide program that recognizes youth, adults, and groups for volunteering in their communities. Bronze, silver, and gold medals are awarded based on hours of service. SLO County 4-H is proud to be a part of this program to encourage volunteer service and civic participation.

Now is the perfect time to start thinking about working towards an award in 2008-2009. Because the President's Volunteer Service Award requires a log of community service hours, it is best to fill out your application throughout the year and not procrastinate until the last minute.

New applications for the 2008-2009 program year are available online at SLOCOUNTY4H.ORG under the sub-heading "Applications". They will also be available at Achievement Night on October 11th, and in the 4-H office (781-5943). For more information, contact Community Service Key Leader Karen Ludwig at 712-8217, or visit www.presidentialserviceawards.gov.



San Luis Obispo Co.

4-H
Youth
DEVELOPMENT
PROGRAM

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Cooperative Extension
4-H Youth Development Program
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SLO County 4-H YDP Newsletters are assembled each month by the Silver Streaks of the San Luis Obispo Senior Center.

SLO County 4-H Youth Development Program Calendar 2008

OCTOBER 2008

- 11 4-H Achievement Night, 7:00 p.m. Vets Hall, 801 Grand Ave., San Luis Obispo**
- 16 Treasurer's Training 6:00pm—7:30pm UCCE Auditorium, San Luis Obispo**
- 16 Farm Bureau Great Pumpkin Contest @ Farmer's Market 4pm—8pm**
- 18 Treasurer's Training 10:00am –11:30am UCCE Auditorium, San Luis Obispo**
- 26 Jr./Teen Leader Workshop 9-Noon Club Officer Workshop 12:30—3:00pm UCCE Auditorium, San Luis Obispo**
- 30 Horse Project Leader Meeting 6:30 pm UCCE Auditorium, San Luis Obispo**
- 31 New Enrollments & 2008-09 Fees Due**

NOVEMBER 2008

- 7-9 State 4-H Leader's Forum, Asilomar, CA**
- 15 Ventura County's FUR & FEATHERS 2nd Annual 4-H All Breed Shows & Jr. Showmanship Events (Cavy, Poultry, Rabbit)**
- 19 SLO Co. 4-H Management Board Meeting 5:30 p.m., UC Auditorium, San Luis Obispo Note: Everyone is invited to attend these meetings to share ideas.**