The Stars Shown Bright at Achievement Night!

Congratulations to everyone and our Young Achievers for your year of Achievements & Community Service!

We welcome your 2007-2008 All Stars Melani Teixeira & Sarah Lukes and wish them much luck with all of their endeavors this program year!

Thank you to our volunteer leaders who have given over 100 years of support to our county 4-H program!

Arrigato Derickson Family, Rio Rancheros 4-H, for hosting a Japanese Exchange Student this past summer.
National & State 4-H News

- Registration information for the California 4-H Citizenship Focus Program is in county 4-H offices. On-line registration is conducted by your county office beginning October 1, 2007 with Washington Focus registrations due November 5, 2007 and California Focus registrations by January 14, 2008. Financial assistance, based on need, is available for both programs.
  - California Focus - June 27 to July 1, 2008
  - Washington Focus #1 : Global Journey - June 29 - July 9, 2008
  - Heritage Trail I - June 29 - July 5, 2008
  - Washington Focus #2 : Road to Democracy - July 6 - 14, 2008
  - Heritage Trail II - July 6 - 12, 2008
  - Check with your county office to see when registration forms are due.
  - For more information: http://www.ca4h.org/citizenship/index.asp and click on Washington or California Focus.

- Ventura County 4-H is extending an open invitation to 4-H youth in California to participate in an All Breed Show and Junior Showmanship Event planned for Saturday, November 17, 2007 at the Ventura County Fairgrounds. For more information: http://ceventura.ucdavis.edu/4-H_Program/.

- Annual State 4-H Equine Field Day is on the move!!! Mark your calendars about attending this educational event on Saturday, November 10 from 8:45 a.m. - 4:00 p.m. at the Salinas Valley Fair in King City. The day will include educational workshops and a tack swap. The cost is $20/person; $15/person for a group of 10 or more; or $25/person at the door. Pre-registration is due November 1, 2007. More information is available: at http://ca4h.org/projresource/horse/.

- 2008 California 4-H State Fashion Revue Backpack Challenge!
  - Design & sew a backpack using Butterick pattern 5054, views C or E only. Purchase or sew an outfit to coordinate with your backpack. For Fashion Revue judging, the backpack is the main "garment" and the outfit is the "accessory". Use your creativity to personalize your design. The optional iPod accessory may be added to enhance your backpack. For more information: http://www.ca4h.org/projresource/fashion/.

- The California 4-H International Exchange Program will offer outbound exchange educational experiences to Australia, Finland, and Japan during the summer of 2008. Information and registration materials will be in county offices and on-line at the end of October.

- To access a computer or websites call the 4-H office 781-5943.
On September 25th, 2007, **your 2007-2008 4-H All Star, Melani Teixeira** made a presentation in front of the Board of Supervisors asking them to proclaim **October 7-13 as National 4-H Week in SLO County**. The Board of Supervisors also approved the flying of the 4-H flag in front of the Government Building during National 4-H Week, and gratefully acknowledged the contribution that 4-H youth and volunteers make in our community.

Also pictured are 4-H Administrative Assistant Julie Maggiore (left) and Melani’s mom, Deanna Teixeira (right).

More National 4-H Week activity: **Ranchita Canyon 4-H club** spoke on KPRL (AM 1230) on 10/8/07 for “Sound Off” from 12:30—2:00 p.m. to promote National 4-H Week. They also had their annual mule drawn hay-ride down Spring St. on 10/9/07 with all of their members in their whites supporting 4-H!

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**Get healthy San Luis Obispo County!** Come join the Free Training for the local *Eat Smart. Play Hard. San Luis Obispo County!* program and learn how to offer the free program to your 4-H group!

The University of California Cooperative Extension is hosting a free training on *Eat Smart. Play Hard. San Luis Obispo County!*—a six-lesson curriculum designed to teach 6 to 8 year old children and adults together about nutrition and physical activity in fun and interactive ways! The training is designed to give community organizations in San Luis Obispo County that work with children, the information and curriculum needed to implement the program. Training will be offered at the University of California Cooperative Extension Auditorium, 2156 Sierra Way, San Luis Obispo. Current training dates are Monday October 22 from 9am to noon, or Saturday October 27th from 1pm to 4pm, or Friday November 30th, 1pm to 4pm. Other training dates will be made available. If you are interested in offering the program to your 4-H group call Krista Mugford at 781-5944 for more information or e-mail kmugford@co.slo.ca.us.

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**Attention all 4-H Community Club Leaders and Project Leaders ! ! !**

**4-H Information On-Line**

[http://ca4h.org/volunteer/voltraining.asp](http://ca4h.org/volunteer/voltraining.asp)

Announcing a new on-line 4-H Volunteer E-Learning Course. The course is primarily for 4-H volunteers who want more information about the 4-H youth development organization and its philosophy. (The course is not meant to certify new adult volunteer leaders.)

Course topics include:

- **“About 4-H”** provides information about the purpose and philosophy of 4-H. It also introduces you to the many ways in which you can participate.
- **“Positive Youth Development”** provides information on the essential elements of 4-H. You will also learn about the positive aspects of working with youth groups.
- **“Getting Started in 4-H”** provides information about conducting club meetings, after school programs and other types of gatherings. **“Leadership and Teaching”** provides techniques and tools for working with youth groups. *Take a look!*
Templeton 4-H Members Shine at Achievement Night
Submitted by Daniika Viborg - Templeton 4-H

The stars were not only out last Saturday Night, but they were shining brightly! The annual “San Luis Obispo County 4-H Achievement Night” was held last Saturday, October 13th at the San Luis Obispo Vet’s Hall. The theme for the evening was “A New Star Is Born” as a way to introduce the newest star, the Platinum Star Award. There were two members in Templeton 4-H to earn this award this year, Savannah Hoagland and myself, Daniika Viborg. It was a night filled with excitement and anticipation. What a great way to honor all of the hard working 4-H members who take such pride in their community and their clubs. Joanne Overbey, Jody Birks and the 2006-2007 San Luis Obispo County All Stars worked extremely hard to present this wonderful evening. I know that everyone in our county worked very hard just by the number of awards given out that night, but I would like to brag about Templeton 4-H if I could. There were several youth winners and Debbie Paver our Templeton Beef Leader received the Ruby Award for 30 years of service to 4-H. Way to go Templeton!

Record Book County Winners:
Ceirra LaRue - Food & Nutrition

Record Book Medalists:
Corryn LaRue - Market Goat
Taylor Lindquist - Market Goat
Taylor Pilg - Market Goat
Andrea Posmoga - Rabbit Group
Maggie Madden - Market Sheep
Savannah Hoagland - Community Service
April Rose - Community Service

Gold Secretary's Books:
Kayla Whitson

Young Achievers Nominees: Grades 5-6
Ian Hays
Carly Roth
Lindsey Wyatt

Young Achievers Nominees: Grades 9-10
Chelsey Reichard
Kacey Urman
Savannah Hoagland

Presidential Community Service Awards: Youth Bronze (50-74 hours)
Jakob Friedle
Katie Kennedy
Devon Kennedy
Chelsey Reichard
Caitlin Ruscki

Presidential Community Service Awards: Youth Silver (75-99 hours)
Ole Viborg

Presidential Community Service Awards: Adult Silver (350-499 hours)
Suzy Evangelista
Loretta Mazzo

Presidential Community Service Awards: Youth Gold (100+ hours)
Tyler Evangelista
Jasen Friedle
Lindsey Kennedy
April Rose
Paige Viellette
Daniika Viborg

Back row..Daniika Viborg, Cierra La Rue, Jason Friedel, and Ole Viborg.
Front row..Corryn La Rue and Jake Friedel.

Picture of Corryn La Rue won medal for Goats, Cierra La Rue County Winner for Foods & Nutrition
Welcome New 4-H Club

We are happy to announce the addition of a new club to the San Luis Obispo County 4-H Youth Development Program. Pine Mountain 4-H Club is located in the Atascadero area, and the Community Club Leader is Nancy Normile.

Please join us in welcoming Nancy and our new Pine Mountain club members at (805) 461-1447. We appreciate all the work she has done to establish the club, and wish her great success!

Estrella 4-H: “We’re all about Community Service.”; is our motto and we try to perform any and all service to our community! It's fun and it’s a good thing to do! As a matter of fact, Estrella 4-H members participated in the Pioneer Day Parade on Saturday, October 6th in Paso Robles and had the privilege of carrying the banner for The Heritage Foundation of the California Mid-State Fair. We had lots of fun and it was great to see our group out on horseback, foot, and 4-Wheelers. We even had chickens and a rabbit march in the parade.

Templeton 4-H and Creston 4-H came out to march with the Heritage Foundation as well! Members like April and Larry Rose, Franchesca Falcone, and even Daniika Viborg were there!

Speaking of the California Mid-State Fair, we’d like to congratulate all our members here at Estrella 4-H, for their hard work and say Kudos to everyone! Meredith Masch took the blue ribbon with her dog “Jack”, Brianna Strand won novice swine showmanship, and Holly Meade took the blue ribbon in her class in the Senior swine showmanship division! Haley Ghezzi was 4-H Reserve Grand Champion with her market steer “Syd” and Jeremy Morring (06’-07’ Allstar) and his Netherland Dwarf rabbit “Captain Morgan” won Reserve Best of Show Rabbit! Our Horse group took home many awards with our horse leader Angela Vinther at the helm. They also had a sleepover (with their horses) at Horsen’s Ranch and learned that horses really do snore, not to mention lots of fun and education for their horse level testing.

October holds many more Community Service hours for the members of Estrella 4-H. By the time this issue of “News and Views” is safely in your mailbox, we will have worked as set up and event volunteers for the Woods Humane Society’s “Wiggle, Waggle, Walkathon” on October 20th. Our annual Vineyard Hills Health Center Halloween Carnival, set for Saturday October 27th will have taken place too! Stay tuned and we’ll have some great pictures from these events next month! -Jeremy Morring, President of Estrella 4-H
Templeton 4-H COMMUNITY PRIDE: At least 30 members of several north county 4-H clubs joined the Heritage Foundation float in the Paso Robles Pioneer Day Parade, Saturday, October 6, 2007. The theme was “Our Youth, Our Future.” We did a bit of hanging out and waiting since we were exhibit #129 out of more than 200. Our “float” stretched out almost over a half of a block since there were horses, quads, chickens, dogs, banners and a horse drawn wagon that carried a country singer. The fun part was definitely moving down the streets of Paso Robles and smiling and waving at the crowd. If you weren’t there this year I hope you join us next year! Submitted by: Larry C. Rose

Templeton 4-H COMMUNITY PRIDE: Returning members of the Templeton 4-H group attended the Santa Barbara Benefit Show at the Santa Barbara County fairgrounds in Santa Maria on September 22, 2007. It was a double show for the exhibitors which means it was a very long day since our birds were judged two times by different judges. We came home with a flock of blue ribbons and did excellent in showmanship. We thank Kelly Roth, our fearless leader!

A fun thing about this show is that the rabbit show happens at the same time in the building next door. We got to visit some members of our Templeton rabbit group. We joined their raffle and the Bryant family added a number of bunnies to their livestock.

Poultry members who attended were Carly Roth, Sierra Bryant, Carly Goldstein and April Rose. Parents who attended were Kelly Roth, Brenda Bryant and Romayne Rose.— Submitted by April Rose.

Members of the Templeton 4-H enrolled in Community Pride joined the Templeton Community Clean-Up on Saturday, September 29. Members gathered at 8:30 in front of the Templeton Fire Station for their assignment. We picked up the trash and debris at the end of Main Street in front of the high school. We found a wicker bench, a couch and a microwave. My mom didn’t realize why her back pack became so heavy until we got to the Volunteer BBQ at Templeton Park. I had sneaked a few railroad stakes into the pack. Members present were: Amanda Andrews, Jake and Jason Friedle, Savannah Hoagland, Courtney McAllister, April Rose, Caitlin Ruscki, Heather Shawcross, Daniika and Ole Viborg, Andria Possomga, James, Jamie, Juliann and Johnny Schmitz and Jordan Reece. Parents present were: Nancy Hoagland, Evelyn Ruscki, Allen Shawcross, Romayne Rose and Cindy Schmitz.— Submitted by April Rose.

Toys for Tots volunteers deeply appreciate your participation in our toy collection in 2006! They were able to gather 7,675 toys in San Luis Obispo county which brought a joyful Christmas to nearly 3,500 local children who would otherwise have received few, if any, gifts.

There will be a Toys for Tots “barrel” set up at the 4-H office and ready to receive toy donations by mid-November. The United States Marine Corps Reserve ask that toys be new and unwrapped when dropped off at the barrel. Each year gets more and more exciting, as more and more toys are placed in the barrel. The Marine Corps Reserve representatives will come by and empty the barrel as often as necessary. You should see how quickly the barrel fills up each week.

The last pick up of donations will be on Friday, December 7th, 2007 as the Marine Corps Reserve representatives will begin distribution of toys and books to children the week of December 10th.

If you have any questions about the Toys for Tots program, please call Karen Ludwig, Community Service Key Leader at 712-8217.
San Luis Obispo County 4-H
Achievement Night
Saturday, October 13th, 2007

California Awards County Winners

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<td><strong>BEEF—MARKET</strong></td>
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<td><strong>CAKE DECORATING</strong></td>
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<td><strong>CREATIVE ARTS</strong></td>
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<td><strong>POULTRY &amp; GAME BIRDS</strong></td>
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<td><strong>RABBITS</strong></td>
<td>Denise Carigo</td>
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<td><strong>SCRAPBOOKING</strong></td>
<td>Kimberly Edmonds</td>
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<td><strong>SHEEP—BREEDING</strong></td>
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<td><strong>WOODWORKING</strong></td>
<td>Matthew Souchek</td>
<td>El Camino</td>
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The SLO Co. 4-H Adult Leadership Committee is seeking nominations of outstanding adult volunteers to receive scholarships to attend the 2008 Western Regional 4-H Leaders' Forum. This year's forum, “Stampede to Idaho!”, is being held at the Doubletree Hotel in Boise, Idaho on **March 6-9, 2008**. The Forum brings together over 500 volunteers from the 13 western states to share ideas, learn new skills, and have **FUN!**

This year, several scholarships are available in the amount of $199, which includes the conference fee and six meals. Scholarship recipients must be willing to pay for their own lodging and transportation to and from the conference. Rooms at the Doubletree are $99 per night, single occupancy, and roundtrip airfare from San Luis Obispo to Boise is approximately $300.

**Nomination Criteria:**

1) has been a leader for at least two years and has reenrolled for the new program year;  
2) evidence of outstanding teaching/leadership skills;  
3) willing to pay their own transportation and lodging fees for the conference.

Clubs, adult volunteers, and 4-H members may all nominate leaders for scholarship consideration. **Leaders may even elect to nominate themselves.** If you are nominating someone, please check with them to make sure they will be able to provide for their own transportation and lodging, or better yet, plan a club fundraiser to help cover their expenses.

Nomination forms are available through your Community Club Leader and at the 4-H Office (781-5943). Nominations are **due November 20th** in the 4-H Office. If you have any questions, please call Evelyn Rockwell at 466-4383. To learn more about the conference, visit [www.4h.uidaho.edu](http://www.4h.uidaho.edu).
EL CAMINO 4-H CLUB CELEBRATES HARVEST FESTIVAL AND NATIONAL 4-H WEEK

BY JACK MOORE, REPORTER, EL CAMINO 4-H

Members of the El Camino 4-H Club participated in the Harvest Festival held in Arroyo Grande, September 28-29. The Harvest Festival is an annual celebration of the beginning of fall and the harvest of crops. El Camino 4-H challenged visitors to throw a ball into a bowl to win a goldfish.

In honor of National 4-H Week, Brisco’s Village Gift Shop let the El Camino 4-H group set up a display in their window. We exhibited the banner of the 4-H pledge, photos from last year’s activities, and projects such as ceramics, quilts, a wooden toolbox, rabbit information posters and birdhouses. This window display definitely showcased “The Power of YOUth!”
Create an Environment Where Learning is FUN!

It’s always an exciting time when a new 4-H program year begins. There are great possibilities ahead; a new slate for sharing good times, learning new things and growing as a person and as a citizen of our world. It is especially important, then, at this time of year to stop and consider what “4-H” means to us—our members and families—and how each of us contribute towards making the SLO County program the amazing and positive experience that it is.

There are so many ways we do this. But the foundation is our parents and adult volunteers and the behavior they model. So, now that September has rolled around once again, and we see old friends and meet new ones, let’s all remember the reason we’re here: To create an environment where learning is fun, in an atmosphere of trust, and in a way we can be proud our members will emulate. We CAN “Make the Best Better” by practicing a few basic principles:

- Provide encouragement and support. Allow your child to experience the full process of 4-H, no matter the outcome.
- Keep your expectations realistic and open. Knowledge & life skills take time to develop.
- Support your child’s efforts. Provide resources & supplies for projects.
- Respect youth ownership of projects. Allow your child to do his/her own project.
- Encourage your child to focus on the positive in the experience or situation and less on competition.
- Allow your child to make mistakes. We learn through our mistakes and in correcting them.
- Encourage your child to do his or her best, not to be better than someone else.
- Treat others in a courteous, respectful manner.
- Be respectful of adult volunteers. Allow leaders to lead, and give them your support.
- Deliver and pick up your child on time for events and meetings.
- Help out cheerfully and often. Follow through when you volunteer.
- Demonstrate ethical behaviors.
- Treat animals humanely and teach your child to provide appropriate animal care.
- Attend meetings and participate in activities and events. It makes for a lighter load on each and is more fun for everyone.

They’re good for us, and good for our youth!

For a complete copy of Guidelines for Parent and Adult Behavior, developed by the Statewide 4-H Policy Advisory Committee, please go to: http://www.ca4h.org/4hresource/

2008 California Citizenship Focus
June 27 to July 1, 2008
The Clarion Hotel/Holiday Inn Express in Sacramento

California Focus is a unique 4-H Citizenship educational experience that combines hands-on participation in workshops, debates, and simulations with outstanding speakers and visits to historical, cultural, and governmental sites. California’s capital city, Sacramento, becomes a "living classroom" for this five-day, action packed adventure. It also includes plenty of time for fun and making new friends through organized recreational activities, a dance, and a dip in the pool. As a citizen of “Sierra Cascade” you will register to vote, conduct a political campaign, elect constitutional offices, analyze the needs and issues of your district, and enact legislation with the goal of securing the governor's signature to make your bill a law. Legislative appointments at the Capitol will allow delegates to meet face-to-face with their senators and assembly person to discuss current issues, learn how proposals are funded, and advocate for issues critical to them and their fellow constituents. Delegates also prepare and present a "Plan of Action" to implement back home in their respective communities.

Enrollment is open to all 4-H members that have completed the 8th grade and adult leaders 25 years of age or older. The registration fee is $495 for youth and $590 for adults. The registration fee includes:
- 5 days/4 nights lodging at the hotel with most meals included
- Program tuition and educational resource packet
- Admission and transportation for field tours
- Mandatory pre-travel orientation program

Registration forms and additional information are available at www.ca4h.org/citizenship/focus/ and in the 4-H office. Completed registrations along with a $100 deposit are due in the county 4-H office no later than January 4th, with the remaining balance due by March 15th. Please make all checks payable to “SLO Co. 4-H YDP”. If you have any questions, please call Julie Maggiore, 4-H program Administrative Assistant, at 781-5941.
Adult Volunteer Position Open

The position of Large Animal Science Key Leader is Open. Joanne Cummings, who has served in that position for the past two years, has decided to step down. Joanne has been an effective leader and has worked hard to develop a level testing program for large animals. Many of our members have benefited from this program, which has been offered at 4-H Field Day for the past two years. We are grateful for the time she has put into expanding our large animal science program and thank her for her efforts!

The Large Animal Science Key Leader serves a two-year term and is a member of the 4-H Program Development Board, which meets approximately four times a year. Experience in a large animal project (beef, sheep, swine, goats or horses) is encouraged. The Key Leader is responsible for the development and delivery of large animal science programs to 4-H members and adult volunteer leaders, chairs the Large Animal Science Program Development Committee, which consists of representatives of the large animal sciences, and works with chairperson(s) of events/activities in areas related to large animal science. In addition, this position serves as the liaison between the Large Animal Science Program Development Committee and 4-H County office staff.

If you are interested in serving in this position, or have any questions, please contact the 4-H office at 781-5943, or email Cindy Hansen at chansen@co.slo.ca.us.

SLO Scientists Learn Among the Oaks

Members of two SLO Scientist groups and their families from the San Luis Obispo and Santa Margarita clubs were treated to very special field trips during mid-October, courtesy of Beverly Gingg, educational specialist with the “Learning Among the Oaks” trail program.

The field trip site, a trail located adjacent to Santa Margarita School, is approximately fifteen acres of private Santa Margarita Ranch property. The hikes were offered in conjunction with the SLO Scientist study entitled, “Oak Woodland Wildlife.” Beverly pointed out the importance of our local oak woodland environment relating to the most common oaks in our area: the coast live oak, valley oak and the blue oak. It was truly amazing to be standing among oak trees over three hundred years old and to realize how critical and fascinating this oak environment is for so many creatures. What fun to learn that a hawk and an owl have a useful “timeshare” arrangement in these magnificent trees! Baby oaks have been carefully planted in this area and protected in a unique fashion to ensure their survival. During the SLO Scientist sessions, participants learn about habitat, niches, understanding animal coloration, woodpeckers and the oaks, and oak issues, all through fun, hands-on activities. Many thanks to Beverly for giving our SLO Scientist groups this wonderful opportunity to “learn among the oaks!”

Training for SLO Scientist Volunteer Facilitators

A training session for anyone interested in leading a small group of children & adults together in fun hands-on science SLO Scientist activities will be held Mon., 11/26/07 3:30—5:30pm. The two-hour session, led by Richard Enfield, will be held in the UCCE Auditorium. Becoming a SLO Scientist volunteer facilitator is a terrific opportunity for you, or another adult you may know, to be involved with children and adults in the community. For more information & to sign up for the upcoming session, please contact 4-H SLO Scientist Coordinator, Heather Dauer, at 781-5944.
SLO County 4-H YDP Newsletters are assembled each month by the Silver Streaks of the San Luis Obispo Senior Center.

SLO County 4-H Youth Development Program Calendar 2007-2008

**NOVEMBER 2007**

14  4-H Management Board Mtg, UC Auditorium, SLO  5:30 p.m.
16  - State 4-H Leader's Forum Asilomar
18

**DECEMBER 2007**

7  Last day to donate Toys at the 4-H office for TOYS FOR TOTS Program

**JANUARY 2008**

4  California Focus Deposit Deadline
26  Leader Appreciation & Training Day UC Auditorium, SLO

**FEBRUARY 2008**

9  SLO County 4-H Presentation Day Cal Poly Campus, SLO

**MARCH 2008**

8  4-H Sectional Presentation Day Cal Poly Campus, SLO
15  Statewide 4-H Record Book Training UCCE Office, Fresno, CA

**MAY 2008**

3  Fun with Food & Fashion Revue Laguna Middle School, SLO

**JUNE 2008**

TBD  4-H FIELD Day and Chicken-Q Paso Robles Event Center