



News & Views

JUNE 2010

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

FUN FACTS FOR 4-H FIELD DAY!

4-H Field Day is scheduled for [Saturday, June 12, 2010, from 8:00 a.m. – 2:30 p.m.](#) at the Paso Robles Event Center. **We wanted to give you a little more information about 4-H FIELD DAY:**

FAIRGROUNDS ENTRY will start at 6:30 a.m. for Large Animals to be accepted onto the Fairgrounds. Please enter at the Vehicle Entry "Rodeo Gate" off of Gregory Street and Riverside and then EXIT at the Rear Livestock "SHELL" Gate. The map also shows the areas for the pens and showmanship areas (Map also located on the www.slocounty4h.org website under Applications). Small Animals & Still Exhibits can be brought in through the front gate to the Fairgrounds. Parking is located across the street. The map also shows the location for these project animals and Still Exhibits.

STILL EXHIBIT JUDGING 9:00 a.m.—10:30 a.m. Commercial Bldg #2 will be Closed for Still Exhibit Judging

SILENT AUCTION. Please take a look at the wonderful items donated by each of our clubs and **make a bid** (or several) from **10:30 a.m. – 1:00 p.m.**

LEVEL TESTING will be offered in Large Animal Science and Poultry—See map for location.

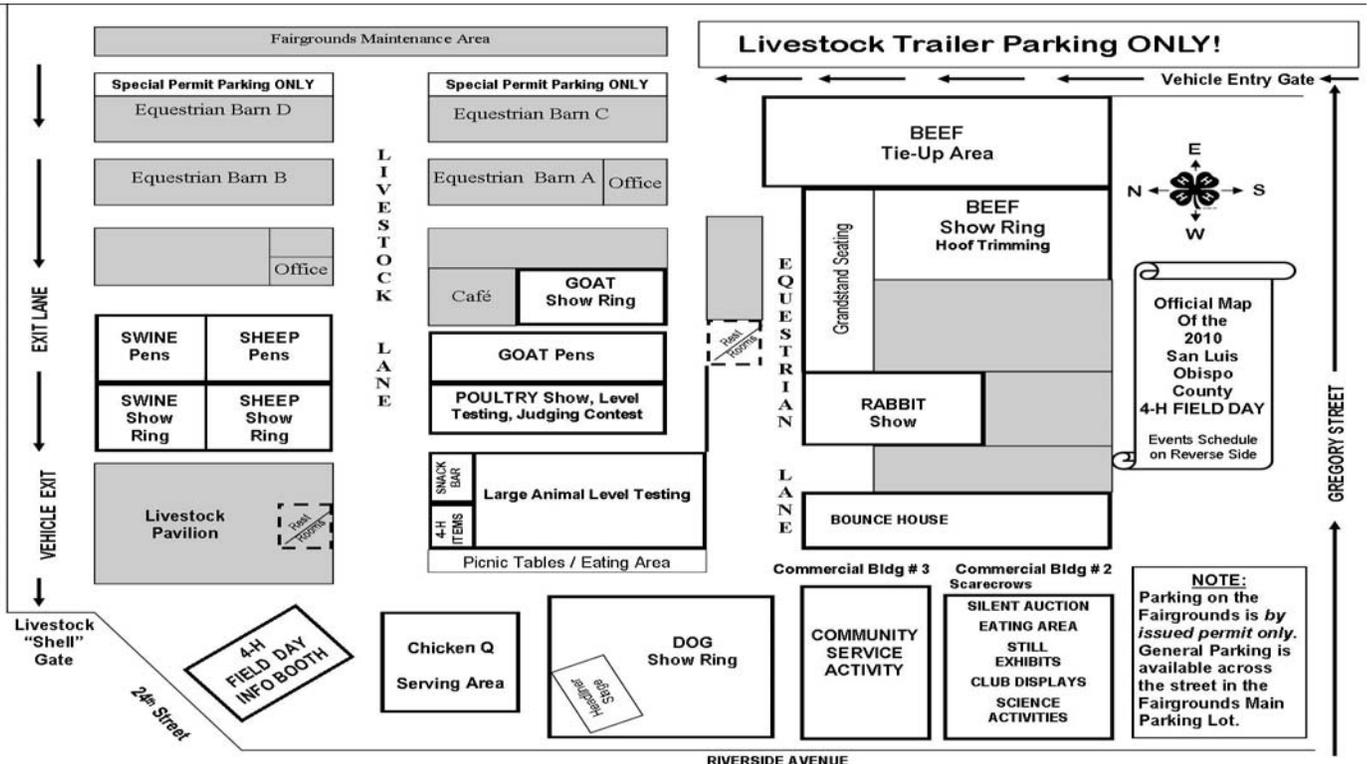
HOOF TRIMMING available to members entered in Beef Div. # 350 Cost \$25.00.

POULTRY JUDGING CONTEST 8:30 –11:00 a.m. Open to all 4-H youth

SET ACTIVITY. There will be Science, Engineering & Technology activities **for all to enjoy beginning at 11:00 a.m. in Commercial Bldg. # 2.**

COMMUNITY SERVICE ACTIVITY will be offered in Commercial Bldg. # 3.

BOUNCE HOUSE \$3.00 for all day play. If you have any questions, please contact the 4-H Office at 781-5943.



SLO County's 4-H website is:
<http://www.slocounty4h.org>
State 4-H website: <http://www.ca4h.org>
SAFETY NOTES: <http://safety.ucanr.org/4h/>

National & State 4-H News

- **Help Staff 4-H Booth at California State Fair:** Once again The California 4-H Foundation is recruiting 4-H members and leaders to help staff the 4-H booth at the California State Fair (July 14 - August 1). This is a great opportunity for 4-H members and volunteers to share with the public their 4-H experiences, as well as, the wide range of projects and leadership opportunities that are available to youth through participation in the California 4-H Youth Development Program. Small 4-H projects are welcome to accompany you (robots, rabbits, arts/crafts, service dogs, etc.) to give the public a "feel" for what types of projects are available. Examples of service projects also make for good stories to share with the public. Please feel free to bring photo albums or record books with you to show anyone who may be interested in learning even more about your 4-H project. Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed. Each shift must have two adults in the booth at all times. To sign-up, please visit <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4887>
- Would you like to share your 4-H experience with another 4-H'er that lives across the country? A group of 4-H'ers in the state of Maine are wishing to begin a **pen pal project** with a California 4-H group. If you are interested please contact Pat English at: pnenglish@ucdavis.edu or 530-754-8520.
- **Range camp** is a week-long program for high school students (14-18) which focuses on environmental science and natural resource management. This year's camp will run from Sunday, **6/20** to Friday, **6/25**, at the **Elkus Youth Ranch in Half Moon Bay**. In addition to lectures and outdoor activities related to these topics, we'll be discussing professional careers and related fields of study at the college/university level. The camp brochure, announcement flyer, and application forms can all be downloaded from the bottom of <http://www.rangelands.org/casrm/HTML/rangecamps.html>.
- 4-H members involved in sheep projects may be interested to plan ahead and attend the 2011 **National ASI Convention**, planned for **January 19-22, 2011** in Reno, NV. You may visit the American Sheep Industry site, http://www.sheepusa.org/Future_Convention_Dates for more information. Please note: There is currently no CA funding available to assistance with attendance.

For more information from the STATE 4-H OFFICE, visit
<http://ca4h.org/4hresource/updates/>

- *To access a computer or websites call the 4-H office 781-5943.*

News & Views is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. *News & Views* is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.



Please submit articles and photos by the 15th of each month to:

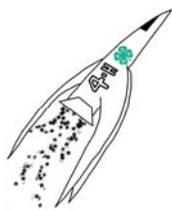
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San Luis Obispo, CA 93401
(805) 781-5943 / dharris@co.slo.ca.us

A handwritten signature in black ink, appearing to read 'Richard P. Enfield'.

Richard P. Enfield,
4-H Youth Development Advisor

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No endorsement of named products and/or companies is intended, nor is criticism implied of similar products and/or companies which are not mentioned. Persons with special needs wishing to attend a program should contact the 4-H Office in advance. Efforts will be made to accommodate your special needs.



2010: A Food, Art & Fashion Odyssey

We had a *packed house* for the **Food & Arts Celebration and Fashion Revue** on Saturday, April 24, 2010. The level of creativity and skill on display was exciting to see. Over 200 4-H youth displayed an exhibit or modeled an outfit or item made by them at a 4-H project. In addition to the many exhibits and the Fashion Revue Program, a variety of fun and educational activities were offered, including: decorating an ID necklace, making "preemie hats" in a Community Service activity, testing knowledge in a judging activity, learning scale by making a drawing and enlarging or reducing the size of that drawing (this skill can be used to adjust sewing patterns too), and last but certainly not least, *learning the 4-H pledge in sign language*.

Thank you to the 100-plus volunteers who made this event possible, including many 4-H youth and parents. And a HUGE thank you to Julia Stanfill, Home Ec Key Leader, Debbie Geaslen, Event Chair, and the Home Ec Committee members for their time and commitment *throughout the year*. They put in many, many hours to plan and organize this event and, as every experienced volunteer knows, events don't just happen they are created by good people doing good work. We also want to thank the **All Stars**, Alexis Aguirre, Anthony Aguirre and Emily Von Dollen, who did a delightful job emceeing the event and worked behind the scenes to design and create the stage decorations.

Congratulations to all our entrants and a special "well done" to our **Division Winners!** For those who didn't participate this year, we hope to see you next year. This is an experience you won't want to miss!! *P.S.— There are still a few garments that were not picked up after the Fashion Revue, please come to the 4-H office to pick them up.*

FASHION REVUE DIVISION WINNERS:

Construction Category Casual/Traditional:

Novice: Penelope Kibbe — EDNA;

Junior: AnnaSara Bridgeford — EDNA;

Intermediate: Emily Lewis — EDNA;

Advanced Senior: Emily Von Dollen — Rio Rancheros

Costume Category:

Advanced Senior: Sebastian Andrus — Pozo

State Challenge—Vest:

Novice: Evy Cooper - Carrisa Plains;

Junior: Fannie Osran - Templeton

**Please see Page 5 for
Food & Arts Celebration
Division Winners.**



4-H NEWS

Two of our club members attended the Medieval "The Age of Discovery" 4-H Youth Camp April 30th through May 2nd and came back with smiles on their faces! I, Claire Nunez, was one of those two. I had the most enjoyable time ever, this being my first time at camp. We used leather stamps on leather to make our name tags, we made catapults and tried them out with real raw eggs, and we slept in rustic cabins which had one parent and one camp counselor. Our cabin counselor was Alexis, one of the All-Stars. (Thanks, Alexis. You made my time even more enjoyable). We had many good snacks and meals. We played outside games and went on a hike. We sat around the fire and performed skits. We studied the stars, and stayed up late, got up at seven and learned about the medieval time period. I am positive everyone had as much fun as I did! I want to thank all the camp counselors and cooks and all the people who either came, or helped make this happen. We ALL had a great time! Submitted by: Claire Nunez, Adobe Nipomo 4-H Club



What's Your Spark?

Spark you say? Yes, *spark!* Sparks live inside each of us, even kids. Sparks are what get you excited, make you want to get out of bed in the morning. Sparks are your passion and give you meaning. According to Peter Benson, of the Search Institute and author of Sparks, How Parents Can Help Ignite the Hidden Strengths of Teenagers, "**Sparks, when illuminated and nurtured---give young people joy, energy, and direction. They have the power to change a young person's life from one of 'surviving' to 'thriving'.**"

Youth who know their spark and how to ignite it **feel good about themselves**. They have meaning and purpose in their lives and positive outlooks of the future. In fact, research conducted by Benson and others have found that teens who have identified their sparks and have adults in their lives who nurture the spark, thrive in many areas including school attendance and academic performance. They are more likely to be healthy and socially competent, and experience less depression and engage in less violence.



Sparks come in many forms. They can be musical, athletic, intellectual, academic, or relational. A spark can be a passion for playing the guitar to doing community service projects. **When sparks are known and acted upon, youth come to a life-changing insight, my life has purpose!** Parents and other caring adults in young people's lives (such as 4-H volunteer leaders) can champion the sparks in kid's lives. Often youth need someone to help them find their spark, other times they need the nurturing and support to pursue the spark.

Over the coming months, the California 4-H Youth Development Program with funding from the Thrive Foundation for Youth, will be introducing training and activities to help 4-H volunteers and parents become spark champions and **start youth off on a lifetime of thriving.**



Article by Sharon Junge, Acting Director, Statewide 4-H YDP and Center for Youth Development.
Reprinted from *Updates from the California State 4-H Office*

4-H MEMBER OPPORTUNITIES & NEWS



THE PRESIDENT'S VOLUNTEER SERVICE AWARD

Reminder: The President's Volunteer Service Award applications are **due** in the 4-H office by **June 30th**, 2010.

If you have questions on how to fill out your application contact Karen Ludwig, Community Service Key Leader, at 466-1216. If you have misplaced your application you may download one from slocounty4h.org under Applications.

Volunteer Opportunity

The Morro Bay 4th of July Committee is looking for volunteers to help out at an Old fashioned Fireworks the weekend of July 3 and 4; or just one day of the weekend. The activity is "family friendly," with no alcohol sold. Hours are flexible and any assistance would be appreciated with the following tasks: take tickets or assist with games, activities and the parade. If you would like to volunteer, please call Donna Kennedy at (805) 440-9263 or email d.kennedy@kennedy4citycouncil.com The website address is www.morrobay4th.org



4-H Alumni Reunion



The 4-H Foundation is sponsoring a 4-H Alumni Reunion as an opportunity for alumni to re-engage, learn about 4-H today, share stories and meet up with old friends. If you are an alumnus, the 4-H Foundation wants to hear your stories, draw on your experience and expertise, and gather information about how 4-H has impacted your life and the state as a whole.

The Reunion will take place **July 30, 2010, on the UC Davis campus**. For more information, to be added to the mailing list for this event, or to share your 4-H story, please contact Annette Leeland at aleeland@ucdavis.edu. The Alumni Reunion will be hosted by the 2010 State Ambassadors (formerly known as Diamond Stars) in conjunction with the 4-H State Leadership Conference.

FOOD & ARTS CELEBRATION DIVISION WINNERS:

DIVISION	Novice	Junior	Intermediate	Senior
Animal Foods	Karley Pimentel, Huasna Valley	Audrianna Lemons, Nipomo	N/A	David Paine, Huasna Valley
Arts & Crafts	Meg Stern, Cambria	Tara Covell, Cambria	Reba Taylor, Cambria	Ben Leitcher, Rolling Hills
Cake Decorating	Ciena Menane, Adobe Nipomo	Allison Noller, Nipomo	Corryn LaRue, Templeton	Riley Nilsen, Nipomo
Foods	Evan Nilsen, Nipomo	Gudrun Derickson, Rio Rancheros	Maren Cracknell, Rio Rancheros	Sam Franklin, Rio Rancheros
Mini Gardens	Anthony Aguirre, Santa Margarita	Audrianna Lemons Nipomo	Kathryne Marke, Adobe Nipomo	Alexis Aguirre, Santa Margarita
Photography	Spencer Caserio, Cambria	N/A	Sophie Johnston, Cerro Alto	N/A
Place Setting	Amy Morris, Canyon Country	Audrey Roben, Rio Rancheros	Reba Taylor, Cambria	N/A
Poster	Emily Patterson, Cerro Alto	Audrianna Lemons Nipomo	Isaac Parrish, Ranchita Canyon	Heidi Werner, Nipomo
Scrapbook	Michaela Hicks, Adobe Nipomo	Amanda Silva, Nipomo	Cody Leatham, El Camino	N/A
Textile Arts	Mackenzie Ramsey Templeton	Noa Kamplain, Templeton	N/A	N/A

4-H NEWS

Leader Recognition Award/State 4-H Leaders' Forum

The SLO Co. 4-H Adult Leadership Committee is seeking nominations of outstanding adult volunteers to receive the 2010 *Leader Recognition Award*. The award is \$229.22, which includes the conference fee, meals, and lodging for the **State 4-H Leaders' Forum** at Asilomar Conference Grounds, Pacific Grove on **November 5-7, 2010**. The Leaders' Forum offers volunteers an opportunity to enjoy the camaraderie of other 4-H volunteers, share ideas, and learn new skills in their choice of fun workshops—all in a beautiful ocean side setting. This year's forum, "Upgrade, S.E.T. Your System, GO!", will focus on the Science, Engineering, and Technology Initiative, and how S.E.T. can be integrated into existing projects and events.

This year five (5) nominees from San Luis Obispo county will be selected to receive the award.

Nomination Criteria:

- 1) has been a leader for two years and has re-enrolled for the new program year;
- 2) evidence of outstanding teaching/leadership skills;
- 3) has not received this award in the last three years.

Clubs, adult volunteers, and 4-H members may all nominate leaders for this wonderful award. Leaders may even elect to nominate themselves. If you are nominating someone, please check with them to make sure they will be able to attend the Forum! Leader Recognition Award Nomination Forms are available through your Community Club Leader and online at slocounty4h.org. Nominations are **due June 25, 2010** in the 4-H Office. If you have questions, please call Evelyn Rockwell at 466-4383.

Leaders need not be recipients of the *Leader Recognition Award* to attend the State Leaders' Forum. **All 4-H leaders are eligible and encouraged to attend.** More information about the forum is available online at <http://ca4h.org/conference/slf/>. Conference registrations are due by September 1, 2010.

Community Service Award The Community Service Program Development Committee wants your nomination(s) of an outstanding 4-H youth, adult or family to receive a 2010 ***Community Service Award***. To clarify, a *4-H adult* is defined as a certified 4-H adult volunteer and/or leader. Similarly, a *4-H family* must have at least one youth member or certified adult volunteer to be eligible for the award. Adults and families who do not fit the above criteria may be better suited for nomination as a *Friend of 4-H* award candidate.

Nominations can be submitted by any 4-H member or volunteer. If you know an individual or family who continuously gives of themselves, now is your chance to help them receive the recognition they deserve! The nominations will be reviewed, and then one award will be presented in the Youth, Adult, and Family categories at 4-H Achievement Night in October.

How to nominate someone:

Please write a half-page to one page letter explaining why you think your nominee deserves the award. In order to maintain fairness in the selection process, **do not** include your nominee's name in the letter. Then, on a separate piece of paper, write your name, address, and phone number, along with the name of the person or family you are nominating.

Please feel free to nominate as many individuals or families you feel deserve this award. Nominations are due in the 4-H Office by **July 16, 2010**. You can mail them to the 4-H Office at 2156 Sierra Way, Suite C, San Luis Obispo, CA 93401, or email them to jmaggiore@co.slo.ca.us. Alternatively, you can fax your nomination to 781-4316. If you have any questions about the *Community Service Award*, please call Karen Ludwig, Community Service Committee Chair, at 466-1216.



The third annual **4-H National Youth Science Day** will be held on **Wednesday, October 6, 2010**. The 2010 National Science Experiment will **focus on Water Quality — 4-H2O** and climate change. Using a three-tiered experiment model, the experiment engages youth of all ages to learn at the simplest level how carbon dioxide can affect aquatic animals, plants and other living organisms in lakes, streams, rivers and oceans. The experiment will allow youth to measure their own carbon footprint, their family's footprint, and estimate energy savings by looking at gas and electric bills. **Look for updated information in future News & Views**. In the meantime, if you'd like to read more about the experiment visit <https://www.4-h.org/NYSD/2010experiment.php>

Need a tried and tested way to quickly explain physical science and engineering concepts? Check out **Design Squad's new library of 42 downloadable animations!** These short videos are linked to national standards and categorized into seven topic areas. See them at http://pbskids.org/designsquad/parentseducators/download_animations.html

Horizon Fuel Cell is introducing **Green Technology Science Education Tools!** They have over 10 science kits to choose from, including miniature wind turbines and hydrogen fuel cars. For a complete listing of kits, visit http://www.horizonfuelcell.com/files/Education_Series_PDF.pdf

The **4-H SET Activity Guide** is available for download. Want to increase interest and enthusiasm for 4-H SET? Need an activity for a 4-H Club or Project meeting? The guide provides fast and fun science and engineering activities prepared to be SET-Ready. The activities allow youth to have hands-on experiences with a variety of science and engineering topics. Download the guide at <http://www.ca4h.org/SET/curriculum/index.asp?ID=30>

Earth Science Week is October 10-16, 2010, right after National 4-H Week! This year's theme is "Exploring Energy." Visit www.earthsciweek.org for activities to help youth learn the geoscience behind Earth's climate.

For more SET ideas and opportunities see a complete list in **4-H SET UPDATES** at <http://www.ca4h.org/SET/updates/index.asp>

**For more INFORMATION about S.E.T. UPDATES visit
<http://ca4h.org/SET/updates/index.asp>**

4-H SLO SCIENTISTS NEWS

Earthquake Central SLO SCIENTISTS PROGRAM

There sure have been a lot of earthquakes in the news recently: Haiti, Chile, Baja Mexico, China. The destructive power of earthquakes has flashed onto the news repeatedly in recent weeks in a sobering reminder to those of us who have experienced earthquake activity here on the Central Coast. A group of 4-H kids in Los Osos has been right on top of all of this earthquake activity, participating in a program called **Beyond Duck, Cover and Hold**. Thanks to the 4-H SET program these students have had the opportunity to understand the origins, nature and effects of earthquakes. And how best to protect against the damage and injury that earthquakes can cause.

Lauren Brown, a retired scientist from San Luis Obispo, has been leading these students, along with one of their parents, in explorations of earthquakes through a series of hands-on experiments. Among other activities, the 4-Hers set up a scale for measuring the magnitude of 'table-quakes'. They also built bridges and skyscrapers using plastic straws, paper clips and pins and then compared their stability during different levels of 'table-quakes'! And some of these skyscrapers and bridges showed impressive staying power.



On April 10, the Los Osos 4-H group continued their study of earthquakes with a field trip to the Carrizo Plains National Monument. There they explored dramatic evidence of earthquakes along the trace of the San Andreas Fault. They were introduced to scarps, sag ponds and beheaded streams. Perhaps, most dramatically, they saw how the stream-bed of Wallace Creek had been shifted hundreds of feet by a series of earthquakes on the San Andreas Fault over thousands of years. Here's Lauren with 4-H members Meredith Casteel, Austin Dove, Tanner Stitt, Hannah Turner and some family members at Wallace Creek.



Beyond Duck, Cover & Hold



What do marshmallows, jello, and toothpicks have in common?

EARTHQUAKES!

You will shake, rattle, and roll as you explore earthquakes, seismic waves, and seismograms.

Discover if your community is ready for an earth moving experience!

This article continued on the next page.

4-H SLO SCIENTISTS NEWS

The group had an interesting way to visualize how far the San Andreas Fault would move if an earthquake the size of the 1857 Fort Tejon quake happened again. Here's the group shaking hands across the fault line separating the Pacific Plate and the North American Plate, before and after a 40-ft shift caused by the simulated earthquake of the magnitude that happened more than 150 years ago!



Their study culminates with a focus on steps families can take in their homes so they can be better prepared when the next earthquake strikes our area. Along the way, the team has learned how much fun it can be to do hands-on science!

SLO SCIENTISTS: On Saturday April 17th, SLO Scientists: Alina Candelario, Pearl & Josh Morrison, and Cruz Godar, their parents, and facilitators Julie Fallon and Gary Corsiglia had a hard time deciding which college student-built structure should receive their People's Choice votes. The *Cal Poly Design Village Weekend Competition* has become a regular field trip for the participants in the **SLO Science "Imagineering" Study**. The temporarily constructed Design Village structures "Landfill Luxury 2010" were built from various found (recycled, reused) items: aluminum cans, plastic bottles, cardboard boxes, builder's waste materials, shop banners, and PVC pipe. The thinking behind the student structures was not that different from the "Imagineering" structures the SLO Scientists build using spaghetti, straws, toothpicks, string, paper, and sticky labels. Thinking outside the box is required for both.

By the way, the winner of the People's Choice was #15 The Diablo Valley College A.C.E. Club, which was Pearl's favorite. Submitted: By Gary Corsiglia, SLO SCIENTIST Facilitator



Picture on Left: Josh, Cruz, and Pearl with two college participants in front of the aluminum can paneled shelter.

Picture on Right: Pearl, Josh, and Cruz on the permanent geodesic dome in Poly Canyon.

4-H CLUB NEWS

CERRO ALTO: At the last Bread-Making Meeting we ended the year with a sweet treat! The members frosted chocolate cupcakes with white icing. We worked on Record Books. We talked about how much we had grown and what we had learned this year. Some of the things we learned were about were proper tools for baking, how important math is in baking, and how to be a leader. We were all proud of Alisa Brock for getting an award for the Food, Fun, and Fashion Odyssey. Sarah Nunez ended the meeting with a presentation on No bake Cookies that we all got to try. YUM! The last meeting on May 13th was full of fun and food, like always. Thanks to our Junior leaders and Tracy Johnston for giving all of us a great year of 4-H. Submitted by: Cameron Strobridge

On 4/7/10 the **Huasna Valley 4-H Club Horse Group**, took their members on a trail ride on the beautiful Allen Ranch in the Huasna Valley. The group enjoyed riding in the gorgeous spring weather and looking at all the wild flowers along the trail. Submitted by: Daniel Zimmerman, Reporter

On May 4th, the **Cerro Alto 4H Horse Group** had their last meeting of the year at leader Tracey Johnston's house. They worked on Project Journal Reports and PDR's. Everyone got a chance to have any questions they had answered. They had two presentations; one by Faith Patterson on "What to Bring to a Show" and one by Jenna Winslow on "Happy Hoof Care". Anyone planning to ride during the fair will be notified by email of future meetings and practice riding times.

The **Ranchita Canyon 4-H** group had many members participate at the Food and Arts Celebration in San Luis Obispo on April 24th. We had members from the Sewing, Cooking and Photography projects attend. Chassey Coelho won a ribbon for sewing an awesome apron. Emma Dart went to finals and won a blue ribbon for her delectable Banana Chip Bread. Isaac Parrish wowed the judges with his photography entries. There were many other happy ribbon winners from our group, just too many to mention. {You know who you are!! :) } We are looking forward to field day on the 12th of June with many members planning to attend. All projects are also preparing and working hard for the 2010 Mid-State Fair. Submitted by: Maureen Pushea, Ranchita Canyon Reporter

The **Morro Bay 4-H Club** had a great presentation by County All Stars Anthony and Alexis Aguirre on how to become an All Star and what an All Star does at the May Club meeting. 4-H member Sarah Sandoval had members bring dry cat food to donate to the Feline Network. Holland Rugebregt gave a report on Fashion Revue; she had fun, and won a gold medal on her dress. Dustin Limon gave a report on 4-H Camp he also had a great time, and showed us the catapult he made at camp. On May 15th our club held a Farm Olympics Event at our 4-H Farm. The Committee organized 8 events, where 5 teams rotated to each event. Events where, brand identification, roping a dummy steer, casting a fishing lure into hoops, hay bale stacking, egg relay, feed identification, judging rabbit cages/habitats, and a wheel barrow relay. We also had members decorate paper place mats for Memorial Day to give to the Bayside Care Facility. We ended the day with a BBQ and awards. Thank you to Cindy Hansen and Denise Harris from the County 4-H Office for coming out to visit our event. Submitted by Riley Haas



The **Los Alegres 4-H Club** held their general meeting on May 10th discussing past achievements and preparing for next year with the election of their officers. Los Alegres recognized Sara for her success in earning High Point in riding English. Kallie and Luke shared their experiences at the 4-H Youth Camp where they learned to sign the 4-H pledge, did soap sculpting and Luke placed 3rd with his egg catapult. The Club is gearing up for Field Day by having members bring their projects to the next General Meeting, being held on June 14th, to practice showmanship and presentations. The Los Alegres Club is making preparations for the Santa Barbara County Fair and to get their Record Books pulled together for review. The meeting was concluded with the members' excitement about ordering Los Alegres shirts, T-shirts and tank tops to wear at any upcoming events!



4-H CLUB NEWS

Ranchita Canyon 4-H Has Been Horsing Around!

By Karlee Anderson

The Ranchita Canyon 4-H Horse Group made their debut as a new group this 2009-2010 4-H Program Year and has not pulled back on their reigns yet.

It all began in January where the eight member of the horse group went on exclusive tour of the Estrella Large Animal Hospital. There they asked questions regarding "patients" and what specific surgeries entail. February 21 was also a horse medicine lesson where the Ranchita Canyon 4-H horse group watched as a horse chiropractor adjusted a horse using pulsating tools and smart hands at Horsten Ranch. During this lesson the member were encouraged to actually assist the chiropractors so they could feel what adjustments were needed. Just three short days later, Horse Written Level Testing was passed by two of their members. March 20 was a shining moment for Ranchita Canyon's Annie Beckham as she placed in several of her events at the Creston Gymkhana show. Just one month later April 9, the group watched a demonstration based primarily about pure bred Spanish horses at the Yeguada Marquesa Ranch.

As horse groups are hardly ever to actually demonstrate what they do, due to the nature of their animal, the horse group really stood out on April 12 as they had their "horse," Trigger, stand on stage as the members demonstrated basic first aid procedures. The only thing Trigger didn't have in common with regular horses was the fact that he was actually two 4-H moms in a costume! 4-H Field Day was also eventful for Ranchita Canyon as Karlee Anderson received senior high point, Sammie Anderson received reserve high point in the senior division and Annie Beckham played top six in all of her classes. Currently the Ranchita Canyon 4-H group is looking to their May event of roping, barrel racing and fun at the McClenny Ranch. We would like to thank our fearless leader Brian Beckham for all his hard work this year.



The **Adobe Nipomo 4H Poultry Group** were invited to go to fellow members', Emily & Eric VanRyn's home for an educational tour. They demonstrated how to show a bird for showmanship and how to properly care for your bird. We were introduced to a turkey that they are raising for Santa Barbara County Fair, along with many different breeds of chickens, such as Americaunas, Buff Orpingtons, Plymouth Barred Rocks, Silkies, D'Ucles, Golden Sex Links, Cochins, , Bantams and many more. We also got to see and hold some 1-3 day old chicks hatched from their incubator. We ended the tour with cookies, cake, soda and juice. It was a fun, exciting and great learning experience. Our thanks and appreciation go out to the Van Ryn family for sharing their knowledge and opening their home to the Adobe Nipomo 4H Poultry Group. Submitted by Katie Marke, Jr. Leader, Adobe Nipomo 4H Poultry Group





University of California
Cooperative Extension
4-H Youth Development Program
2156 Sierra Way, Suite C
San Luis Obispo, CA 93401-4556

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SLO County 4-H Youth Development Program Calendar 2010

JUNE 2010

- 4 Silent Auction Baskets DUE to 4-H Office
- 12 **4-H Field Day/Chicken-Q at the Paso Robles Event Center**
- 25 Leader Recognition Nominations DUE
- 25-29 California Citizenship Focus, Sacramento, CA
- 30 President's Volunteer Service Award Forms Due

JULY 2010

- 9 **2010-11 Re-enrollment Forms Due to 4-H Ofc**
- 14 - 8/1 CALIFORNIA STATE FAIR
- 14 - 18 SANTA BARBARA COUNTY FAIR
- 16 Community Service Award Nominations Due
- 21 - 8/1 MID-STATE FAIR
- 29 - 8/1 State 4-H Leadership Conference, UC Davis

AUGUST 2010

- 6 **Record Books Due at the 4-H office**
- 11 Record Book JUDGES TRAINING, UCCE Auditorium, SLO 6:30 Dinner, 7 pm Training Starts
- 14 RECORD BOOK JUDGING DAY

OCTOBER 2010

- 2 SLO County's 4-H ACHIEVEMENT NIGHT 7 pm, SLO Vet's Hall 801 Grand Ave., SLO
- 17 Officer & Jr./Teen Leader Training Workshop SLO Vet's Hall 801 Grand Ave., SLO

NOVEMBER 2010

- 5-7 State 4-H Leader's Forum Asilomar, Pacific Grove, CA