



# NEWS & VIEWS

JANUARY 2005

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

## A Season of Hands & Hearts

While most folks were out and about with their holiday shopping – 4-H was out among the community with their hands and hearts. Busy 4-H hands collected toys, food, and clothing for some of the organizations that serve the under-privileged in San Luis Obispo County. Behind this commitment to help their communities is a 4-H heart driving them to help make a better tomorrow today.



Kaitlin Sally-Trulock brought in toys collected by Huasna Valley 4-H for Toys 4 Tots.

This time of year is possibly the busiest for 4-H clubs, because not only are they helping others, 4-H was participating in the local parades and showing the public what 4-H has to offer in order to make the best better. It is definitely a healthy time of year.



Templeton 4-H: Front left to right, Paige Viellente and Eryn Becker; Back left to right U.S. Marine Corps Reservists.

As 4-H reached out to others, 4-H was touched too. Recently at the Templeton General 4-H meeting on December



Nipomo Foothill 4-H Club on parade for the holidays.

1st, four members of the United States Marine Corps Reserve arrived in full dress uniform. Each Marine Corps Reservist presented himself and gave a brief speech about their service careers. “These gentlemen had everyone on the edge of their seats and everyone was so quiet while listening to these men and their stories. It was very

moving”, said Loretta Mazzo, Comm. Club Leader.

The holiday season has ended and the New Year begins. But 4-H hands and hearts will still lend a hand in their communities because they will always be a part of the heart of it.

### Past State Ambassadors: Experiences In Review

By Brandon Emerson, Past State Ambassador

It is that time of year again and the deadline for State Ambassador applications is coming up March 31, 2005. Brandon Emerson and Nakia Wheeler, 03-04 State Ambassadors and Denise Emerson, 03-04 State Ambassador Advisor will look back on their year with fondness.

Being a State Ambassador was always an adventure. Espe-

cially with nineteen girls and one boy on the team. The team came from all over California. The State Ambassador Program has three major goals, represent 4-H in a positive way on all levels, develop and implement a Statewide Service Project, and to put together the California State 4-H Leadership Conference.

Sounds easy *Continued on page 4*

... inside ...

- Pass It On ..... 2**
- Presentation Day ..... 3**
- WRLF/Ambassadors ..... 4**
- Presentation Workshop ..... 5**
- Young Achiever/Auction ... 6**
- Youth Camp/Support 4-H .. 7**
- Calendar of Events ..... 8**

## Pass It On...

**NEW:** SLO Co. Website: [www.clubs.ca4h.org/sanluisobispo/](http://www.clubs.ca4h.org/sanluisobispo/).  
California 4-H Website: [www.ca4h.org](http://www.ca4h.org). 4-H USA website:  
[www.4husa.org](http://www.4husa.org) National 4-H website: [www.4-h.org](http://www.4-h.org).

**State 4-H Web Server!** 4-H Clubs may register for space on the State 4-H Web Server. Go to <http://clubs.ca4h.org> for more information.

**2005 4-H Beekeeping Essay Contest** rules and guidelines are now available at <http://ca4h.org/4hresource/ir/>. The contest is conducted by The Foundation for the Preservation of Honeybees, Inc. Essays are **due February 11, 2005**.

**2005 4-H Japanese Exchange program** will host a delegation of at least 30 Japanese teens, between the ages of 12 and 16, for one month this summer 2005 from July 23 to August 20. Applications are now available online at <http://ca4h.org/exchange/japanese/>. For more info contact Pat English at 530/754-8250 or [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu).

**Avian Science Day**, are you poultry crazy? The Avian Science Day is February 5, 2005 at UC Davis. For more info call 781-5943.

**Citizenship Programs:** 2005 California Focus, June 17—21, 2005. Washington Focus, June thru July 2005. For more information go to <http://ca4h.org/4hinfo/calendar/> or call Pat English, 530/754-8250.

**2005 Horse Leadership Conference** is scheduled for February 12, 2005 and the Annual Horse Advisory Board meeting will be February 13th. Both will be held at CSU Fresno all the registration materials, can be found on the state horse website. [www.cal4horse.com](http://www.cal4horse.com). Questions? Contact Jazz Stables at (530) 754-5809, or email her at [jstables@ucdavis.edu](mailto:jstables@ucdavis.edu).

**Heifer Update.** Mid-State Fair should have received proof of ownership as of December 15, 2004. Project Agreement Forms must be completed and returned to the California Mid-State Fair Office no later than Friday, January 14, 2005. Heifers must be bred to calve between September 1st and December 1, 2005. Therefore, they must be bred no later than March 1, 2005. If you have met the first ownership deadline of December 15, 2004, and subsequently, received approval from Fair Management, a substitute heifer may be allowed only if a health or breeding problem occurs; and, is owned by the exhibitor on or before Friday, April 1, 2005. Note: The Fair Administration Office will be closed through Sunday January 2, 2004. If you have any questions, please call Joni Bennion at 239-0655.

**Hunter Safety.** If interested call Madaline Farris at 543-0429.

If you have no computer, call the 4-H Office at 781-5943 for assistance in obtaining any of the above information.

**news & views** is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. **news & views** is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County. Submit articles and photos by the 15th of each month to:

Jill Garcia, Editor  
4-H Office  
2156 Sierra Way, Suite C  
San Luis Obispo, CA 93401  
(805) 781-5943 / [jgarcia@co.slo.ca.us](mailto:jgarcia@co.slo.ca.us)



Richard P. Enfield,  
4-H Youth Development Advisor

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 300 Lakeside Drive, 6th Floor, Oakland, CA 94612-3550, (510) 987-0096.

No endorsement of named products and/or companies is intended, nor is criticism implied of similar products and/or companies which are not mentioned. Persons with special needs wishing to attend a program should contact the 4-H Office in advance. Efforts will be made to accommodate your special needs.

## Presenting...Presentation Day!

This is the season to be thinking about your presentations. Presentation Day 2005 is on its way and we encourage 4-H Members to participate in the 2005 San Luis Obispo County 4-H Presentation Day February 19, 2005. Taking part in Presentation Day is working towards public speaking and teaching skills. Members who plan and present presentations are experiencing several life skills: 1) Planning/Organizing, 2) Learning to Learn, and 3) Communication.

**San Luis Obispo County 4-H Presentation Day**  
**Saturday, February 19, 2005**  
**Cal Poly Campus**

**8:00a.m. Registration**  
**8:30a.m. Judges' Orientation**  
**9:00a.m. Opening Ceremonies**  
**9:30a.m. Judging Begins**  
**12:30p.m. Share-the-Fun, Awards, Closing**

All presentations must be based on a project that the child is currently enrolled in. Information on Regional Presentation Day will be distributed at County Presentation Day.

Judges, Room Monitors and Runners are needed. Please notify Karen Ludwig or Jill Garcia if you are interested. Questions may be directed to Karen Ludwig, Presentation Day Chair, 461-1977 or Jill Garcia, 4-H Office, 781-5943.

### Good Day Mate!

In this wonderful world of opportunities 4-H is full of shining ones. New to you from the State 4-H Office is an exciting exchange opportunity: Ambassadors to Australia! This outbound exchange is for 4-H members (ages 16-18), staff, or leaders. It will place the selected Ambassadors on working farms in the Victoria province, Australia from July 23- August 20, 2005. By traveling to a foreign

country 4-H members will gain a greater awareness of cultures around the world. It will also help with Life Skills in areas such as: accepting differences, nurturing relationships, and responsible citizenship. If your interested in this opportunity to experience a new country then contact Pat English at the State 4-H Office at (530) 754-8520 or email at [pnenglish@ucdavis.edu](mailto:pnenglish@ucdavis.edu).

Last one to call is a roo...sorry mates that's kangaroo to you.

## What 4-H Is:

This is a **HUGE** thank you to Mary Evans and her Cambria 4-H Swine group for making room for Mattie's hog, Pippin, in their pens at the Mid-State Fair in August. They had room because a couple of their hogs were underweight and those hogs had to go home. Our club, which was next to theirs, was really crowded. We had only 2 pens for 8 hogs.

Mary and her swine group welcomed us warmly, and the kids and Mattie helped each other "fit" on showmanship day. They really made us feel like we were a part of their group. What was really neat was to see these kids who had their hogs sent home were just as enthusiastic to help out and

participate as those who actually were able to exhibit their hog. Although inwardly they must have been very disappointed. That showed AMAZING team spirit! Mary and her club are team players who turned their own misfortune into a real relief for us.



### Three-Cheers for Cambria 4-H Swine!

The Clegg Family-- Mattie, Travis, Alyson and Jim  
Atascadero Broncos 4-H



## Fun with Food & Fashion

**May 7, 2005**

**Laguna Middle School**

Start planning those dishes and table decorations along with finding that perfect fabric and learning that smooth turn for the runway. Registration packets will be sent out February 2005.



# “Strike it Rich”

By Mignone Pollard, Assistant State Director

Only once every 13 years, does California 4-H host the Western Regional Leaders Forum. Eureka! We've struck it rich in 2005! **This year's WRLF will be held in Sacramento, California, on February 23-27, 2005.** The price is \$295.00 until January 12, 2005. Registration and detailed information can be found online at:

<http://www.ca4h.org/WRLF2005>.

The Forum provides an opportunity for 4-H volunteer leaders and staff to share their expertise and love for the 4-H program: their ideas and resources, skills to sharpen mentoring and teaching, and activities to engage youth in the 4-H program. Engage your head, heart, and hands while keeping the 4-H program healthy!

**HEAD:** Conference speakers David Henderson of National 4-H Council and Desmond Jolly, Ph.D. of the Small Farms Center will share experiences and humor while engaging our minds.

**HEART:** Our hearts will be touched by Papa Joe, the Doctor of Common Sense. Make connections with fellow delegates to last throughout the years!

**HANDS:** A Community Action Day will explore the ideals of youth-adult partnerships and service-learning while raising public awareness of 4-H.

**HEALTH:** Improve your 4-H health with workshops focusing on the “Marketing of 4-H”, and the “Elements of Positive Youth Development”.

**Come to WRLF 2005!** Join enthusiastic youth and adults for presentations, prizes, and “golden” ideas.

## State

### Ambassadors

*Continued from page 1*

enough, right?

Throughout the year plans were developed for our Service Project. For the 2003-2004 Program year our project was: “Making 4-H More Accessible.” The focus of our project was to help youth with disabilities get more out of 4-H. We chose to do this by finding a way to provide

resources to 4-H leaders. For several months we collected information on various disabilities and how leaders can get help or help members. Once the information was collected I brought it back to San Luis Obispo County and several Friday nights later Nakia and myself were able to finish writing the handbook. Now the hand-



*Left to Right: Denise Emerson, State Ambassador Advisor, Steven Worker, State 4-H Representative, Brandon Emerson, and Nakia Wheeler, State Ambassadors*

book is in most Counties and ready to be utilized.

Call Jill Garcia for a copy, 781-5943.

Along with the service project we would travel across the state and promote the 4-H Program. Groups of the team

would attend events such as the Ironstone Car Show where we would inform the public about 4-H. At the conferences we attended across the state we gave presentations to 4-H Members and Leaders about the Service Project and 4-H opportunities. One traveling opportunity that sticks out for me is the trip to Al-

berta Canada to participate in the Alberta Club Week.

The end of the fourteen month term is signaled by the arrival of the State Leadership Conference in August. Many hours went into planning the activities, sessions, and making everything run smoothly. In the end, friendships, fun memories and stronger life skills were the worthwhile rewards. Anyone interested in taking this opportunity should jump on it. Applications can be found online at: <http://ca4h.org/leadership/ambassador/2005-2006%20Ambassador%20Application.doc> or call the 4-H Office at 781-5943.

If you are 16 or older and have any questions about the process or experience, call Brandon Emerson at 528-7620. Take the chance and “Dare to Lead” as a State Ambassador.

## Presentation Day Workshop

As Presentation Day draws near it is always nice to get a few pointers. This year we have the place for you to get the pointers, the Presentation Day Workshop! This workshop will take place on Saturday January 15, 2005. Members who wish to at-

tend should call the 4-H Office at 781-5943, to see if there is still space available.

**Saturday January 15, 2005**

**9:30a.m. – 3:00p.m.**

**UCCE Auditorium.**



---

## MANAGEMENT AND PROGRAM DEVELOPMENT BOARDS

---

The San Luis Obispo County 4-H Management Team is one of the essential parts of the San Luis Obispo County 4-H Youth Development Program. The team provides guidance to the 4-H program as a whole. The Management Team is made up of Adult Directors, the 4-H All Stars, and a Collegiate 4-H Representative. The 2004-2005 San Luis Obispo County Management Team members are:

**Shawn Callaway**

*Team Director*

**Carla Borchard**

*Assistant Team Director*

**Ruth Sutherland**

*Past Team Director*

**Ken Dewar**

*Fundraising Director*

**JoAnn Overbey**

*Awards Director*

**Evelyn Rockwell**

*Budget Director*

**Dana Azevedo**

*Visibility Director*

**Deanna Teixeira**

*Secretary*

**Ruben Cavanillas**

*Regional Council Delegate*



**Kelly Bishop**

*Collegiate 4-H Representative*

**Kellan Candee**

*All Star*

**Natori Coleman**

*All Star*

**Oni Ludwig**

*All Star*

**Lisa Roden**

*All Star*

**Maria Saucedo**

*All Star*

**Hayley Borchard**

*Senior All Star*

**Travis Emerson**

*Senior All Star*

**Chelsea Leitcher**

*Senior All Star*

The San Luis Obispo County 4-H Program Development Board has members that focus on a certain area of the 4-H program. Throughout the year they

work towards putting on events such as Presentation Day, Fun with Food and Fashion, and Youth Leadership Camp. If your club needs help in developing a project, the Program Development Board can assist you. If you would like to help out on a committee or at an event feel free to let us know! 4-H Program Development Board members are:

**Evelyn Rockwell**

*Adult Leadership*

**Susan Traglia**

*Animal Science*

**Karen Ludwig**

*Community Service*

**Julia Stanfill**

*Home Economics*

**Suzi Kingsley**

*Science and Technology*

**JoAnn Overbey**

*Small Animal Science*

**Denise Emerson**

*Youth Leadership*

Improving the 4-H experience for everyone takes dedication to the 4-H Program. Thank You Management Team and Program Development Board, for everything you do.

## Young Achiever Nominations!

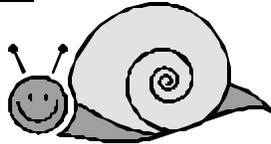
The San Luis Obispo County 4-H Youth Development Program has been participating in the Young Achiever Program, in partnership with the USDA, the State 4-H Program Director's office and the International Leadership Network for the past seven years. Over 200 young people have been recognized in San Luis Obispo County.

For 2005, San Luis Obispo County 4-H will be participating in the Young Achiever Program for 5th through 10th graders only. Another change is that nominators cannot be a parent/guardian or relative of the nominee.

Do you know a 4-H member who excels in a variety of areas such as academics, art, music, sports and/or theater; and exhibits leadership and has a positive interest in their communities? Please take a few minutes right now and call your Community Club Leader or the 4-H Office.

Nominations (postmarks accepted) are **due in the 4-H Office on January 31, 2005, (note date change)**. Questions? 4-H Office, 781-5943.

### Order of the Golden Snail



The 4-H Science and Technology Program Development Committee is encouraging participation in 4-H science presentations at Presentation Day. Take this chance to be a Factshound or a Super Sleuth and earn your Golden Snail. A Factshound presenter digs up facts on a subject and presents it. As a Super Sleuth you will use the scientific method to prove or disprove a hypothesis. Both of these types of presentations will be judged for regular presentation awards. For more info call the 4-H Office at 781-5943 or if you have questions Beverly Ginng at 549-9319.

### Field Day Silent Auction

At the 2005 Field Day (June 11, 2005) there will once again be a Silent Auction.

This year there will be a Silent Auction Committee and Dana Azevedo, Silent Auction Chair would like to have enthusiastic individuals, who would like to solicit items and/or donations from businesses throughout the county and help put together and decorate baskets, on the committee.

### Got Focus?

Well, if you don't have Focus...

Cal Focus that is, then here is the chance to get it. California Focus is a unique 4-H Citizenship educational experience that combines hands-on participation in workshops, debates, and visits to historical, cultural, and governmental sites. This is a five day action packed adventure where Sacramento becomes a "living classroom." This experience awaits 4-H members that have completed at least the 8th grade.

Currently the State Citizenship Program is searching for college-age young adults to serve as District Leaders. This internship affords an opportunity for young adults to plan and deliver an educational program focused on California government and history. Applicants need to have graduated High School by 2004 and have completed at least one year of college or one year of full time work. The application deadline is January 18, 2005. For more information visit: [Http://ca4h.org/citizenship/focus/districtleaderinfo.asp](http://ca4h.org/citizenship/focus/districtleaderinfo.asp). Or contact Pat English at [pnenglish@ucdavis.edu](mailto:pnenglish@ucdavis.edu) or 530/754-8520.



Clubs, your help is needed! Dana would like to see each club donate a basket for the Silent Auction. It can be big or small, simple or fancy, fun or gourmet, anything is appreciated - plan your basket now. Empty basket lying around? The Silent Auction Committee is looking for empty baskets to fill.

If you are interested in being a part of the Silent Auction Committee or wish to donate an item or basket, please call the 4-H Office, 781-5943.



## Help! Help!

If you are a 4-H member with web design computer skills, the SLO Co. 4-H website could use your help. The website has a lot of potential but the site

needs more member volunteers to keep up with the 4-H Office updates, website upgrades, and ideas to improve the website in order to meet the needs of SLO Co. 4-H members and volunteers. Call the 4-H Office at 781-5943, if you are interested or if you have any questions.

## Computer Corps Spring Trainings

Training opportunities for youth and adults sponsored by The California 4-H Foundation. Trainings will be held in San Benito (2/19), Orange (3/12), Kings (4/9) Counties, and U.C. Davis (4/30). For more information and to register go to: <http://ca4h.org/compcorps/server/>. **Registration is due by January 15, 2005.**

## Youth Leadership Camp

Youth Leadership Camp is back! Last year 4-H Members got to explore out on the "4-H Range" and round up some Life Skills. This year it will be a whole new adventure and give you a chance to "Tour the 4-H World." Youth Leadership Camp will be held May 13-15, 2005. The San Luis Obispo County 4-H Youth Leadership Camp will be held at Rancho El Chorro once again.

Members attending camp should be in the 4th-8th grade. Along with campers we need camp counselors. The counselors should be in the 10th-12th grades. If interested in being a counselor give Denise or Travis Emerson a call at 528-7620. Registration information will be sent to Community Club Leaders by the end of February.



## Before you cackle away...

Why does a Chicken Coupe only have two doors?

*Because if it had four it would be a Chicken Sedan.*

## Support Local/State 4-H Programs

### Support 4-H while you shop!

All you have to do is link your Albertsons Preferred Savings Card to a local 4-H club and/or to The California 4-H Foundation. Register online by going to: [www.albertsons.com/abs\\_inthecommunity](http://www.albertsons.com/abs_inthecommunity) and follow the Community Partners link at the bottom of the page. Log in using your zip code, then enter your Albertsons Preferred Savings Card number and phone number. Click on "Find a Partner" from the menu. Enter 4-H as the name and enter which city and state to search for. Then select your local 4-H club and/or The California 4-H Foundation to support. You will need to re-

new this link once a year to continue supporting 4-H.

### Donate through Network for Good.

Go to [www.networkforgood.org](http://www.networkforgood.org), enter the key word **4-H** and select **California** in the Quick Search to find The California 4-H Foundation listed as 4-H Clubs & Affiliated 4-H Organizations. Click on that link to make your donation!

### Going...Going...Gone!

Do you have anything that you are thinking about selling? Register as a seller on e-Bay and participate in **e-Bay's Giving Works** program, which offers sellers the option of donating a percentage of the earnings from an item to

support a favorite charity – choose The California 4-H Foundation! [www.ebay.com](http://www.ebay.com).

### Thanks For Your Support

These are easy ways to support the California 4-H Foundation and some of our own local clubs. The California 4-H Foundation is a group committed to gaining the necessary resources to sustain and further the positive hands-on learn-by-doing education programs in the state. If you have any questions about the California 4-H Foundation and/or would like more information, you can visit them at: <http://ca4h.org/foundation/index.asp>.



Cooperative Extension  
University of California  
4-H Youth Development Program  
2156 Sierra Way, Suite C  
San Luis Obispo, CA 93401

Non Profit Organization  
US Postage and Fees Paid  
San Luis Obispo, CA  
PERMIT NO. 235

## SLO Co. 4-H Program Calendar

2005

### JANUARY 2005

- 11 **South Section Leaders Council Meeting**, Mt Sac
- 15 **Presentation Workshop**, UCCE Auditorium, 9:30 a.m.
- 18 **SLO Co. 4-H Program Development Board Meeting** UCCE Conference Room, 6:00 p.m.
- 19 **SLO Co. 4-H Management Board Meeting**, UCCE Auditorium, 5:30 p.m.
- 21-23 **Teen Involvement Conference**, Pathfinder Ranch
- 30 **DUE: Young Achiever nominations**

### February 2005

- 5-6 **CA 4-H Horse Leadership Conference**, CSU Fresno

- 7 **Avian Science Day**, UC Davis
- 9 **DUE: SLO County 4-H Presentation Day** registrations, 4-H Office, 5:00 p.m.
- 19 **SLO Co. 4-H Presentation Day**, Cal Poly
- 23-27 **Western Regional Leaders Forum**, Sacramento

### March 2005

- 16 **SLO Co. 4-H Management Board Meeting**, UCCE Auditorium, 5:30 p.m.
- 19 **Regional Presentation Day**, Earl Warren Show Grounds, Santa Barbara
- 31-4/6 **National 4-H Conference**, Chevy Chase, MD