



NEWS & VIEWS

FEBRUARY 2005

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

Are There Any Questions?

Over 30 4-H members arrived at the UCCE Auditorium to participate in the Presentation Day Workshop on Saturday, January 15, 2005. This workshop was organized and chaired by SLO Co. 4-H All Star Natori Coleman.



Thanks to fellow All Stars—Oni Ludwig, Kellan Candee, Lisa Roden and Maria Saucedo, and Kelly Oringer, Valley o/t Bears Vice President,

for their help with the sessions. Special thanks to Julia Stanfill, JoAnn Overbey, Karen Ludwig, and Beverly Ginnig for their support and advice. Thanks to Denise Emerson, Youth Leadership Key Leader for the great lunch!



Asset Development Conference

By Lisa Roden, SLO Co. 4-H All Star

While most kids my age were stuck in a boring day of school Friday, January 14th, I was able to enjoy an incredible conference. I had the great opportunity to attend an asset building conference, 'Creating Connections With and For Youth; Changing Our World.'

It's not that I'm soooo special or that I'm one of the elite who

can attend this conference, everyone was able to attend. All you had to do was sign up. There were adults and students, and even a band!

The whole conference was designed to help people of all ages to develop the 40 key assets. When I went into the conference I have to tell you, I thought assets were something *(continued on page 3)*

... inside ...

- Pass It On 2
- Presentation Day 3
- Heart/Cocoa 4
- Food & Arts/Camp 5
- Management Board 6
- Primary Field Day 7
- Calendar of Events 8

Pass It On...

NEW: SLO Co. Website: www.clubs.ca4h.org/sanluisobispo/.
California 4-H Website: www.ca4h.org. 4-H USA website:
www.4husa.org National 4-H website: www.4-h.org.

State 4-H Web Server! 4-H Clubs may register for space on the State 4-H Web Server. Go to <http://clubs.ca4h.org> for more information.

2005 4-H Beekeeping Essay Contest rules and guidelines are now available at <http://ca4h.org/4hresource/ir/>. **Due February 11, 2005.**

2005 4-H Japanese Exchange program. Applications are now available online at <http://ca4h.org/exchange/japanese/>. For more info contact Pat English at 530/754-8250 or pnenglish@ucdavis.edu.

Avian Science Day, are you poultry crazy? The Avian Science Day is February 5, 2005 at UC Davis. For more info call 781-5943.

Citizenship Programs: 2005 California Focus, June 17—21, 2005. Washington Focus, June thru July 2005. For more information go to <http://ca4h.org/4hinfo/calendar/> or call Pat English, 530/754-8250.

2005 Horse Leadership Conference is scheduled for February 12, 2005 and the Annual Horse Advisory Board meeting will be February 13th. Both will be held at CSU Fresno all the registration materials, can be found on www.cal4horse.com. Questions? Contact Jazz Stables at (530) 754-5809, or email her at jstables@ucdavis.edu.

Ag & Environmental Sciences Field Day. Register by February 15, 2005. March 5-6, 2005, UC Davis. Questions? Call Richard Engel, (530) 754-6249 or go to <http://www.aes.ucdavis.edu/Events/FieldDay.htm>.

State Ambassador. Applications due March 31, 2005. For more info go to <http://ca4h.org/leadership/ambassador>. Term: July 10, 2005 – August 31, 2006

Western Region Leaders Forum will be held in Sacramento, California, on February 23-27, 2005. Registration and detailed information can be found online at: <http://www.ca4h.org/WRLF2005>.

Scholarships! Friends of the California State Fair 2005 Scholarship Program—**Application Deadline March 25, 2005.** For more info call (916)274-5969 or email entryoffice@caexpo.com or go to www.bigfun.org. There are 42 potential scholarships to be awarded.

Disaster Relief for Tsunami Victims. Resources: UNICEF Youth Action Tsunami Relief: <http://www.unicefusa.org/youthaction>. Do Something Kids Tsunami Relief Fund: <http://www.dosomething.org/donations/kids-tsunami-relief-fund.php>.

If you have no computer, call the 4-H Office at 781-5943 for assistance in obtaining any of the above information.

news & views is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. **news & views** is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County. Submit articles and photos by the 15th of each month to:

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Richard P. Enfield,
4-H Youth Development Advisor

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No endorsement of named products and/or companies is intended, nor is criticism implied of similar products and/or companies which are not mentioned. Persons with special needs wishing to attend a program should contact the 4-H Office in advance. Efforts will be made to accommodate your special needs.

Presentation Day!

Presentation Day 2005 is approaching fast and we encourage 4-H Members to participate in the 2005 San Luis Obispo County 4-H Presentation Day on February 19, 2005. Taking part in Presentation Day is working towards public speaking and teaching skills. Members who plan and present presentations are experiencing several life skills: 1) Planning/Organizing, 2) Learning to Learn, and 3) Communication.

4-H Presentation Day Saturday, February 19, 2005 Cal Poly Campus

- 8:00a.m. Registration**
- 8:30a.m. Judges' Orientation**
- 9:00a.m. Opening Ceremonies**
- 9:30a.m. Judging Begins**
- 12:30p.m. Share-the-Fun,
Awards, and Closing**

All presentations must be based on a project that the child is currently enrolled in. Information on Regional Presentation Day will be distributed at County Presentation Day.

Registration is due:

February 9, 2005 in the 4-H Office.

Late entries will not be accepted. Questions may be directed to Karen Ludwig, Presentation Day Chair, 461-1977 or Jill Garcia, 4-H Office, 781-5943.

Asset Conference

(continued from page 1) concerning money that my parents had to deal with, not something that can be key to helping me have a better healthier life.

There were many awesome speakers at the conference. The first speaker, which was introduced by All Star Maria Saucedo, was great. James Vollbracht started out the morning getting everyone to know the

person they were sitting next to, and I mean know each other. By the time he was finished speaking to us, I knew where the person I was sitting next to was born, when they were born, their cultural background and much more. I found they were completely different from me and yet exactly the same. Vollbracht taught us strategies to help us create a more caring and connected culture for everyone through moving stories (from his

book "Stopping at Every Lemonade Stand") and quotes from famous people that we all know and have heard of. He told us that youth in society need to play a larger role and youth playing a larger role can change everything in a community for the better.

My favorite speaker of the day was Craig Kielburger, a Canadian. This man was absolutely amazing to me!

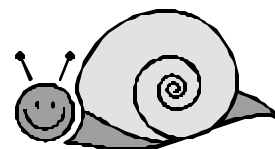
(continued on page 5)

Order of the Golden Snail

The 4-H Science and Technology Program Development Committee is encouraging participation in 4-H science presentations at:

Presentation Day Saturday, February 19, 2005 Cal Poly, San Luis Obispo.

Take this chance to be a Factshound or a Super Sleuth and earn your Golden Snail. A Factshound presenter digs up facts on a subject and presents it. As a Super Sleuth you will use the scientific method to prove or disprove a hypothesis. **Both** of these types of presentations will be judged for regular presentation awards. For more info about the Science and Technology portion of Presentation Day call the 4-H Office at 781-5943 or if you have questions Beverly Ginning at 549-9319.



Judges, Room Monitors and Runners are needed. Please notify Karen Ludwig or Jill Garcia if you are interested.

Registration is due:

February 9, 2005 in the 4-H Office.

Late entries will not be accepted. Questions may be directed to Karen Ludwig, Presentation Day Chair, 461-1977 or Jill Garcia, 4-H Office, 781-5943.

Heart to Heart Project

By Eric Hendrickson, Estero-Morro Bay Reporter

Hi! I wanted to let you know about the latest community service project that our club, Estero/Morro Bay was just involved in. It was called "Heart to Heart". At our general meeting on January 11, 2005, 4-H members were asked to bake cookies for our troops at sea. Two of the families in Estero/Morro Bay have family serving in the navy. The cookies needed to be made by the 14th or 15th of January, so they could be shipped in time for the troops to get them before Valentine's Day. Our club was able to make and package 100 dozen cookies by Saturday night.



Field Day—June 11, 2005 Silent Auction

Back by popular demand for the 2005 Field Day - Silent Auction! This year there will be a Silent Auction Committee and Dana Azevedo, Silent Auction Chair would like to have enthusiastic individuals on the committee, who would like to solicit items and/or donations from businesses throughout the county and help put together and decorate baskets.

Clubs, Clubs, Clubs—your help is needed! Dana would like to see each club donate a basket for the Silent Auction. It can be big or small, simple or fancy, fun or gourmet, anything is appreciated – plan your basket now. Empty basket lying around? The Silent Auction Committee is looking for empty baskets to fill.



If you are interested in being a part of the Silent Auction Committee or wish to donate an item or basket, please call the 4-H Office, 781-5943.

Cocoa to Chocolate

Cal Poly has its own Willy Wonka-style chocolate factory right here in San Luis Obispo. Recently, the Huasna Valley 4-H Food & Nutrition group had a tour of the factory and happily sampled many of its products. While on the tour with Chocolatier Dr. Tom Neuhaus, 4-H members Shira and Sheridan Trost, and Kaitlin Sally learned what constitutes real white chocolate and how cacao is grown. They watched Cal Poly students dip macacamia nuts and raisins in chocolate and learned about the university's signature candy--hazelnut crunch in dark chocolate. All chocolate candy is handmade at Cal Poly.

Dr. Neuhaus introduced the 4-H'ers to a student and she told them about career paths in Food Science and Nutrition. As the tour wound down, we also learned about the economics of "Fair Trade", an organization representing farmer's cooperatives which help farmers to receive a viable wage while protecting the environment through sustainable agricultural practices. Most cacao beans that Dr. Neuhaus buys come from West Africa or South America.



Dr. Neuhaus can be reached at tneuhaus@calpoly.edu, if other 4-H groups are interested in a tour. Pictured: Back L to R: Cheryl Trost, Shira Trost, Kaitlin Sally. Front L to R: Margie Hurd and Sheridan Trost.

Help! Help!

If you are a 4-H member with web design computer skills, the SLO Co. 4-H website could use your help. The website has a lot of potential but the site needs more member volunteers to keep up with the 4-H Office updates, and ideas to improve the website in order to meet the needs of SLO Co. 4-H members and volunteers. Call the 4-H Office at 781-5943, if interested or if you have any questions.



Asset Conference

(Continued from page 3.) I loved listening to his accent! Craig Kielburger founded the organization 'Free the Children' at the age of 12 and is now only 21 years old. That to me is an incredible accomplishment. It all started by an article from his local paper about a child laborer who was murdered. This organization is run by kids to help kids. Craig has already been to 40 countries with his team speaking in defense of children's

rights. 'Free the Children' was nominated for the Nobel Peace Prize twice and he even knows Oprah!

This conference was really inspiring to me. The most important thing I learned was that a smile can make the world of a difference in someone's day. I plan on going back to this conference in 2007, I can hardly wait, and I hope to see you there. Everyone can benefit from this conference. Other conference speakers included

George Loomis of Californians for Justice; Reverend Alfonso Wyatt of Fund for the City of New York, and Jenifer Rhynes of Asset Development Network of SLO County. There was a special "Giraffe" presentation for two individuals who have "stuck their necks out" for the youth of California. One "Giraffe" recipient was Jack O'Connell, California Superintendent of Public Instruction and the other was Dr. Julian D. Crocker, Superintendent of San Luis Obispo County Office of Education.

Food & Arts Celebration

Fashion Revue

Saturday, May 7, 2005

Laguna Middle School, SLO

"Healthy Lives in 2005"

The Home Economics Program Development Committee has been very busy planning this 2005 event. It has been decided to bring back arts & crafts, photography, and nutrition poster. Don't worry, food & nutrition, food preservation, quilting, clothing & textiles, and fashion revue are still a part of this event, it will be better than ever before.



So far plans detail that the morning will focus on Food, Arts & Crafts, Photography, Nutrition Poster and Quilting. Fashion Revue, which includes construction and model judging, will be in the afternoon.



Keep your eye on News & Views because there is more to come! Event packets are planned to be mailed out to Community Club Leaders in February

FIELD DAY 2005
SATURDAY, JUNE 11, 2005
MID-STATE FAIRGROUNDS

Youth Leadership Camp

Youth Leadership Camp is back! Last year 4-H Members got to explore out on the "4-H Range" and round up some Life Skills. This year it will be a whole new adventure and give you a chance to "Tour the 4-H World." Youth Leadership Camp will be held May 13-15, 2005. The San Luis Obispo County 4-H Youth Leadership Camp will be held at Rancho El Chorro once again.



Members attending camp should be in the 4th-8th grade. Along with campers we need camp counselors. The counselors should be in the 10th-12th grades. If interested in being a counselor give Denise or Travis Emerson a call at 528-7620. Registration information will be sent to Community Club Leaders by the end of February.

ALL STAR

Are you 14 years of age or older by January 1, 2005? Have you been in 4-H for three years or more? Do you demonstrate leadership abilities, citizenship concern and maturity of judgement? If you answered yes to all of these questions, shouldn't you be filling out an All Star Application? Call the 4-H Office, 781-5943, right away!

Applications Due: May 13, 2005—4-H Office

4-H Management Board Meeting - November 17, 2004 Minutes

Board members present: Dana Azevedo, JoAnn Overbey, Ruben Cavanilles, Richard Enfield, Carla Borchard, Evelyn Rockwell, Deanna Teixeira, Travis Emerson, Oni Ludwig, Lisa Roden, Maria Saucedo and Natori Coleman.

Others present: Robin Szalay, Brandon Emerson, Charlene Eckman, Katie Eckman, David Eckman, Denise Emerson and Vincent Saucedo.

The meeting was called to order by Carla Borchard at 5:45 p.m.

Special Presentation – Keith Barnes Award. Richard Enfield presented the Keith Barnes Award to Charlene Eckman from the Los Alegres 4-H Club.

Open Forum for Members and Leaders: None

4-H All Star Report: JoAnn had first meeting planned. All Stars introduced themselves. Maria Saucedo announced that their big project for the year will be a Primary Field Day. Lisa Roden, along with Kellen, will do Primary Project for their Emerald Star. Natori's Emerald Star project will be a Presentation Day Workshop on January 15, 2005 from 9:30 – 2:30. She asked for money to purchase Subway sandwiches for lunch. Denise Emerson offered to fund it through the Youth Leadership budget. Registration forms will be due December 31, 2004. The workshop will be held at the 4-H office. Advertising will be in the form of flyers and the newsletter. Oni Ludwig had an update and confirmation regarding Presentation Day. It will be Saturday, February 19, 2005, at Cal Poly beginning at 9 a.m. Senior All Star Travis Emerson reported that they had not yet had a meeting; however, they did set a date for the Youth Camp at Rancho El Chorro. It will be May 13-15. The theme is "Touring the 4-H World." Applications for 2005 All Stars are due Friday, May 13, 2005.

Treasurer's Report: Evelyn Rockwell reported: July 1, 2004 - Beginning Balance: \$23,837.39. Income: \$4,244.11. Expenses: \$ 8,852.86. Sept. 30, 2004 - Ending Balance: \$19,228.64. However, there was a difference of \$111.34 on the statement, and she will research it. The balance to date, November 17, 2004, is \$16,620.97.

Audit Committee Report: Rhonda Garrison and Dana Azevedo finished the audit. (Please refer to their report) Recommendations and questions were as follows: Dana pointed out to Richard that it was a peer review, not an actual audit. She said the forms need to be more specific – cursory or detailed? There were also UC checks that were missing. Suggestion to attach the in-

voice that 4-H office has to send with insurance payments. No significant problems were found. Richard thanked Rhonda and Dana for their very thorough job. Motion to approve was made by Joann, Ruben seconded.

Secretary's Report: Correspondence was read which included thank you notes from Jason Borchard for his scholarship and Margarite Kump for her Asilomar scholarship.

Regional/State 4-H Council Report: Ruben Cavanilles presented his report.

Director Reports: JoAnn Overbey, All Star Advisor, reported that on Friday, January 14, 2005, at the Embassy Suites, the Annual Asset Development Conference will be held, and the All Star team will attend. Dana Azevedo, Visibility, shared the "4-H is Fun!" brochure. She would like to target 4th grade level earlier next year. Richard commended Dana for the Cal Poly connection and work done on the brochure. Brochures were given to all present and more are available through the 4-H office.

4-H Office Report: Richard thanked Brandon for his terrific work in the office. Regarding the Jr. /Teen Leader age update, the California 4-H Policy Handbook states the Jr. Leaders must be in 6-8th grade, or if home schooled, must be 11-13 years old. Teen Leaders (senior members) must be 9th grade and above or if home schooled, must be 14 as of January 1 of the 4-H year. Discussion followed with Jo Ann reminding us of primary member problems of the past. Her concern was projects now in progress. She suggested implementing the policy at the beginning of the 4-H year. Ellen agreed, but wasn't clear on the criteria – does a Junior Leader turn Teen Leader automatically? Richard will clarify when he meets with Carol McNeil. Natori asked if there was an updated Policy Handbook. Richard answered that everything on the web is revised. Regarding the All Star application signatures, it was clarified that Community Leader signatures are not required on the applications. Regarding closed clubs, Mountain Valley inventory is the property of U.C. This includes a swine scale, tack box and misc., a rabbit scale, a beef tack box, chute, and mat. This equipment must be held in escrow for three years and if in two years, the club is not restarted, it was suggested that it be given to a club to use so we don't have to store it. Robin Szalay had information on the items: the Atascadero Broncos and Colony have members who participated in fund raising

Continued page 7.

Management Board Minutes

Continued from page 6. 3 years ago for some of the beef inventory. Dana suggested that a letter be sent out on management letterhead with information to Community Club Leaders so they can request use of the items. The letter could include: -how many members in Beef/Swine/Rabbit? -what items could they use? -why club should get the items? -responsible to maintain, repair and/or replace at fair market value, -attach a list of inventory to letter. Ruben suggested photographing items prior to release. Regarding the Arroyo Grande Mesa Club (closed three years ago) still having a balance of \$165.31, JoAnn made the motion to absorb it into the General Fund. Dana seconded, motion carried. Regarding the 4-H Assistant Funding, (discussion requested by Shawn through Richard), the 4-H Program Representative county position is 20 hours/week with benefits. The reason is that major changes in the Extension Office allow for funds. To make the position permanent, it has to go through the budget process. Cooperative extension may be \$4,000 short so the County Director) wants the Management Board to make up the difference, (\$2,000 - \$4,000 possible), so we don't lose position for budget year 2005-2006 and 2007. Richard suggested we bring it up again in January because Shawn and Ken were not present. He asked for our feelings without a motion. There was general support of the position, but also concerns as to where to cut budget and how to generate income. Discussion to resume at January meeting.

Other Items: A) JoAnn felt that 5:30 p.m. was an impossible time to begin our board meetings. Carla suggested 5:45. It was decided to leave meeting time at 5:30 p.m. B) Dana wants help with silent auction at Field Day. She will put request in newsletter for all clubs to solicit communities for items for baskets, along with information to let clubs know why this money is important and where it goes. C) Ruben thanked Asilomar participants.

The meeting was adjourned at 7:12 p.m. following a motion by Ruben, second by Dana.

Next Meeting: Next meeting will be January 19, 2005 at 5:30 p.m.



Templeton 4-H members present at a Legion Hall Dinner - Back L to R: Nicole Heschke, Tyler Evangelista, Stephine Riley; Front L to R: a Legionaire, Josh Pilg, Taylor Pilg, Cierra LaRue.

NEW! Save The Date!

Saturday, April 30, 2005

Primary Member Field Day

9:00 a.m. – 12:00 p.m.

UCCE Auditorium—2156 Sierra Way, SLO

Yes, this Field Day is for Primary Members only. The SLO County 4-H All Stars will be providing sessions. These sessions will provide the resources for Primary Members to work and finish a project that they will be able to enter and exhibit at the Santa Barbara County Fair or the Mid-State Fair.

Event packets will be mailed to Community Club Leaders and Primary Members in February.

More Pass It On...

Beef Camp. March 19-20, 2005 at Cal Poly, San Luis Obispo. Sheep/Swine Camp will be in April 2005. Date to be announced. For more info, call Carla at 543-3751. Sponsored by Farm Supply.

Hi 4-H! Interested? Call Catherine Baynam, 772-8852. A program for 4-Her's 14 to 19 years old.

Hoard's Dairyman Cow Judging Contest. Entry deadline is March 24, 2005. Prizes! Call the 4-H Office, 781-5943, for info. (Livestock Judging.)

National 4-H Council needs Winning Photos for the **2007 4-H Calendar**. More info: http://www.4-hmall.org/4H_Mall/PhotoContest2006.asp. Deadline is March 1, 2005.

21st Annual 4-H Statewide Postal Shoot, sponsored by the Siskiyou County 4-H Council. **Entries must be postmarked by March 11, 2005.** All registration and fees must get to your local county 4-H office in time to meet the mailing deadline. More info at: <http://ca4h.org/projresource/shootingsports/index.asp>.

"4-H You See Davis Days" – April 14-16, 2005 at UC Davis. **Registration due March 31, 2005.** Info at <http://clubs.ca4h.org/collegiate4h/ucd/>. Any questions? Please contact the Event Chair, Vanessa Renwick at vmrenwick@ucdavis.edu.

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SLO Co. 4-H Program Calendar

2005

February 2005

- 5 **Avian Science Day**, UC Davis
- 9 **DUE:** SLO County 4-H Presentation
Day registrations, 4-H Office, 5:00 p.m.
- 10-12 **National Collegiate 4-H Conference**,
Pittsburgh, PA
- 11 **DUE:** Bee Keeping Essay Contest Entry
- 12 **CA 4-H Horse Leadership Conference**,
CSU Fresno
- 15 **DUE:** Registration- Ag & Environ
mental Sciences Field Day
- 19 **SLO Co. 4-H Presentation Day**, Cal
Poly, SLO
- 23-27 **Western Regional Leaders Forum**,
Sacramento

March 2005

- 1 **DUE:** Photos for 2007 4-H Calendar
- 5-6 **Ag & Environmental Sciences Field
Day**, UC Davis
- 11 **DUE:** Entries for 4-H Statewide Postal
Shoot
- 16 **SLO Co. 4-H Management Board
Meeting**, UCCE Auditorium, 5:30 p.m.
- 19 **Regional Presentation Day**, Earl
Warren Show Grounds, Santa Barbara
- 19-20 **Beef Camp**, Cal Poly, SLO
- 24 **DUE:** Hoard's Dairyman Judging
Contest Entries
- 25 **DUE:** Friends of the CA State Fair
Scholarship Applications
- 31 **DUE:** State Ambassador Application