



University of California Cooperative Extension

News & Views

APRIL 2010

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY



2010: A Food, Art & Fashion Odyssey

Food & Arts Celebration/Fashion Revue and State Challenge
<u>April 24, 2010</u>

Laguna Middle School, 11050 Los Osos Valley Rd., SLO



The *Food & Arts Celebration* and *Fashion Revue and State Challenge* will be held on Saturday, <u>April 24, 2010</u>, <u>beginning at 8:00am</u> at Laguna Middle School. This event offers many opportunities for 4-H members to earn gold and have fun too!



Food & Arts Celebration includes Food/Food Preservation, Placesetting, Cake Decorating, Photography, Baking and Bread Making, Place Setting, Cake Decorating, Scrapbooking, Mini Gardens & Floriculture, and Arts & Crafts (Arts & Crafts comprises a large variety of Classes—go to slocounty4h.org for details).

In addition, **posters** or **collages** may be entered for Food-Nutrition, Food Preservation, Cake Decorating, Arts & Crafts, Scrapbooking, Photography, Mini Gardens & Floriculture, Quilting, Textile Arts & Needle Arts and Fashion Revue.



4-H members in **animal science** or **marine science projects** may participate in the food portion of this event by entering a food item related to their project and/or a poster or collage. **New this year**, they may also enter a project-related place setting, poster or collage, animal treat, and/or arts and crafts (e.g., animal treat jar, soap). (For details, please arts and crafts entry quidelines.)

Also new this year, in addition to their garment, members entering the Fashion Revue/State Challenge categories may also enter a poster or collage. The poster or collage must be related to the sewing project. (For details, please see guidelines for Fashion Revue.)



And remember, members of **Shooting Sports/Archery projects** may participate in certain Classes in the Arts & Crafts category.

New for the **Quilting** category this year – **all Quilts must be turned into the county 4-H office on Thursday, April 22, 2010** between 8:00 a.m. and 5:00 p.m. Presentation of Quilts will be on Saturday.



Fashion Revue features Construction, Modeling , the State Challenge, and the Fashion Show!

If you have any **questions** about **Food & Arts Celebration** or **Fashion Revue** and the **State Challenge**, please call Julie Stanfill, Home Economics Key Leader, at 528-1557, Debbie Geaslen, Co-Event Chair, at 598-6083, or the 4-H office at 781-5943.

Complete <u>participation information</u>, the day's <u>schedule of events</u>, all <u>entry forms</u>, <u>guidelines for each entry</u>, as well as <u>judging criteria</u>, are available online at <u>slocounty4h.org</u> under *Applications*, or from your Community Club Leader, or the 4-H office.

More information Continued on Page 7

SLO County's 4-H website is: http://www.slocounty4h.org

State 4-H website: http://www.ca4h.org SAFETY NOTES: http://safety.ucanr.org/4h/

National & State 4-H News

- Are you a 4-H member or volunteer with experience and interest in technology? Apply to the 2010-2011 California 4-H Technology Leadership Team (CTLT)! The CTLT increases the use and awareness of technology in the 4-H program through workshops, providing IT support, assistance to 4-H Clubs, and at statewide events. Candidates must be at least 16 years of age or older. Membership is a fourteen-month commitment, July 2010 through August 2011. The deadline to apply is May 31, 2010. More information is available at http://www.ca4h.org/compcorps/
- The State Leadership Conference 2010 "Operation 4-H" is now online at http://www.ca4h.org/conference/slc/ Financial assistance will be allotted on an "as needed and available" basis and is not transferable. Applications are due May 15th. Delegates may request up to \$330 of financial aid. Please direct questions to Quang "Hogan" Tong at 530-752-5644 or email at qtong@ucdavis.edu
- It's time for **Fashion Revue** so be sure to let your county winners know where to register for State Fashion Revue. Online registration is being accepted at http://ucanr.org/sfr2010 until **May 12**. In order to ensure a smooth event, adult judges are needed who have experience in fashion, sewing, consumer education or related fields. Adults, parents of participants, or older teen volunteers may serve as door monitors. We need 40 judges and 12 room monitors. If you can help or have questions about State Fashion Revue, please contact Karli Draxler, SFR Registrar at chat2kd@unwiredbb.com or Sue Moore, staff liaison at samoore@ucdavis.edu. Can't wait to see you there!
- The 2010 Statewide 4-H Higher Education Scholarships are available for application and due to the State 4-H Office postmarked by April 30, 2010. To view the full list and description requirements of the scholarships available,

visit: http://www.ca4h.org/4hresource/ir/scholarship/

- National Service Briefing, a feature of Youth Service America's weekly updates offers an Everyday Young Heroes Awards program. This is an ongoing recognition effort to spotlight the work of youth committed to and performing outstanding community service. If you know a young person deserving of this nomination, please visit: http://www.YSA.org/awards/hero.
- The EPA has announced the 4th Annual Rachel Carson Contest and is seeking entries for creative projects in the areas of poetry, photography, essays and dance. Entries need to be from a team of two or more. Entry deadline is June 16, 2010. For more information, visit: http://www.epa.gov/aging/resources/thesenseofwonder/index.htm
- To access a computer or websites call the 4-H office 781-5943.

News & Views is published by the San Luis Obispo County
4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. News & Views is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.

Please submit articles and photos by the 15th of each month to:

Denise Harris, Editor 4-H Office 2156 Sierra Way, Suite C San Luis Obispo, CA 93401 (805) 781—5943 / dharris@co.slo.ca.us



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No endorsement of named products and/or companies is intended, nor is criticism implied of similar products and/or companies which are not mentioned. Persons with special needs wishing to attend a program should contact the 4-H Office in advance. Efforts will be made to accommodate your special needs.

4-H NEWS

SIGN UP FOR 4-H FUN AT 4-H FIELD DAY!

4-H Field Day is scheduled for <u>Saturday</u>, <u>June 12</u>, <u>2010</u>, <u>from 8:00 a.m. – 2:30 p.m.</u> at the Paso Robles Event Center. We hope every 4-H member will participate!

The **4-H Field Day Handbook** is available online at **slocounty4h.org** under *Applications*. The Handbook contains event guidelines, entry criteria, the day's schedule, contact information for questions, as well as instructions to easily enter your still exhibit in the Mid-State Fair. **Entry forms are also available online**. If you don't have access to a computer, your Community Club Leader has a few copies or you may request a copy by calling the 4-H office at 781-5943. Please **submit your entry forms and fees <u>directly to your Community Club Leader</u></u>. Your Community Club Leader will let you know the entry deadline date.**

FUN 4-H Field Day activities and opportunities will include:

ANIMAL SHOWMANSHIP AND STILL EXHIBITS. This is a great opportunity for 4-H members to showcase information and skills they've learned as a club and project member. It also provides animal science project members a chance to practice showmanship skills in a fair-style environment. Please check the Handbook for instructions and check-in times. (NOTE: If you plan to show an animal or enter a still exhibit at 4-H Field Day please make sure you can stay until after 2:30 p.m. This is because the event is promoted to the public as ending at 2:30 p.m., therefore, animals and exhibits must remain in place until the event officially ends.)

<u>Special Notes</u>: 1) Please remember to bring animals to the event groomed and ready to show. Although they may be touched-up on the fairgrounds, washing or clipping is not permitted.

- **2)** Please help us prevent the spread of club lamb fungus. Before you come to Field Day, please check your sheep thoroughly for any signs of fungus. Because it is very contagious and easily transmitted, if fungus is identified at anytime during 4-H Field Day, the infected animal and it's pen or trailer mates will need to be removed from the fairgrounds immediately.
- <u>SILENT AUCTION.</u> Please take a look at the wonderful items donated by each of our clubs and **make a** bid (or several) from 10:30 a.m. 1:00 p.m.
- <u>CLUB SHOWCASE.</u> **Show and tell** the public about your 4-H Club via a display (see page 9 of the Field Day Handbook for details).
- **LEVEL TESTING.** will be offered in Large Animal Science and Poultry (see pages 8 and 9 for sign-up information and **exciting new details**).
- **SET ACTIVITY.** There will be a Science, Engineering & Technology activity **for all to enjoy** beginning at 11:00 a.m. in Commercial Bldg. # 2 (see Page 10).
- <u>CHICKEN-Q</u>. Served from 10:30 a.m. 1:30 p.m. As most of you may know, the Chicken-Q is our annual county fundraiser. Proceeds are used to support our program and countywide events. Therefore, **please sell tickets in advance** of the event and **invite your friends** to join us. If you need more tickets to sell, please contact your Community Club Leader. (Chicken-Q tickets will also be sold at the event.)

Many volunteers (adults and youth) are needed to make this event a success. Therefore, your Community Club Leader has volunteer sign-up sheets for each of the activities and areas. Remember, you don't have to sign-up for the whole day--just an hour or two! So, if you can help on Friday or Saturday, please let us know....and SIGN UP!

4-H Field Day is FUN and we hope to see you there!

4-H MEMBER OPPORTUNITIES

Walter Christensen Memorial Scholarship to attend the 2010 California 4-H State Leadership Conference

Walter Christensen Memorial Scholarship: The SLO County 4-H Youth Development Program is the grateful beneficiary of donations received in memory of Walter Christensen, an early and long-time leader of Edna 4-H Club. His family has asked that the monies be used for **scholarships for 4-H members to attend the California 4-H State Leadership Conference**. As a result, we are happy to be able to offer several scholarships to 4-H members this year.

Details about the Conference: The California 4-H State Leadership Conference will be held at UC Davis from July 29 - August 1, 2010. The conference "Operation 4-H" brings together high school youth from across California in a four-day leadership training, networking, and learning experience, with the goal of helping youth to reach their full leadership potential. It also provides an excellent opportunity for youth to give input into statewide 4-H activities. More information about the conference is available online at http://www.ca4h.org/conference/slc/.

Eligibility/Application Process: 4-H members 14-18 years of age as of 7/29/10 are eligible to apply. *Walter Christensen Memorial Scholarship Applications* are available online at **slocounty4h.org** and in the 4-H office. The 4-H Youth Development Management Board will designate a committee to select the scholarship recipients.

<u>Completed applications must be received by the 4-H office by May 30, 2010</u>. Please note, scholar-ships cover registration costs only, and transportation will be the responsibility of the member. However, depending on availability, chaperoned transportation may be offered.



The 2009-2010 SLO County 4-H All Star Team presents the 5th annual

PRIMARY MEMBER FIELD DAY Saturday, May 22, 2010



Continuing the All Star tradition, Anthony Aguirre, Emily Von Dollen, and Alexis Aguirre will be hosting this fun countywide event for our primary 4-H members (Ages 5—8).

WHAT: A morning of developing life skills through games and crafts,

and meeting other 4-H members. (Snacks will be provided).

TIME: 9:00 a.m.- 12:00 noon (Check-in will be from 8:30-9:00 a.m.)

WHERE: UCCE Auditorium, 2156 Sierra Way, San Luis Obispo

RSVP: by Friday, May 14th by calling the 4-H office at 781-5943



This event is free! A craft made at this event can be entered for 4-H Field Day by completing and submitting an entry form for Div. 553 along with the \$1.50 entry fee at the end of this event. If you also want your craft entered for the Mid-State Fair just mark the box on the Still Exhibit Entry form. Then you will deliver your craft entry to Commercial Bldg. # 2 between 8:00 a.m.—9:00 a.m. at 4-H Field Day.

SLO Scientist Clubs Make a Totally Awesome Impact around SLO County!

What do earthquakes, soil, insects and chemical reactions...and oh yes, San Luis Obispo County 4-H members all have in common? You may have guessed it...SLO Scientists! This spring, four separate groups are actively involved in an array of studies, but all have one common purpose...for children and their "favorite adults" to have fun together participating in terrific hands-on science related activities, while incorporating the scientific processes of observing, organizing, relating, inferring and applying.

In our San Luis Obispo group led by volunteer facilitators, Gary Corsiglia and Julie Fallon, SLO Scientist members and their parents are off to an amazing start to "It Came from Planted Earth." During the first session, the group learned about processing wheat, from the actual wheat berries to making flour. The kids were invited to grind the wheat berries into flour using an actual crank-style grinder, and incorporate the flour to make delicious muffins during the course of the evening. They even made...or rather, "shook"...a yummy cream mixture into a soft butter for the muffins! In subsequent sessions, the group participates in wonderful activities related to germinating seeds, soils, and movement of water through plants. Plant and soil science has never been this fun!

"Chemicals Are Us" sums up the six 90-minute sessions in which SLO Scientists experiment with usually typical household materials...many times, using all five senses...but always mixin' it up! The North County SLO Scientist group meets in Santa Margarita and is led by 4-H SLO Scientist facilitator, John McCabe. One of the favorite activities is the session entitled, "Chemistry in the Kitchen," in which the group experiments with varying amounts of an ingredient using several recipe versions. It's fascinating to see why and how cooking really is an aspect of chemistry! Sessions involving discovering chemicals, chemical changes, testing for acids and bases, and home hazardous waste disposal are introduced with fun and educational related activities.

The amazing wonders of our local geological area as well as earthquake safety and preparedness are main themes of the SLO Scientist study, "Beyond Duck, Cover and Hold," led by our new facilitator, Lauren Brown. Lauren brings his passion of local geology to the enthusiastic group which meets in Los Osos. Slinkys, used to experiment with "P" and "S" waves...learning to read a seismogram...jello and clay used to develop an understanding of the effects of various ground conditions have on structures in simulated earthquake situations... are all part of the fun and useful science activities. SLO Scientists are introduced to thought-provoking circumstances and can use them to develop family emergency plans as well as identify potential hazards around the home. SLO Scientists in the group even have the opportunity to develop their own earthquake intensity scale and compare it to a scientific intensity scale!

Our newest SLO Scientist group which meets in Grover Beach is all about snails and bugs! Pat Justice, our new volunteer facilitator, has given South County 4-Hers the opportunity to participate locally with "Sciencing with Snails" during the first two evening meetings, then on to our entomology study entitled "What's Bugging You?" From observing snail behavior under fascinating circumstances to studying insects... these SLO Scientists have an unparalleled opportunity to get to know insects through creative and educational activities while gaining an understanding of "pests." Anyone who has the slightest interest in bugs will enjoy this hands-on approach in "What's Bugging You?"

For more information about joining a local SLO Scientist group or for information about leading a local 4-H SLO Scientist group, please contact Heather Dauer, 4-H SLO Scientist Project Coordinator, at 781-5944. We are always looking for adult volunteer facilitators to lead our groups in San Luis Obispo County.



4-H NEWS



4-H Golden Clover Awards

The Golden Clover Awards recognize outstanding achievement of 4-H members, volunteers, and groups within the 4-H Youth Development Program. 4-H members, volunteers and groups may be nominated in various categories. One recipient is selected per category and



awarded \$500, a medallion and lapel pin. Award categories include: innovative ideas, fundraising, collaboration and outreach, special events, citizenship, mentoring, leadership, and others.

Our county is very fortunate to have many individuals who deserve to be recognized and honored publicly for the work they do. Please considering nominating and shining a light on persons you know who have contributed so much of themselves, their time and talents to make the 4-H program in San Luis Obispo County one of the best in the state.

Deadline: May 31, 2010 to the California 4-H Youth Development Office.

Application/Details: For an application and information about each of the award categories and eligibility, please go to http://www.ca4h.org/4hresource/ir/goldenclover/

SAN LUIS OBISPO COUNTY Cattlewomen 2010 Scholarships

Application Due April 15, 2010 — \$1,000 Scholarships For Information and to download the Application

visit: www.cattlewomen-slo.org/scholarship.html

For more information, please contact Wendy Hall at (805) 756-5398

Attention Dog Project Members

Canyon Country 4-H will be hosting a 4-H Dog Show on Sunday, April 25th at Santa Rosa Park beginning at 9:00 a.m., at SLODOG's annual A Dog's Day event. Classes offered will be Obedience: Sub-Novice Primary (5-8 yrs), Junior (9-12 yrs), Intermediate (13-15 yrs.), Senior (16-19 yrs), Novice and Grad-Novice. In Showmanship: Primary (5-8 yrs.) 1st Year Member, Junior (9-12 yrs.), Intermediate (13-15 yrs.) and Senior (16-19 yrs.). Entry forms have been mailed to all registered dog project leaders. Pre-Entry is required and must be received by 4/14/10. No entries will be accepted the day of the event. Entry fees will be \$5.00 per class. SLODOG will also be offering the Canine Good Citizen test. If you are interested in taking the CGC test or have questions regarding the Dog Show, please contact Christy Friedmann, Canyon Country 4-H Dog Leader at 438-5851.

NOTE: DOG LEADERS, IF YOU DID NOT RECEIVE A PACKET OF ENTRY FORMS, YOU CAN DOWN LOAD THE FORM OFF THE 4-H WEBSITE, www.slocounty4h.org OR CONTACT ME DIRECTLY.

For more INFORMATION about S.E.T. UPDATES visit http://ca4h.org/SET/updates/index.asp

4-H MEMBER OPPORTUNITIES

COMMUNITY SERVICE PROJECT-MAKE COOKIES for Children's Day in the Plaza!

On Saturday, April 10th, San Luis Obispo County agencies serving children will convene at the SLO Mission Plaza with activities and events geared toward raising public awareness about services and activities available to children in the county. County 4-H will have a booth there, and will be providing a COOKIE DECORATING ACTIVITY, as well as, information for community families about the great things 4-H has to offer youth.

We will have a bean bag toss game and a cookie decorating area....so here is where all you cooking clubs out there come in!
We are hoping to get 5 dozen donated unfrosted clover shaped sugar cookies from each cooking group in our county! We need about 250 cookies all together... They should be un-frosted as that will be the activity for the kids — is to decorate the cookie with green and white frosting...then eat it of course!

This baking also counts for Community Service as well...so if anyone else wants to bake and donate cookies...it's a fun Community Service Project!

We will need the cookies delivered to the 4-H office on Thursday, April 8, 2010.



In addition, if you want to help out on this very special day for kids and earn Community Service hours while doing so...please contact Evelyn Ruscki at 835-3345.

We have 15 slots open and will work in shifts!



2010: A Food, Art & Fashion Odyssey— article continued

The *help of many adult volunteers is needed* to make this event run smoothly. If you can volunteer that day to guide a group, judge (we needs judges for all divisions), tabulate scores or help a leader in a special activity center, **please call any of the numbers listed on Page 1 of the newsletter.**

We look forward to seeing you and your creative entries there!

4-H CLUB NEWS

El Camino 4-H is committed to helping their community. They participate in a service project every month at their club meetings. For Valentine's Day this year, they did their part to share the love. At their Valentine's Day social, they made Valentine favors for Meals on Wheels participants. Everyone in the club pitched in and together they made over 100 favors. These cute little hearts sure brightened someone's Valentine's Day!



IMPORTANT MID-STATE FAIR NEWS



Date: January 13, 2010

To: 4-H Community Leaders, 4-H Project Leaders,

Sheep Exhibitors and Parents

From: Vivian Robertson

CEO, California Mid-State Fair

Due to blatant disregard of adhering to State Rules during the 2009 California Mid-State Fair, please be aware of new policy that has been put in place for the 2010 Fair.

Most specifically, the violation of the State Rule that was not discovered until too late pertained to market lambs and tail docks. Please be aware that the existing State Rule regarding sheep tail docking will be monitored very closely and strictly enforced upon arrival at the 2010 Fair. The State Rule specifically mandates the following rule: to qualify to exhibit, market lambs and breeding sheep must be docked such that the tail (dock) is healed and can be <u>lifted</u> from the exterior. Lambs that have no dock will not be eligible. Breeding animals born before January 1, 2000 are exempt. This rule will be strictly enforced in 2010 and the official veterinarian designated by the 16th DAA shall make the final determination. All lambs will be checked; market lambs will be examined prior to weighing on the scale, and breeding sheep will be checked in the pens. If a sheep (market lamb or breeding sheep) does not meet the State Rule standards, it will be sent home immediately and disqualified from show competition.

Additionally, the following is a new rule adopted as policy for the 2010 Fair: All lambs must have no more than a 3-day fleece and be fully shorn prior to arrival on the Fairgrounds. No wool will be allowed to be left on any areas of the sheep. Lambs will pass through a "check station" for inspection of the tail and examined for any fungus, prior to being allowed on the scale. The official Fair Veterinarian designated by the 16th DAA shall make the final decision. Any lambs showing evidence of fungus shall be immediately rejected and sent off of the Fairgrounds.

Please ensure that all leaders, parents, exhibitors, and breeders are informed of these new rules prior to purchasing your 2010 Fair animals.

4-H CLUB NEWS

The Los Alegres 4H Club had an egg decorating contest where some members made their eggs look like animals, people, or they were sparkly. At the end of the meeting we had snacks and judged the egg competition. The club elected a new secretary and to have a new poultry group. At the last Club meeting we made valentines cards and to send to a hospital. Two members celebrated passing their Level 1 Horse Riding test. Another thing that we learned is how many members will be going to the camp for 4th grade and above. The Arts & Crafts group made papier-mâché pigs, monsters, turtles, and any other creative creature. The cooking group talked about making how they made sushi. The rabbit group discussed going to the upcoming rabbit show, especially for members new to rabbits. The swine group discussed the possibility of putting on their own Swine Camp so members could practice judging and showmanship. Los Alegres is full of Awesome Opportunities!



Templeton 4-H welcomed three special guests to talk at our general meeting Wednesday, March 3rd at the Templeton American Legion Hall. San Luis Obispo 4-H County All Stars, Anthony and Alexis Aguirre and Emily Von Dollen, discussed the process to become an All Star. They also went over the responsibilities of an All Star.

They will be planning the SLO 4-H Achievement Night in October. Anthony and Alexis Aguirre and Emily Von Dollen are visiting all the 4-H clubs in San Luis Obispo County with this same presentation. They were impressed about the size of our club with more than 180 members. We appreciate their informative and enthusiastic visit. Thank You Anthony, Alexis, and

Emily for the visit - From Templeton 4-H, Larry Rose Templeton 4-H Reporter



At the Edna 4-H Club March general meeting, members participated in a cake decorating contest! The cakes could be decorated using any theme, shape or color, every one was encouraged to be creative. Members brought cakes that would be judged by these categories: Originality, Difficulty, 4-H theme, or Seasonal. The club's Cake Decorating Project Leader chose which cakes fit these categories best. Then the members purchased raffle tickets, at \$.25 per ticket, and deposited tickets by the cakes they liked best. Each cake went home with a happy 4-H member, who had the winning ticket. The Club raised \$296.00 to be given to a local charity. Also at this meeting the 4-H County All-Stars joined in and gave their presentation, they even brought a cake in the shape of an All-Star! By Mary Allen and McKenzie Meek





In the past couple of months since our last update the **Morro Bay 4-H** has done a lot of events. In February we collected money for earthquake victims in Haiti. Three of our 4-H members received gold at the County Presentation Day along with two of our members being runners. Two of our members moved on to State. At the end of February our livestock members attended the Livestock show camp. When March came around we decided to collect blankets and towels for the Animal Regulation Department. Our club members are continuing to take care of our four adopted trees on Quintana Road. The club officers organized a Morro Bay 4-H family bowling night on March 14, 2010. We are currently planning our farm Olympics on May 15, 2010. *By: Dana Stephens, Club Reporter*

The **Cerro Alto 4-H** fishing group met at Santa Margarita Lake on Sunday Feb. 28th at 9 am. Rodney Brock, Nicholas and Michael Lopez and Rocco Graceffa met at White Oak campground to fish for some catfish. We used worms, frozen shad, frozen sardines and chicken liver. We fished all day, had some bites, but nothing major. We had a great time. *Submitted by: Nicholas Lopez*

APRIL 2010

4-H MEMBER OPPORTUNITIES

Are you a Leader? Do you like the Spotlight? Do you want to become a 4-H ALL STAR?



REACHING OUT FOR 4-H ALL STARS!
The All Star rank is the highest rank which a
4-H member may attain at the county level. Being
a San Luis Obispo County 4-H All Star provides an
opportunity for high school members to receive recognition for outstanding service. The All Stars serve
as Ambassadors for the SLO County
4-H Youth Development Program; they represent
4-H at County, Regional, and State activities; they
coordinate certain county-wide activities; and they
serve as positive role models for youth!

To be eligible for the County All Star rank, a 4-H member must:

- ☑ Be 14 years of age or older by January 1, 2010, but not 19 years of age prior to 1/1/10
- ☑ Been a Participant in 4-H for 3 years or more
- ☑ Have attained a Gold Star rank by 4/16/10
- ☑ Demonstrate leadership abilities, citizenship concern and maturity of judgment

E ach candidate for the All Star rank will be required to submit an All Star application and participate in an individual and group interview.

All Star applications may be obtained online at www.slocounty4h.org or from the 4-H Office, call 781-5943 for your application.

Due Date: April 16, 2010

RECORD BOOKS.

The buzz, the thrill, the REASON.

We all know why 4-H members complete a Record Book. Right? Well, if you're not *entirely* sure, take a look at these reasons for starters.

By completing a Record Book, 4-H members ...

- Take time to think about the work they did over the past year and all they have accomplished.
 What new skills did I learn? What new experiences have I gone through? What did I learn from them?
- Set goals for the next program year, as well as long term goals and plans. What do I need to do now in order to achieve my goals? What steps are involved to get there from here? When and How will I start?
- Track their participation in 4-H activities and keep a record of achievements. Record Books are a great resource for listing accomplishments on future applications or documents. Wow, I did so many things — how would I have remembered everything if I hadn't kept a written record?
- Learn about and practice the art of identifying, creating, classifying, communicating and preserving records in a standard format. Not only is this an art, but it is a skill that will come in handy throughout your life (Ask anyone.)

Oh, and did I mention achieving Star Ranks?! These are just a few of the benefits of completing a 4-H Record Book. If you would like to learn more, please come to a training session offered by JoAnn Overbey, Awards Director for San Luis Obispo County.

Note: The same information will be provided on each date.

Monday, April 19, 2010 7 pm — 8 pm UCCE Auditorium 2156 Sierra Way, SLO 93401

- Or -

Thursday, April 29, 2010 7 pm — 8 pm American Legion Hall 805 S. Main St., Templeton 93465

4-H MEMBER & VOLUNTEER OPPORTUNITIES

Volunteers Needed

4-H Field Day/Chicken-Q Event Committee Members

Our countywide **4-H Field Day** and **Chicken-Q** event is just around the corner. We've had many individuals and clubs volunteer to help and we're very appreciative, however....we can always use a few more. Specifically, we **need volunteers** to help set up at the fairgrounds on the **afternoon of June 11**. If you can help, please call the 4-H office at 781-5943. **THANKS!** We couldn't do it without you!



SLO County 4-H YDP Management Board

We are currently recruiting for two positions on the 4-H Youth Development Management Board: **Fundraising Director** and **Section Council Delegate**.

The **Fundraising Director** is responsible for providing leadership to and managing the fundraising efforts of the board on behalf of the 4-H program. The Director also chairs the Fundraising Committee, which is responsible for short and long range goal setting, planning, and program implementation related to fundraising.





The **Section Council Delegate** represents San Luis Obispo County on the South Sectional 4-H Leaders' Council and serves as the link between the council and the SLO County 4-H YDP Management Board. The Leaders' Council meets four times a year and assists in coordinating Sectional events that are leader planned; such as TIC, Field Days and the State Leaders' Forum.

SLO County 4-H Program Development Board

We are currently recruiting for the position of **Youth Leadership Key Leader**. This position serves as a member of the 4-H Program Development Board and is responsible for developing and delivering educational programs to 4-H members such as Officer and Jr/Teen Leader Training as well as other leadership development events and activities. The 4-H Program Development Board is responsible for overall program planning for SLO County and for



gram Development Board is responsible for overall program planning for SLO County and for many countywide events. The board meets twice a year and members participate in a joint meeting with the 4-H Management Board once a year.

If you are interested in applying for one of these positions or if you have any questions, we hope to hear from you soon!

Please call the 4-H office at 781-5943.

For more information from the STATE 4-H OFFICE, visit http://ca4h.org/4hresource/updates/



Return Service Requested

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SLO County 4-H Youth Development Program Calendar 2010 APRIL 2010 **MAY 2010** Primary Member Field Day RSVPs Due to 4-H Ofc 14 Deliver Cookies to 4-H office for 4/10 event 21 All 4-H Clubs Field Day & Chicken-Q Forms/ 9 Food & Arts/Fashion Revue Forms DUE **Monies DUE** Horse Field Days Entry Forms DUE Youth Camp Registration Forms DUE 22 Primary Members Field Day, UCCE Auditorium, SLO 10 Children's Day in the Mission Plaza, SLO 29 STATE 4-H FIELD DAY, UC DAVIS County ALL STAR Applications Due into 4-H office 16 30 Walter Christensen Scholarship Application DUE **JUNE 2010** 17 Western & English Horse Field Day Silent Auction Baskets DUE to 4-H Office 18 Gymkhana Horse Field Day 4-H Field Day/Chicken-Q Paso Robles Event Ctr 19 Record Book Training Workshop, 25-29 California Citizenship Focus, Sacramento, CA UCCE Auditorium, 2156 Sierra Way, SLO 93401 **JULY 2010** 24 Food & Arts Celebration & Fashion Revue 14 - 8/1 CALIFORNIA STATE FAIR Laguna Middle School, SLO 14 - 18 SANTA BARBARA COUNTY FAIR 25 4-H Dog Show 9:00a.m. Santa Rosa Park, SLO 21 - 8/1 MID-STATE FAIR Record Book Training Workshop, Templeton 29 /30-5/2 Youth Camp, Rancho El Chorro, SLO 29 - 8/1 State 4-H Leadership Conference, UC Davis