



University of California
Agriculture and Natural Resources

4-H Youth Development Program



SAN LUIS OBISPO COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

News & Views

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

2019 – 2020 4-H PROGRAM YEAR

NOVEMBER 2019



Anne Shatara is the new Healthy Living Key Leader for San Luis Obispo County 4-H. She is excited to introduce and revitalize programs which empower youth to be healthy – body and mind – with the skills to make healthy decisions and lead healthy lifestyles. Having the confidence and skills to lead healthy lifestyles not only improves overall well-being; it enables youth to tackle life's challenges today and become leaders in their lives, careers and communities as they grow into responsible adulthood.

Anne has been involved as a 4-H parent since 2011 and a 4-H project leader since 2015. *She is currently a Cerro Alto project leader for STEM, Mindfulness, and co-leads Arts and Crafts. Anne also participates on the SLO Countywide 4-H STEM Committee.*

When not working on 4-H activities, Anne enjoys time with her family, including husband, 11-year-old son and 18-year-old step-daughter. She is also a member of the leadership team at Diablo Canyon Power Plant where she has worked for the last 20 years in various roles, and is currently the Performance Improvement and Organizational Effectiveness Manager.

Anne is looking forward to expanding Healthy Living beyond the traditional focus on the body, i.e. fitness, health, nutrition and safety, and bringing programs focused on the mind; social and emotional well-being. Social-emotional health is the cornerstone to confident, caring young leaders who understand how to take care of their minds and inner being, which is key to holistic well-being.

If you are interested in joining her team or want to learn more about her current Mindfulness project (or last year's popular Spa and Relaxation project), contact her at anneshatara.4h@gmail.com



Dr. Martha Bordonaro was born in the iconic village of Cooperstown, NY. Having grown up on a large horse farm, she is no stranger to raising and caring for animals. She followed family to the Monterey Peninsula and eventually continuing her Chiropractic Practice in Templeton and marrying her husband Tom, ranching on the East side of Paso near Creston, CA.

Tom was and still is the Community Leader for Creston 4-H earlier in his career, and having 4 children growing up in the country, naturally led them to re-establish Creston 4-H, with 9 members all in Swine. Martha worked with the older children in crafts, cooking, rabbits and chickens. Eventually the Poultry Project needed a leader, so Martha jumped in and was the leader for 7 years.

Recently Martha has retired from her Chiropractic Practice to spend more time with Tom, her children, and her new grandchildren, who have moved back to the area. With a natural tendency toward community outreach and fundraising, **Martha was quick to join the SLO County 4-H Team as Visibility Director on the 4-H Mgmt. Board.**



IMPORTANT UPCOMING DATES:

**** NEW DATE ****
for the
Youth Leadership Workshop
For Grades 6th—12th
Sat., 11/16/19 at the
UCCE Auditorium in SLO
Any Questions? - Contact Ana at
(805) 781-5941 or amltorres@ucanr.edu

RSVP by November 14th to 4-H Office:
1-805-781-5943
Or email: dharris@co.slo.ca.us



Mark your calendars for **Tuesday, December 3, 2019** for **#GivingTuesday**, a global day of giving that harnesses the collective power of individuals to celebrate generosity worldwide.

#GivingTuesday is held annually on the Tuesday after Thanksgiving. Kick off the holiday season with us and support California 4-H!

The California 4-H Foundation is matching donations up to \$25,000!

News & Views is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources. *News & Views* is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.



Please submit articles and photos by the 15th of each month to:

Denise Harris, Editor
 4-H Office
 2156 Sierra Way, Suite C
 San Luis Obispo, CA 93401
 (805) 781-5943 / dharris@co.slo.ca.us

Liliana Vega
 4-H Youth Development Advisor

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By John Fox,
 Interim UC ANR AA Compliance Officer



2019 – 2020 Youth Leadership Development Workshop for Grades 6th -12th

**REVISED
DATE!!**

Sat., November 16th, 2019

10:00 am – 12 Noon

UCCE AUDITORIUM

2156 Sierra Way, SLO

OPEN to 4-H Members

The 2019-2020 County All Star Ambassadors are hosting a Youth Leadership/Officer Training for Club Officers and all 4-H Members in grades 6th - 12th. Learn valuable leadership skills at this Workshop! Meet other youth leaders, learn about leadership opportunities, and overall have a lot of fun!

RSVP to the 4-H Office:
Email: dharris@co.slo.ca.us or
Phone: 1-805-781-5943
By **Thursday, November 14th**

Contact Ana Torres at 1.805.781.5941 or Email:
amltorres@ucanr.edu for any questions.

**This is a great experience for Club Officers,
Junior and Teen Leaders, and
Leadership Project members!
No leadership experience required!**





CUPCAKE DECORATING

Saturday November 16th
2:30-4:00 at the 4-H office
2156 Sierra Way in SLO

Open to all 4-Hers ages 8-14

All decorating supplies will be provided but please bring 6 plain cupcakes per child to make the cupcake designs below.

We will be learning how to Frost ,pipe, airbrush, melt chocolate, use fondant molds ,and much more.

Space is limited. Please RSVP to 760-937-5028 with your Name, Age, and Club by November 13th.

FREE!



"TOTES FOR HOPE"

This project is to provide New Totes to Children in the Foster Care System in San Luis Obispo County. There are currently over 370 children in Foster Care in San Luis Obispo County.

When children are placed into Foster Care, or — are moved to new housing, most of them have nothing to put their belongings into. They usually have to use black garbage bags. I am hoping that the 4-H Members in San Luis Obispo County 4-H Clubs would donate a New Tote for these children in Foster Care, and help them to foster a sense of self-worth about themselves.

A Donation Box will be available at the County 4-H Office located at the University of CA Cooperative Extension office at 2156 Sierra Way Suite #C, San Luis Obispo 8 am — 5 pm. Turn to your right as you enter the door for the 4-H Office counter.

- OR -

Call Ava M. (4-H Member) or Jennifer M. (Mom) at 805-458-0216 and we will come and pick up your New Tote Donations.

4-H Members can donate at their Monthly Club General Meeting and also at 4-H County Events.

I am also available to speak at your Monthly General Meetings to present this Emerald Star Project to your 4-H Members.

Thank you,

**Ava M., Nipomo Foothill 4-H Club
1-(805)-458-0216**



4-H NEWS

SAVE THE DATE—SMALL ANIMAL FIELD DAY

Saturday, JANUARY 25, 2020

Location: Camp San Luis

Check-in: 9:00 a.m. – 9:30 a.m.

Join us for a fun day of Showmanship, Costume Contest and other activities. More details to follow.

WOULD YOU LIKE TO BE PART OF PLANNING THIS FUN COUNTY ACTIVITY? IF SO, PLEASE E-MAIL

Tamara Johnson at tkjohnso@kcbx.net



There will be a **STEM DAY on Saturday, January 4th, 2020** for all 4-H members county-wide.



Here is the proposed schedule for STEM DAY:

11AM to 1PM: Arduino Microprocessor Projects at Cal Poly.

Meet in the building 20A lobby (Cal Poly) and then we will go over to Room 20-136. **Pizza will be provided. Arduinos are simple single-board computers.** I will show you how to hook up the Arduino and make interesting projects with them. *We will have follow-on meetings in Feb. March, April and May 2020.*

3PM to 5PM. Rocket Day at the Derickson's Home. Please meet us at 8735 San Rafael Road in Atascadero. This is our 11th Annual 4-H Rocket Launch Party.

We will build our **Estes-Type Rockets** from scratch and then launch them all by 5PM. This is always a great learning opportunity that is great fun.

No charge for either event. An RSVP is encouraged but not absolutely necessary.

Dennis Derickson

Electrical Engineering Dept. Chair

California Polytechnic

San Luis Obispo, CA 93407

805-756-7584 office **805-712-9168 mobile**



4-H SHOOTING SPORTS NEWS



San Luis Obispo County 4-H Youth Development—Program Development Board
Jack Crane, Shooting Sports Key Leader

Contact Jack Crane at Phone: (805) 458-4223 or Email: jack@accuair.com
or the 4-H Office at 781-5941 if you would like more information.

4-H Shooting Sports Workshop— Fort Bragg, CA (Mendocino County)

November 30 and December 1, 2019

Archery Project

There will be a workshop to certify 4H Adult Volunteers as Shooting Sports Leaders in the Shooting Sports discipline of “Archery,” presented in Mendocino County on the weekend of November 30 and December 1, 2019. You must attend both days to be certified.

This class will be Saturday Nov 30th, 9 AM –5 PM, and Sunday, Dec 1st, 9 AM - 2 PM, at the Potter Valley Tribe Property, 21801 North Highway One, Fort Bragg, CA, in Mendocino County. This class is being hosted by Mendocino County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach the specific shooting sport at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. Bring your own lunch each day.

Junior and teen leaders are invited but must attend with an adult or have a certified Shooting sports adult leader they will be helping back home.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://4h.ucanr.edu/files/4785.pdf>, a check for \$35 to Mendocino County 4H, and an adult or youth 4-H medical release form and mail to UCCE, 890 North Bush Street, Mendocino, CA , 95482. Registration is due Monday November 18, and space is limited to 20 attendees. For more general information call Teresa Spade at 707-937-1802 or email her at fortbragg4h@gmail.com. For Shooting Sports information please contact Dave Givens 209-614-1718 or riveroakstraining@gmail.com

4-H Shooting Sports Workshop Rifle Discipline Fort Bragg, CA (Mendocino County)

Saturday, November 9, 2019 – 8:00 a.m. – 6:00 p.m.

Sunday, November 10, 2019 – 8:00 a.m. – 4:00 p.m.

This 4-H shooting sports workshop will certify adult volunteers as rifle trainers who can lead a rifle project at the club level or serve as county trainers to certify other leaders. The classroom portion of the training will occur at the Fort Bragg Fire Department at 141 North Main Street in Fort Bragg, CA. The hands-on portion of this training will occur at a nearby outdoor facility, which will be provided to registered participants. Participants must attend both days of training to receive certification. Teen leaders are invited but must attend with an adult, or have a certified shooting sports adult leader they will be helping back in their home county. To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://4h.ucanr.edu/files/4785.pdf>, a check for \$35 to Mendocino County 4-H, and appropriate adult or youth 4-H medical release forms to UCCE, 890 North Bush Street, Mendocino, CA 95482. Registration is due Monday November 4, 2019. Youth medical release forms are located at <http://4h.ucanr.edu/files/4726.pdf> and adult forms at <http://4h.ucanr.edu/files/20100.pdf>. For more information call Teresa Spade at 707-937-1802 or email her at fortbragg4h@gmail.com. For shooting sports information, please contact John Borba at jaborba@ucanr.edu.

4-H SHOOTING SPORTS NEWS



If you have an interest in sharing your Archery, Shotgun or Rifle Shooting skills with youth, how about becoming a 4-H Shooting Sports adult volunteer or teen leader in these sports? There will be a 4-H Shooting Sports leader certification training in either Archery, Shotgun or Rifle offered November 9 & 10, 2019. You may only get certified in one discipline during this weekend class.

These class's will be held Saturday, 8 AM –4 PM, and Sunday, 8 AM- 1pm, at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton, 95338, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach marksmanship at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshment's. Please bring your own lunch to the class.

Junior and teen leaders are invited but must attend with an adult or have a certified adult leader they will be helping back home in that specific discipline.

Driving directions to the range are at <http://www.safetyfirstshooting.net/html/directions.html> . Tent or Dry RV camping is an option.

To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at <https://ucanr.edu/sites/UC4-H/files/4785.pdf>, and an adult or youth 4-H medical release form and a \$35 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Alternatively you can email your registration and hand carry a check. Registration is due Friday of the week before and **Space is limited to 10 attendees**. For more information call Dave at 209-614-1718 for info or camping, or Darlene McIntyre for registration at [209-385-7418](tel:209-385-7418) or email her at dmcintyre@ucanr.edu.



http://4h.ucanr.edu/4-H_Events/WF/

Citizenship Washington Focus is an educational conference for youth ages 15 to 19. Delegates must be at least 15 years of age by time of travel to participate. Hosted at the National 4-H Center near Washington, D.C, it gives youth the opportunity to explore, develop, and refine the civic engagement skills they need in order to become outstanding leaders.

Through tours in the living classroom of Washington, D.C. and hands-on educational workshops, youth will learn about the history of our nation, the leaders who have shaped it, and how they can apply their enhanced leadership and citizenship skills to issues in their own community.

**2020 4-H Citizenship
Washington Focus Conference
National 4-H Conference Center
Chevy Chase, MD**

**REGISTRATION OPENS
ON OCTOBER 15, 2019**

(A \$1200 deposit is due at time of registration)

**June 26-July 4, 2020
(Conference Only) \$3,149**

**June 26-July 7, 2020 (Conference &
Extended Trip to Gettysburg, Philadelphia
& Baltimore) \$3,999**

This trip includes the above conference only package plus 4 extra days of educational tours of Gettysburg, PA, Philadelphia, PA and Baltimore, MD. Cost includes transportation (air and ground), housing and most meals plus access to the tour sites.

This trip is coordinated through the CA State 4-H Office. For more information, please contact Scott Mautte at ca4hashingtonfocus@ucanr.edu



http://4h.ucanr.edu/4-H_Events/LWF/

**2020 4-H
Leadership Washington Focus
Conference
July 26 - July 31, 2020
\$2,399 per person
(\$750 deposit due with registration)**

National 4-H Conference Center
Chevy Chase, MD

**Registration and deposit dead-
line: December 15, 2019***

*Limited Space Available - spots may fill up before the deadline

Trip Package

\$2,399 per person, includes:

- Attendance at National 4-H's Leadership Washington Focus Conference
- Round trip airfare
- Lodging at the [National 4-H Conference Center](#)
- Most meals during the trip
- Access to the tour sites
- Transportation during the program
- LWF Conference T-Shirt

Please see the Information for Delegates for the full timeline of payment dates and required webinars to participate in this trip. Parent(s), guardian(s), and key local leaders are encouraged to attend as well.

4-H HORSE PROJECT NEWS



2019 California 4-H Horse Classic

Eight San Luis Obispo County horse project members competed at the California 4-H Horse Classic show last summer at the Brookside Equestrian Park in Elk Grove. These eight riders worked hard all this past year, training their horses and competing at our SLO County Horse Field Days and at the 4-H Horse Shows during our local fairs. They have shown an awesome commitment to their project animals and it was an honor for these riders to compete against other top 4-H riders from across California. Our riders competed in over 70 classes at the State Classic and proudly represented SLO County by placing in the top ten and earning ribbons in most of those classes.



2019 San Luis Obispo County State Horse Show Team

Allie, team assistant: Templeton; Gracie, Herbie, & Twitter: Cerro Alto; Michelle Mitchell: SLO County Horse Resource Leader; Ella, Bear, & Cat: Creston; Malaya & Rambo: Creston; Emily & Apache: Pine Mountain; Alina & Bettina: Edna; Violette & Gus, Pine Mountain; Anja & Lady: Edna, Olivia & Cowboy: Creston; Mary LaPorte: Edna 4-H Horse Leader. Not pictured, Laurie Ridgeway: Creston 4-H Horse Leader.

Tiana (Nipomo) Senior Reserve

4-H HORSE PROJECT NEWS

2019 California 4-H Horse Classic Show Team



Gracie from Cerro Alto 4-H club rode both of her project horses, Herbie and Twitter, at the state show. Gracie and Herbie earned High Point English in the Pony division, placing 1st in Equitation and 2nd in Showmanship, Hunter Under Saddle, Pleasure, and Horsemanship. Gracie also showed Herbie in the Western classes and Gracie and Twitter earned High Point Gymkhana Junior.



Violette and Gus from Pine Mountain 4-H competed in the English and Western classes, earning 4th in Novice English Equitation.



Emily & Apache from Pine Mountain 4-H competed in the English, Western, and Gymkhana classes, earning 3rd place in Speed Barrels.



Anja & Lady from Edna 4-H competed in the English and Western classes, earning 1st place in Novice English Equitation.

4-H HORSE PROJECT NEWS

2019 California 4-H Horse Classic Show Team



Ella from Creston 4-H club. Ella and Bear placed 1st in Senior English Showmanship and 3rd in Senior Western Showmanship. Ella & Cat placed 2nd in Senior Speed Barrels, Cloverleaf Barrels, and Big T.



Malaya & Rambo from Creston 4-H competed in the English, Western, and Gymkhana classes, placing 5th in Junior English Equitation.



Alina & Bettina from Edna 4-H competed in the English and Western classes, placing 1st in Novice English Horsemanship, 2nd in Dressage test B, and 3rd in Novice English Equitation.



Olivia & Cowboy competed in the English and Western classes, earning 5th place in Novice English Pleasure.

4-H HORSE PROJECT NEWS

2019-2020 Horse Project Calendar

Date	Activity	Location
12/15/2019 4-5 pm	Horse Written Level Testing	UCCE Auditorium, SLO
1/12/2020 430-830 pm	Hippology Bowl	UCCE Auditorium, SLO
tbd Jan/Feb	Western & Trail Clinic	Knudson Training Stables, Paso Robles
2/16/20 or 2/23/20	Western Field Day Written/Riding Level Testing	Knudson Training Stables, Paso Robles
tbd	State 4-H Horse Educational Contests (horse judging, hippology, public speaking)	Fresno Ag Pavilion, Fresno
3/15/20 or 3/22/20	Gymkhana Field Day Written/Riding Level Testing	Wranglerette Arena, Atascadero
4/12/20 or 4/19/20	English Field Day Written/Riding Level Testing	Knudson Training Stables, Paso Robles
tbd Apr/May	English/Jumping Clinic	Paso Robles Horse Park
~5/13/20	4-H Horse Show (Salinas Valley Fair)	King City Fairgrounds
tbd June	County Field Day (Written Levels)	Mid-State Fairgrounds, Paso Robles
tbd June	4-H Horse Show (SB County Fair)	Santa Maria Fair Park
tbd June	California 4-H State Horse Classic	Brookside Show Park, Elk Grove
tbd July	4-H Horse Show (Mid State Fair)	Mid-State Fairgrounds, Paso Robles
tbd July	Open Horse Show (Mid State Fair)	Mid-State Fairgrounds, Paso Robles

California 4-H Youth Summits

http://4h.ucanr.edu/4-H_Events/Summits/

The California 4-H Youth Summits are three-day leadership development conferences hosted in four locations across the State. Youth summit programs are designed to grow the leadership abilities of intermediate 4-H members (ages 11-13). The Summits are planned by a team of senior 4-H members (ages 14+) overseen by the [California 4-H Management Board](#).

San Luis Obispo County 4-H Members would attend the SANGER Youth Summit in the Central Region due to proximity of our County.

Got questions? Contact John Trammell, Youth Summits Director, at jwtrammell87@gmail.com



**2019 - 2020 Youth Summit: Central Region will be held on Jan. 24-26, 2020
Wonder Valley Ranch, Sanger**

Ripples of Today, Waves of Tomorrow!

Our goal is to empower youth by giving them the tools to create change in their communities. This year, we will inspire and facilitate the ability of youth to create impact in their communities on issues they care about.

Registration Deadline: November 30, 2019.

We cannot wait to see all of you and your students next Saturday for our **first Filmmakers Workshop!**

Bring a student! Be a Mentor!

Speakers Panel 📺 Work with a Mentor 📺 Network—Join us for an afternoon of all things entertainment and media arts!

RSVP Here:

<http://slolibrary.evanced.info/msignup/Details?eventid=21248>

Event Details:

Saturday, 11/9

**San Luis Obispo Library Community Room
1-5PM**

Thank you for your interest and support!

See you there,

Sarah Risley

Central Coast Film Society

<https://www.centralcoastfilmsociety.org/>



4-H CLUB NEWS

Edna 4-H Club at San Luis Obispo Farmer's Market



The Huasna Valley 4-H club presented a booth at the Arroyo Grande Valley 82nd Annual Harvest Festival on Saturday September 27. Club members Heidi C., Natalee R., Dakota J., Marley C., and Kaylee P. helped kids decorate veggies and shared what kinds of fun things they do in 4-H. Submitted by: Kate H. - 4-H Club Reporter



4-H CLUB NEWS

This weekend on the 19 of October, the Morro Bay 4-H Club swine group had a mandatory clover safety meeting, followed by a farm demo and clean up. All of the swine kids had to fill out an information sheet about their goals and what they would like to learn while being in 4-H. The high school kids had an event to go to that same day so they were all pretty motivated to get in and get out. Surprisingly they made great time tearing down all of the pig shelters, weed whacking, and loading all the wood from the shelters onto a trailer to be hauled out of the farm. They all worked together to get everything accomplished and ready for new shelters to be built for the pigs to start off fresh for the new year. Building new shelters is also a precautionary measure to ensure that there is little to no chance of any diseases or illnesses being transmitted to the pigs from the bacteria that has been trapped in the old shelters.

Submitted by Clarissa O. from Morro Bay 4-H.



4-H CLUB NEWS

Cerro Alto Poultry Project

On October 15, 2019, the Poultry Project group met at Atascadero Public Library at 6:30 p.m. What we did at our meeting was we got to know one other, and we made a paper pumpkin that had something we like written inside it and a piece of candy. We each picked a pumpkin and had to match the "like" inside with one of the project members. We also went over the types of chicken combs using chickens made of balloons and the first two steps of poultry showmanship. We had a test on the type of chicken comb on the balloon chicken we each held. The next Poultry Project meeting will be on November 19, 2019, at 6:30 p.m. at the Atascadero Public Library. Submitted by Ella J.H.



4-H Display at San Luis Obispo Farm Supply Store during National 4-H Week



Santa Margarita 4-H is excited to announce its Officers for the 2019-2020 4-H Year.

Top row, from left: Adri P. Parliamentarian, Ana P., Secretary, Kerrigan J., President, Korinne J. Reporter, Annika J., Vice President, Neill S., Treasurer.

Bottom row: Lucia P., Caught Ya officer, Gage C., Amelia F., and Alexis J., Sunshine Officers.

This Officer team is looking forward to another great year!

Submitted by: ~Korinne J., Reporter

4-H STEM NEWS

On Monday, September 30th, the 4-H County STEM committee had a booth at the 11th Annual Softec EXPO. At this event there were robotics, makerspace, electronic engineering activities, and even a virtual reality demonstration! The 4-H booth showed scribbler robots and how to program and use them. Kids, and adults, would program a scribbler to draw a letter or a pattern and change the colors to make beautiful art. In addition to the county 4-H STEM leaders, In attendance was Kate H. and Harry P. from Huasna Valley 4-H. They were there helping run the 4-H booth and representing our county 4-H program.

Written by Kate Harvey, Huasna Valley 4-H Club Reporter



4-H CLUB NEWS

Achievement Night was on September 21, 2019. Many kids from all around San Luis Obispo County came to receive awards for their hard work on their record books. There were awards given to a few different leaders for being leaders in 4-H for many years. There were awards given to kids for groups from Archery to Veterinary Science, and more. Nipomo 4-H medalists included: Dylan T. and Kaden T. in Cake Decorating, Gracie G. for Creative Arts and Crafts, Lacey A. in Dog Care, Jackson F. and Sage S. for Market Goats, Madison F. for Leadership Development, Emalee C. and Kaitlyn C. for Marine Biology, Matthew R., Emma C., Ashley R. and Kaiana S. for Pygmy Goat, Lucy M. and Leila M. for Rabbits, Dylan A., Alfredo R., Antonio R. for Market Sheep, Kayce V.H. and Maeli A. for Sports, Chase C., Xavier G., Alicia M., Christian S., and Zack L. for Swine. Submitted by: Kaiana S., Nipomo 4-H



Picture 1:
Nipomo 4-H did great at Achievement Night. Out of the 5 medalists for Pygmy Goat, four of them were from Nipomo 4-H. From left to right are Matthew R., Emma C. (County Winner), Ashley R. (County Winner), and Kaiana S. (County Winner). Submitted By: Kaiana S., Nipomo 4-H

Picture 2:
Nipomo 4-H put together a display all about 4-H. It can be seen at the Nipomo Library. Submitted By: Kaiana S., Nipomo 4-H



Nipomo 4-H Sheep Group hard at work at the 40th Annual Nipomo Men's Club Buck Contest on September 28, 2019.



SLO COUNTY 4-H YOUTH DEVELOPMENT PROGRAM



Food & Arts Celebration and Fashion Revue

What is Food & Arts Celebration?



Food & Arts Celebration is a fun annual event where 4-H members can showcase their project work, learn and apply new skills, and earn recognition.

Food & Arts Celebration entries include many kinds of arts and crafts, food items, photography, posters and collages, scrapbooks, quilting, textile arts, and cake decorating. While entries are being judged, members participate in a variety of fun activities that involve food, arts and crafts, and sewing. They also learn about selecting and preparing foods that support *healthy lifestyle choices*.



What is Fashion Revue?

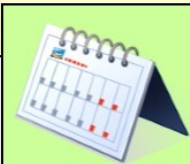
Fashion Revue, which happens together with Food & Arts Celebration, includes an exciting Fashion Show where 4-H members model garments they made in their Clothing & Textiles or Fashion Revue project group. Prior to the show, garments are judged for construction, and then members are interviewed by the judges and may choose to model their garments for the audience. Participating in Fashion Revue is a great way for members to showcase their work, as well as practice *communication skills* and build *self-esteem*!



Food & Arts Celebration and Fashion Revue are usually held the last weekend in April.

Sounds great - Sign me up!

If you are interested in participating in Food & Arts Celebration or Fashion Revue, contact your Community Club Leader or Project Leader for a registration packet, or download one from ucanr.edu/slo4h. We also encourage everyone to come and support your fellow 4-H members by viewing their entries and rooting them on during the Fashion Show.



**Food & Arts Celebration
and Fashion Revue**
Sat., April 25, 2020
Laguna Middle School,
San Luis Obispo

Questions? Call the 4-H Office at (805) 781-5943.

<https://ucanr.edu/sites/slo4h/>

Who can participate?

In order to submit an entry, 4-H members must be present and participate in the **Food & Arts Celebration (FAC) Event**.

Primary Members (ages 5-8) may participate in the event. However, Primary Members must have a parent, or other adult with them throughout the event, including activities. Primary Members receive special Participation Ribbons and Certificates only.

Due to county budget constraints, there is a \$5 Entry fee for each the **FAC & the Fashion Revue** which are collected by your 4-H Community Club Leader.



Revised 10/16/2019



University of California

Agriculture and Natural Resources

■ 4-H Youth Development Program

UC ANR 4-H Youth Development Program in San Luis Obispo County
University of California Cooperative Extension (UCCE)
2156 Sierra Way, Suite # C
San Luis Obispo, CA 93401-4556

4hOnline Enrollment is Year-Round — Contact a 4-H Community Club Leader

SLO County 4-H Youth Development Program Calendar 2019-2020

COUNTY 4-H WEBSITE URL: <http://ucanr.edu/slo4h/>

2019—2020 4-H PROGRAM YEAR

NOV 2019

- 8-10 The Volunteer Retreat, Pacific Grove, CA**
- 14 RSVPs due for Youth Leadership Workshop RSVP dharris@co.slo.ca.us**
- 16 4-H Youth Leadership Club Officer Training Workshop For Grades 6th—12th at UCCE Auditorium in SLO**
- 16 Cake Decorating UCCE Auditorium pg. 4**

2019 — 2020 4-H Horse Project Calendar on page 13

NOTE: As soon as we have dates for County 4-H Presentation Day and Sectional 4-H Presentation Day, we will post them in the newsletter and inform your 4-H Community Club Leader

JAN 2020

- 4 STEM DAY events at Cal Poly & Atascadero**
- 25 Small Animals Field Day, Camp San Luis**
- 24-26 4-H Youth Summit, Sanger**

UPCOMING DATES:

- 4/25/2020—Food & Arts Celebration & Fashion Revue
Laguna Middle School, SLO**
- 5/30/2020—4-H Field Day, Paso Robles Event Center**
- 8/21/2020— 2019-20 4-H Record Books Due
at the 4-H Office**
- 8/28/2020— County Record Book Judging Day #1**
- 8/29/2020— County Record Book Judging Day #2**
- 10/3/2020— 2019-2020 4-H Achievement Night
SLO Veterans Hall, 801 Grand Ave, SLO**