



University of California
Agriculture and Natural Resources

4-H Youth Development Program



SAN LUIS OBISPO COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

News & Views

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

2019 – 2020 4-H PROGRAM YEAR

OCTOBER 2019



4-H PROJECT LEADER TRAINING

Saturday, October 19, 2019

10:00 a.m. — 2:00 p.m.

In the UCCE Auditorium

Located at 2156 Sierra Way

The Auditorium Entrance is at the parking lot level.

- Gather Valuable Tips on being a successful Project Leader!
- This is not just for the beginning Project Leader — but also for the more seasoned Project Leader!
- Tips on planning your Project and Hints on Resources available!
- Record Book Information along with ideas for Junior and Teen Leaders!
- There will be Networking Time and Question & Answer Time!
 - Lunch will be provided!

RSVP by October 11th to the 4-H Office: dharris@co.slo.ca.us or 1-805-781-5943 with Your Name, Your Club Name and the Project(s) that you lead for your 4-H Club.

RSVP so adequate materials can be prepared. (If you should develop an unexpected period of time on Saturday, October 19, 2019, please come and join us!)

**For Questions or further Information, please contact:
Marlene Thomason, 4-H Program Development Board
Adult Leadership Key Leader at 1-805-463-2343.**



IMPORTANT UPCOMING DATES:

4-H Project Leaders Training
Sat., 10/19/19 at the
UCCE Auditorium in SLO
Any Questions? - Contact Ana at
(805) 781-5941 or amltorres@ucanr.edu
RSVP by October 11th to 4-H Office:
1-805-781-5943
Or email: dharris@co.slo.ca.us
With Your Name, Club Name and
the Project(s) you lead.

Youth Leadership Workshop
For Grades 6th—12th
Sat., 11/9/19 at the
UCCE Auditorium in SLO
Any Questions? - Contact Ana at
(805) 781-5941 or amltorres@ucanr.edu
RSVP by November 7th to 4-H Office:
1-805-781-5943
Or email: dharris@co.slo.ca.us

News & Views is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources. *News & Views* is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.



Please submit articles and photos by the 15th of each month to:

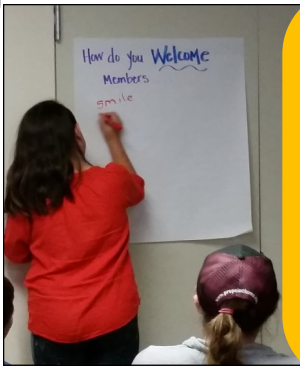
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Liliana Vega
4-H Youth Development Advisor

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By John Fox,
Interim UC ANR AA Compliance Officer

2019 – 2020 Youth Leadership Development Workshop for Grades 6th - 12th



Sat., November 9th, 2019
10:00 am – 12 Noon
UCCE AUDITORIUM
2156 Sierra Way, SLO
Entrance at the Parking Lot level



OPEN to 4-H Members in Grades 6th — 12th

The 2019-2020 County All Star Ambassadors are hosting a Youth Leadership/Officer Training for Club Officers and all 4-H Members in grades 6th - 12th. Learn valuable leadership skills at this Workshop! Meet other youth leaders, learn about leadership opportunities, and overall have a lot of fun!

RSVP to the 4-H Office:
Email: dharris@co.slo.ca.us or
Phone: 1-805-781-5943
By Thursday, November 7th

Contact Ana Torres at 1.805.781.5941 or Email: amltorres@ucanr.edu for any questions.

**This is a great experience for Club Officers,
Junior and Teen Leaders, and
Leadership Project members!**
No leadership experience required!



2019 MINDFULNESS RETREAT

STATE 4-H Mindfulness Retreat in Cambria Nov. 1-3, 2019

The **Mindfulness Retreat** will be held **November 1-3, 2019 at Camp Ocean Pines, Cambria.**

The estimated price at this time is \$275 per youth participant and chaperone fees estimated at \$25-30 per youth.

More information will be posted on the State 4-H website:

<http://4h.ucanr.edu/News/?calitem=460616&g=86993>

<http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/>



4-H ENROLLMENT NEWS

**4hOnline Re-Enrollment Started on July 1st, 2019
for the 2019-2020 4-H Program Year in the 4hOnline Database**

Hello 4-H Families:

— Here is an update about Enrolling in a SLO COUNTY 4-H CLUB!

NEW MEMBERS to 4-H go to this link:

http://ucanr.edu/sites/slo4-h/Find_a_4-H_Club_Near_You/

RE-ENROLLING MEMBERS in 4-H

go to this link:

<https://ca.4honline.com/>

NEW Adult Volunteers go to this link:

**[http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/
New_Volunteers/](http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/New_Volunteers/)**

RETURNING Adult Volunteers go to this link:

**[http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/
Returning_Volunteers/](http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/Returning_Volunteers/)**

If you are still having trouble logging into the 4hOnline system, contact the 4-H Office at 805-781-5943 — **or** — via the email address: dharris@co.slo.ca.us

FEES: The 2019-2020 4-H Program Year Youth Re-enrollment and New Enrollment Fee is \$75.00; and the 4-H Adult Volunteer fee is \$24.00.

Note: Some 4-H clubs may be charging another fee in addition to the \$75 Youth Fee. Please contact your 4-H Community Club Leader for the Youth Fee Amount prior to making your payment.

**Fee Payments can not be made online—
you will need to give your Enrollment Fee payment to
your 4-H Community Club Leader.**

If you are having trouble and need assistance with the 4hOnline Enrollment Registration site, you can Contact your 4-H Community Club Leader, and/or the **V**olunteer **E**nrollment **C**oordinator (**VEC**) for your 4-H club , or the 4-H Office (805) 781-5943

<https://ca.4honline.com>

4-H SHOOTING SPORTS NEWS



San Luis Obispo County 4-H Youth Development—Program Development Board
Jack Crane, Shooting Sports Key Leader

Contact Jack Crane at Phone: (805) 458-4223 or Email: jack@accuair.com
or the 4-H Office at 781-5941 if you would like more information.

4-H Shooting Sports Workshop **Rifle Discipline** **Bakersfield, CA**

Saturday, November 2, 2019 – 8:00 a.m. – 6:00 p.m.

Sunday, November 3, 2019 – 8:00 a.m. – 4:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders.

There is no cost for the course.

To register for the course or receive more information, contact John Borba at: jaborba@ucanr.edu



e4: The Volunteer Retreat

Engage. Energize. Equip. Empower.

November 8-10, 2019
Asilomar Hotel & Conference Grounds
Pacific Grove, CA

The Volunteer Retreat is a volunteer development conference for volunteers and staff who work with youth. Adult volunteers, staff, and youth volunteers ages 15 and older are encouraged to attend.

At this first annual conference, you can:

1. ENGAGE – connect with other volunteers who work with youth
2. ENERGIZE – strengthen your positive youth development skills
3. EQUIP – gain resources from booth exhibits and the Project Skills Showcase
4. EMPOWER – share and learn new skills and ways to work with youth

The retreat is sponsored and organized by the [University of California 4-H Youth Development Program](#), a statewide program of the [University of California Division of Agriculture and Natural Resources](#).

Here is the State 4-H Website Link for The Volunteer Retreat: NEW Conference Fee is \$99 to register and your register for the Room Fees separately:

<https://ucanr.edu/sites/ca4hslf/>

California 4-H Youth Summits

The California 4-H Youth Summits are three-day leadership development conferences hosted in four locations across the State. Youth summit programs are designed to grow the leadership abilities of intermediate 4-H members (ages 11-13). The Summits are planned by a team of senior 4-H members (ages 14+) overseen by the [California 4-H Management Board](#).

San Luis Obispo County 4-H Members would attend the SANGER Youth Summit in the Central Region due to proximity of our County.

Got questions? Contact John Trammell, Youth Summits Director, at jwtrammell87@gmail.com



**2019 - 2020 Youth Summit: Central Region will be held on Jan. 24-26, 2020
Wonder Valley Ranch, Sanger**

Ripples of Today, Waves of Tomorrow!

Our goal is to empower youth by giving them the tools to create change in their communities. This year, we will inspire and facilitate the ability of youth to create impact in their communities on issues they care about.

http://4h.ucanr.edu/4-H_Events/Summits/



University of California

Agriculture and Natural Resources

■ 4-H Youth Development Program

UC ANR 4-H Youth Development Program in San Luis Obispo County
University of California Cooperative Extension (UCCE)
2156 Sierra Way, Suite # C
San Luis Obispo, CA 93401-4556

4hOnline Enrollment is Year-Round — Contact a 4-H Community Club Leader

SLO County 4-H Youth Development Program Calendar 2019-2020

COUNTY 4-H WEBSITE URL: <http://ucanr.edu/slo4h/>

2019—2020 4-H PROGRAM YEAR

OCT 2019

19 4-H Project Leader Training in SLO 10am-2pm

JAN 2019

**24- 4-H Youth Summit, Sanger
26**

NOV 2019

1-3 State 4-H Mindfulness Retreat , Cambria

2-3 Rifle Discipline Workshop, Bakersfield

8-10 The Volunteer Retreat, Pacific Grove

**9 4-H Youth Leadership Club Officer Training
Workshop For Grades 6th—12th in SLO**

4-H Volunteer Retreat @ Asilomar Conference Center — November 7—10, 2019