



University of California  
Agriculture and Natural Resources

4-H Youth Development Program



SAN LUIS OBISPO COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

# News & Views

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

2019 – 2020 4-H PROGRAM YEAR

SEPTEMBER 2019

**Medalists**—Mark your calendars to attend the **2018-2019 4-H Achievement Night** on *Saturday, September 21, 2019 at 6:30 p.m. at the SLO Veteran's Hall, 801 Grand Ave in SLO*  
**Medalists are those 4-H Members who** turned in a President's Volunteer Service Award form, Gold Seal Recipient on their Officer Book, Emerald Stars, Horse Project Champion Award winners, 4-H Youth of Distinction, and your 4-H Community Club Leader will have informed you if your Record Book received a Medal or a County Winner designation means you are a medalist! The 2019-2020 County Ambassadors will be introduced too! ~ **We hope to see you there!** ~



## CHAMPION DRIVE



2019 ACHIEVEMENT NIGHT – September 21, 2019



## **IMPORTANT UPCOMING DATES:**

**2018-2019 4-H Achievement Night is:  
Saturday, September 21, 2019  
at the SLO Veteran's Hall  
801 Grand Ave, SLO CA  
**NEW START TIME: 6:30 p.m.****

**4-H Community Club Leader Kick-Off  
Sat., 9/14/2019 at the  
UCCE Auditorium in SLO  
Any Questions? - Contact Ana at  
(805) 781-5941 or [amltorres@ucanr.edu](mailto:amltorres@ucanr.edu)**

**4-H Project Leaders Training  
Sat., 10/19/19 at the  
UCCE Auditorium in SLO  
Any Questions? - Contact Ana at  
(805) 781-5941 or [amltorres@ucanr.edu](mailto:amltorres@ucanr.edu)**

*News & Views* is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources. *News & Views* is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.



***Please submit articles and photos by the 15th of each month to:***

Denise Harris, Editor  
4-H Office  
2156 Sierra Way, Suite C  
San Luis Obispo, CA 93401  
(805) 781-5943 / [dharris@co.slo.ca.us](mailto:dharris@co.slo.ca.us)

Liliana Vega  
4-H Youth Development Advisor

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By John Fox,  
Interim UC ANR AA Compliance Officer

## 4-H LIFE SKILLS SCHOLARSHIPS—Due 9/6/2019

### SLO County 4-H 2018-2019 Life Skills Scholarships—**DUE Friday, Sept. 6, 2019**

The San Luis Obispo County 4-H Management Board is happy to offer **three (3) Life Skills scholarships** in the amount of **\$300 each**. **The Scholarship Application Areas are:**

- 1. Civic Engagement**
- 2. Leadership**
- 3. Life Skills**

If you are a current 4-H member who is in good standing in SLO County who is planning to attend college this Fall, you are eligible to apply for all three of these scholarships; however, you will be awarded only one scholarship. In addition to general 4-H and academic information, the applicant is asked to address the following:

#### **Civic Engagement:**

1. What types of civic engagement involvement did you participate in during your 4-H career?
2. Describe two or three civic engagement activities that were most significant to you. Explain how you think your civic engagement activities will influence your life in the future.

#### **Leadership:**

1. What leadership skills have you developed through your 4-H career and how were they developed?
2. Describe how you think your leadership skills will influence your life in the future.

#### **Life Skills:**

1. What life skills have you developed through your 4-H career and how were they developed?
2. Describe how you think these life skills will influence your life in the future.

To obtain an Application, go to **[http://ucanr.edu/sites/slo4-h/Club\\_Forms/](http://ucanr.edu/sites/slo4-h/Club_Forms/)** OR call the 4-H office at 781-5943. **Scholarship Applications are due in the 4-H office no later than Friday, Sept. 6, 2019 by 5:00 p.m. Postmarks will not be accepted.** Good Luck!

#### **What is civic engagement?**

4-H Civic Engagement is the knowledge, skills, attitudes and motivation that give youth the capacity to move beyond ones individual self-interest and to be committed to the well-being of some larger group.

## 2019 MINDFULNESS RETREAT

### STATE 4-H Mindfulness Retreat in Cambria Nov. 1-3, 2019

The **Mindfulness Retreat** will be held **November 1-3, 2019 at Camp Ocean Pines, Cambria.**

The estimated price at this time is \$275 per youth participant and chaperone fees estimated at \$25-30 per youth.

More information will be posted on the State 4-H website:

<http://4h.ucanr.edu/News/?calitem=460616&g=86993>

<http://4h.ucanr.edu/Projects/HealthyLiving/Mindfulness/>



## 4-H ENROLLMENT NEWS

**4hOnline Re-Enrollment Started on July 1st, 2019  
for the 2019-2020 4-H Program Year in the 4hOnline Database**

**Hello 4-H Families:**

**— Here is an update about Enrolling in a SLO COUNTY 4-H CLUB!**

**NEW MEMBERS to 4-H go to this link:**

**[http://ucanr.edu/sites/slo4-h/Find\\_a\\_4-H\\_Club\\_Near\\_You/](http://ucanr.edu/sites/slo4-h/Find_a_4-H_Club_Near_You/)**

**RE-ENROLLING MEMBERS in 4-H**

**go to this link:**

**<https://ca.4honline.com/>**

**NEW Adult Volunteers go to this link:**

**[http://ucanr.edu/sites/slo4-h/4-H\\_Volunteer\\_Opportunities/  
New\\_Volunteers/](http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/New_Volunteers/)**

**RETURNING Adult Volunteers go to this link:**

**[http://ucanr.edu/sites/slo4-h/4-H\\_Volunteer\\_Opportunities/  
Returning\\_Volunteers/](http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/Returning_Volunteers/)**

If you are still having trouble logging into the 4hOnline system, contact the 4-H Office at 805-781-5943 — **or** — via the email address: dharris@co.slo.ca.us

**FEES:** The 2019-2020 4-H Program Year Youth Re-enrollment and New Enrollment Fee is \$75.00; and the 4-H Adult Volunteer fee is \$24.00.

***Note: Some 4-H clubs may be charging another fee in addition to the \$75 Youth Fee. Please contact your 4-H Community Club Leader for the Youth Fee Amount prior to making your payment.***

**Fee Payments can not be made online—  
you will need to give your Enrollment Fee payment to  
your 4-H Community Club Leader.**

If you are having trouble and need assistance with the 4hOnline Enrollment Registration site, you can Contact your 4-H Community Club Leader, and/or the **V**olunteer **E**nrollment **C**oordinator (**VEC**) for your 4-H club , or the 4-H Office (805) 781-5943

**<https://ca.4honline.com>**



## 4-H HORSE PROJECT NEWS



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### English Field Day High Point Winners

Ella (Creston) Senior Champion  
Tiana (Nipomo) Senior Reserve  
Gracie (Cerro Alto) Junior Champion  
Bailey (Templeton) Junior Reserve  
Anja (Edna) Novice Champion  
Brooklyn (Los Osos) Novice Reserve

## English Field Day

Our English Field Day in early May was a fabulous day, with well behaved horses and happy riders. Twenty riders from across the county competed in English Pleasure, Equitation, Hunter Under Saddle, Horsemanship, showmanship, and Hunter Hack classes.



### 2018-19 All Around Winners

Ella (Creston) Senior Reserve  
with Proud Mom, Michelle!  
*not pictured:*

Hailey (Creston) Senior Champion  
Gracie (Cerro Alto) Junior Champion  
Estefany (Edna) Junior Reserve  
Brooklyn (Los Osos) Novice Champion  
on  
Anja (Edna) Novice Reserve

## Salinas Valley Fair



*Left:*

Gracie (Cerro Alto) earned Junior High Point in all 3 divisions! English, Western, and Gymkhana and Junior Best of Show

Ella (Creston) earned Senior High Point Western and Best of Show

*Right:*

Hailey (Creston) receiving the Ring Steward Award



## Upcoming SLO County 4-H Horse Events

Date	Activity	Location
TBD	TBD	TBD

## 4-H SHOOTING SPORTS & MINDFULNESS RETREAT NEWS



**San Luis Obispo County 4-H Youth Development—Program Development Board**  
**Jack Crane, Shooting Sports Key Leader**

Contact Jack Crane at Phone: (805) 458-4223 or Email: [jack@accuair.com](mailto:jack@accuair.com)  
or the 4-H Office at 781-5941 if you would like more information.

### **4-H Shooting Sports Workshop** **Rifle Discipline** **Bakersfield, CA**

**Saturday, November 2, 2019 – 8:00 a.m. – 6:00 p.m.**

**Sunday, November 3, 2019 – 8:00 a.m. – 4:00 p.m.**

A 4-H shooting sports workshop for the rifle discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders.

There is no cost for the course.

To register for the course or receive more information, contact John Borba at: [jaborba@ucanr.edu](mailto:jaborba@ucanr.edu)



### **e4: The Volunteer Retreat**

**Engage. Energize. Equip. Empower.**

November 8-10, 2019  
Asilomar Hotel & Conference Grounds  
Pacific Grove, CA

The Volunteer Retreat is a volunteer development conference for volunteers and staff who work with youth. Adult volunteers, staff, and youth volunteers ages 15 and older are encouraged to attend.

At this first annual conference, you can:

1. ENGAGE – connect with other volunteers who work with youth
2. ENERGIZE – strengthen your positive youth development skills
3. EQUIP – gain resources from booth exhibits and the Project Skills Showcase
4. EMPOWER – share and learn new skills and ways to work with youth

The retreat is sponsored and organized by the [University of California 4-H Youth Development Program](#), a statewide program of the [University of California Division of Agriculture and Natural Resources](#).

Here is the State 4-H Website Link for The Volunteer Retreat: NEW Conference Fee is \$99 to register and your register for the Room Fees separately:

<https://ucanr.edu/sites/ca4hsf/>



# California 4-H Youth Summits

The California 4-H Youth Summits are three-day leadership development conferences hosted in four locations across the State. Youth summit programs are designed to grow the leadership abilities of intermediate 4-H members (ages 11-13). The Summits are planned by a team of senior 4-H members (ages 14+) overseen by the [California 4-H Management Board](#).

**San Luis Obispo County 4-H Members would attend the SANGER Youth Summit in the Central Region due to proximity of our County.**

Got questions? Contact John Trammell, Youth Summits Director, at [jwtrammell87@gmail.com](mailto:jwtrammell87@gmail.com)



**2019 - 2020 Youth Summit: Central Region will be held on Jan. 24-26, 2020  
Wonder Valley Ranch, Sanger**

## Ripples of Today, Waves of Tomorrow!

Our goal is to empower youth by giving them the tools to create change in their communities. This year, we will inspire and facilitate the ability of youth to create impact in their communities on issues they care about.

### Registration Coming Soon!

We have been getting tons of questions about registration. Registration fees will be announced soon! Registration Deadline: November 30, 2019.

## California 4-H Diamond Clover Award

The California Diamond Clover is the highest achievement for which a 4-H youth member is recognized. All youth members who achieve the requirements are eligible to receive this award. Awardees receive the California Diamond Clover Pin or Necklace Charm, a certificate and a recognition letter from the Associate Director of 4-H Program and Policy.

Applications are accepted year-round. Applications are reviewed by the 4-H Incentives and Recognition Advisory Committee and awarded quarterly.

For more information visit:

[http://4h.ucanr.edu/Resources/Member\\_Resources/Scholarships\\_-\\_Awards/4-H\\_Diamond\\_Clover\\_Awards/](http://4h.ucanr.edu/Resources/Member_Resources/Scholarships_-_Awards/4-H_Diamond_Clover_Awards/)

## 4-H CLUB NEWS



Dragon Lake 4-H Club won 2nd Place 4-H Overall  
in the Herdman's Award at the CA Mid-State Fair 2019

*"We were very proud to have won 2nd without having a beef team.  
Our swine and sheep groups were on it! - Morgan B., Co-CCL"*

The 4-H Office staff were informed that Edna 4-H Club  
won 1st place for the CA Mid-State Fair Herdsman's Award.



**University of California**

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**4-H Youth Development Program**

UC ANR 4-H Youth Development Program in San Luis Obispo County  
University of California Cooperative Extension (UCCE)  
2156 Sierra Way, Suite # C  
San Luis Obispo, CA 93401-4556

**4hOnline Enrollment is Year-Round — Contact a 4-H Community Club Leader**

## **SLO County 4-H Youth Development Program Calendar 2019-2020**

**COUNTY 4-H WEBSITE URL: <http://ucanr.edu/slo4h/>**

### **2019—2020 4-H PROGRAM YEAR**

#### **SEP 2019**

- 14** 4-H Community Club Leader Kick-Off
- 21** 4-H Achievement Night starts at 6:30 p.m.

**4-H Achievement Night — Sat., Sept. 21, 2018**  
**Veteran's Hall, 801 Grand Ave, SLO 6:30 p.m.**

**THEME: CHAMPION DRIVE**

#### **OCT 2019**

- 19** 4-H Project Leader Training

**4-H Horse Project Calendar on Page 6**

**4-H Volunteer Retreat @ Asilomar Conference Center — November 7—10, 2019**