



The San Luis Obispo County 4-H Youth Development Program is excited to announce our countywide awards program — **"4-H Youth of Distinction!"** The **4-H Youth of Distinction (YOD)** Award focuses on honoring 4-H members who demonstrate leadership skills in their 4-H clubs, schools and in the community.

The **4-H Youth of Distinction** Award is achieved by being selected via a nomination process. 4-H members are nominated by any adult volunteer (excluding family members). *Note: **All 4-H YOD Nomination Forms must be approved by the nominee's 4-H Community Club Leader.** Nomination forms must be received in the 4-H office by **Friday, February 15th, 2019.***

The **4-H Youth of Distinction** Award recognizes 4-H members in three different categories/grades: (6<sup>th</sup>, 7<sup>th</sup>); (8<sup>th</sup>, 9<sup>th</sup>); and (10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>). Nominees will be evaluated; and 20 youth will be selected to receive the San Luis Obispo County **4-H Youth of Distinction** Award!

Traditionally, the Youth of Distinction Award recipients had the ability to purchase a special Storyboard Format (16 x 20) reflecting their leadership abilities and other interests outside of 4-H; **however, this year, we are informing families that if you would like the YOD Storyboard Award format (see Sample below), you will need to pay the YOD Photographer approximately \$60.00.** Many families enjoy having the YOD Storyboard for memories to share with family and friends, or to give as gifts to grandparents, or other family members.

The selected Youth Of Distinction award recipients **will still receive a Free 5 x 7 sitting portrait upon receiving the YOD award.** At 4-H Achievement Night, the YOD recipients will also receive a Pin and Certificate for this award.

A letter providing detailed information along with the Nomination form will be sent to all SLO County 4-H Community Club Leaders and **the YOD Nomination form can also be accessed on the county website at [http://ucanr.edu/sites/slo4-h/Club\\_Forms/](http://ucanr.edu/sites/slo4-h/Club_Forms/)**





## Become a Certified UC Master Food Preserver!

Are you passionate about local produce, preserving foods, educating others, and meeting your neighbors? By becoming a UC Master Food Preserver, you will serve as an agent of UCCE to answer food preservation questions, teach public classes, and participate in other community events.

We will be offering a 10-week volunteer certification training in Los Alamos beginning March 14 of 2019. For more information link to our position description here [MFP Position Description\\_2019](#).

**Contact: Dayna Ravalin, Program Coordinator**  
(805) 781-5944 or [dravalin@ucanr.edu](mailto:dravalin@ucanr.edu)

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*News & Views* is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources. *News & Views* is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.



**Please submit articles and photos by the 15th of each month to:**

Denise Harris, Editor  
4-H Office  
2156 Sierra Way, Suite C  
San Luis Obispo, CA 93401  
(805) 781-5943 / [dharris@co.slo.ca.us](mailto:dharris@co.slo.ca.us)

Liliana Vega  
4-H Youth Development Advisor

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By John Fox,  
Interim UC ANR AA Compliance Officer



# Supplies For Success



An Emerald Star Project By: Donielle Harpster & Mikayla Vert



### The Purpose Of This Project:

The purpose of this project is to provide kids with supplies and personal care items they need to succeed at school and in everyday life. These items will be donated to kids in the homeless shelters and the foster care system in our county.

### About These Girls:

Hi! My name is Donielle Harpster, I am 15 years old, and this is my 11th year in 4-H. Currently I am attending Mission College Preparatory Catholic High School as a Sophomore. Previously, I have been a competitive dancer at Motions Academy of Dance in Atascadero for 12 years and currently I am showing livestock and developing my leadership skills all around the county as well as filling the position as my club's Secretary. 4-H over the years has not only become an outlet and a resource of creativity and learning, but a family, a home. This year I am so excited to be given the opportunity to put on an Emerald Star project to benefit the community with one of my close friends Mikayla!

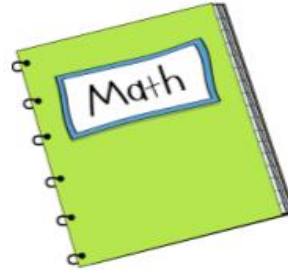
Hi my name is Mikayla Vert. I am 16 years old and this is my 8th year in 4-H. Currently I am a junior at Atascadero High School. I participate in livestock judging and other public speaking contests in my FFA chapter, and I also show pigs through 4-H. Last year, I was the chair for our coats for kids drive, and I currently serve as the treasurer for my 4-H group. I am so excited to be able to give back to the community this upcoming year with this Emerald Star project.



### Emerald Star Project: Supplies for Success List

#### School Supplies:

- ★ Notebooks
- ★ Glue sticks
- ★ Blue or black pens
- ★ Markers (24 or below)
- ★ Crayons (24 or below)
- ★ Colored Pencils (24 or below)
- ★ Folders
- ★ Lined paper
- ★ Pencils
- ★ Pencil sharpeners
- ★ White board markers
- ★ Highlighters
- ★ Sharpies
- ★ Erasers



#### Personal Items:

- ★ Hand Sanitizer
- ★ Toothpaste
- ★ Toothbrush
- ★ Floss
- ★ Travel deodorant



#### A Little Something:

- ★ Backpack Keychain

Thank You For Your Donation! Sincerely, Donielle Harpster &  
Mikayla Vert!

## 4-H STEM NEWS — UPDATED INFO!



### 2018-2019 4-H Science, Technology, Engineering, Math (STEM) County-Wide Projects

#### County-wide 4H STEM Projects Schedule by Dennis Derickson

We have an Update below on the “Fly your Own Rocket” and “Robotics for the State 4-H Field Day” meetings:

There is NO COST for any of these events—All Ages are welcome to participate!

The Project Leader, **Dennis Derickson** would appreciate a **RSVP** via email so he can plan for materials. His email address is: [ddericks@calpoly.edu](mailto:ddericks@calpoly.edu)

#### **Robotics** for State Field Day **Session 1:**

Friday, Feb. 8 at 5:30PM; Building 20A lobby at Cal Poly SLO

#### **Robotics** for State Field Day **Session 2,**

Friday, March 8 at 5:30PM; Building 20A lobby at Cal Poly SLO

#### **Robotics** for State Field Day **Session 3,**

Friday, April 5 at 5:30PM: Building 20A lobby at Cal Poly SLO

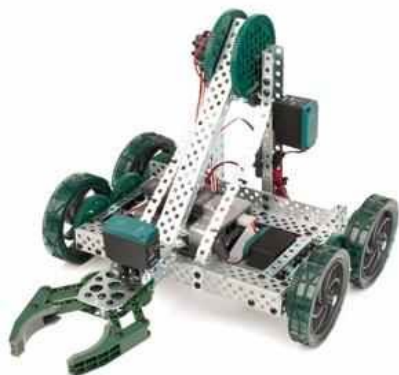
#### **Robotics** for State Field Day **Session 4,**

Friday, May 17 at 5:30PM: Building 20A lobby at Cal Poly SLO

**State Field Day Robotics Event: Saturday, June 1st 2019 in Davis, CA**

# 2018-2019 4-H Science, Technology, Engineering, Math (STEM) County-Wide Projects

All 4-H members in San Luis Obispo County are welcome!



### **VEX EDR Robotics**

*Build VEX EDR robots and enter into the California Polytechnic State University VEX EDR competition.*

**First Meeting:** See Page 5 for dates—Confirm with an email below

**Ages:** 6th grade to 12th grade

**Project Leader:** Dennis Derickson

**Project Location:** 8735 San Rafael Road in Atascadero, CA

**Phone:** 805-712-9168

**Email:** ddericks@calpoly.edu

### **4-H Advanced Rocketry & Level Certification**

*Work weekly or bi-weekly on building a Level 1 and (group) Level 2 rocket with intent of achieving a Junior Level 1 certification. Skills learned will be Basic Engineering Design Practices and Skills, Computer Aided Design (CAD), participants will learn to use Industrial Grade 3D printers, Laser Cutters, Basic Machining. Basic Electronic and Electrical skills will be learned along with working on computers and software for Rocket Tracking and Video recording. Level 2 group rocket will have goal of reaching 15,000' with Video Feed, Telemetry Feed, and Flight tracking software. This will be a large 20lb + rocket all hand built by the group.*

**First Meeting:** Weekday evening TBD

**Ages:** Teens 13 and older (or special exception by project leader).

**Additional costs:** (Meals, Travel, Tripoli Junior Registration) Should be less than \$150 for the year.

**Project Leader:** Ty Safreno

**Project Location:** San Luis Obispo (Technical and Manufacturing Portions) Santa Margarita (Assembly Portions) Fresno (Launch and Certification)

**Email:** ty.safreno@trustautomation.com



**STEM**  
Science·Technology  
Engineering·Math

## 4-H STEM NEWS

### 2018-2019 4-H Science, Technology, Engineering, Math (STEM) County-Wide Projects

All 4-H members in San Luis Obispo County are welcome!



#### **Scribbler Robotics**

*Create a custom robot and software using Scribbler robots for 2019 State Field Day Competition*

**First Meeting:** See Page 5 for dates—Confirm with an email below

**Ages:** 4th grade to 12th grade

**Project Leader:** Dennis Derickson

**Project Location:** California Polytechnic State University, 1 Grand Ave, Building 20A

**Phone:** 805-712-9168

**Email:** ddericks@calpoly.edu



#### **Pinewood Derby**

Study aerodynamics and understand how to increase speed by weight distribution as well as encourage creative design. Project conclusion of a derby race at Field Day.

**All Meeting Dates are from 11am—12 Noon at the UC Auditorium located at 2156 Sierra Way, SLO, CA 93401**

**MEETING DATES ARE: 2/24, 3/24, 4/28, 5/19**

Races will be held at 4-H Field Day on June 1, 2019 — see Handbook for Details in the Spring.

**Cost:** \$5 per derby kit

**Project Leader:** Troy and Michelle Good

**Email:** mmccoveygood@gmail.com



#### **Interested in facilitating a 4-H VEX IQ Robotics Team?**

**No experience is needed** to facilitate a 4-H VEX IQ Robotics Team in your local community! The 4-H Youth Development Program has VEX IQ Robot Kits and playing fields available to lend.

Youth are able to work through build concepts and create their own robot to compete with. Volunteers are seen as Facilitators, not experts. If you can play with Legos, you can lead a robotics team!

**If you interested in starting your own 4-H VEX Robotics team**, please contact the 4-H Office at (805) 781-5943 to coordinate pick up of supplies.

## 2018 –2019 4-H ENROLLMENT NEWS

### Re-Enrollment Started July 1st, 2018 for the 2018-2019 4-H Program Year in 4hOnline Database

Hello 4-H Families:

— Here is an update about Enrolling in a SLO COUNTY 4-H CLUB!

**NEW MEMBERS to 4-H go to this link:**

[http://ucanr.edu/sites/slo4-h/Find a 4-H Club Near You/](http://ucanr.edu/sites/slo4-h/Find_a_4-H_Club_Near_You/)

**RE-ENROLLING MEMBERS in 4-H go to this link:**

<https://ca.4honline.com/>

**NEW Adult Volunteers go to this link:**

[http://ucanr.edu/sites/slo4-h/4-H Volunteer Opportunities/  
New Volunteers /](http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/New_Volunteers/)

**RETURNING Adult Volunteers go to this link:**

[http://ucanr.edu/sites/slo4-h/4-H Volunteer Opportunities/  
Returning Volunteers/](http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/Returning_Volunteers/)

If you are still having trouble logging into the 4hOnline system, contact the 4-H Office at 781-5943 — **or** — via the email address: [dharris@co.slo.ca.us](mailto:dharris@co.slo.ca.us)

**FEES:** The 2018-2019 4-H Program Year YOUTH Re-enrollment and New Enrollment FEE is \$75.00; and the 4-H Adult Volunteer fee is \$18.00.

**Fee Payments can not be made online—**  
**you will need to give your enrollment fee payment to**  
**your 4-H Community Club Leader.**

If you are having trouble and need assistance with the 4hOnline Enrollment Registration site, you can Contact your 4-H Community Club Leader, and/or the **V**olunteer **E**nrollment **C**oordinator (**VEC**) for your 4-H club , or the 4-H Office (805) 781-5943

<https://ca.4honline.com>



# NATIONAL 4-H NEWS

## Save the Dates - Upcoming 2019 Events



### 2019 Citizenship Washington Focus

Conference: July 5-13, 2019

Conference + Extended Trip:  
July 5-16, 2019

Citizenship Washington Focus (CWF) is designed for 4-H youth between the ages of 15\* and 19.

CWF offers a life-changing week that empowers 4-H'ers to take their leadership skills to the next level for themselves and their communities.

Using the classroom of Washington D.C., participants will learn how our national government works as well as experience the grandeur of our nation's capital. The extended trip continues the learning experience to Gettysburg and Philadelphia, PA and Baltimore, MD.

Registration will open mid-October.

\*Must be 15 years old by first day of travel



### 2019 Leadership Washington Focus

July 14-19, 2019

Leadership Washington Focus (LWF) is the only national leadership development experience designed exclusively for 4-H'ers ages 12\*-14.

LWF prepares 4-H youth for the future by teaching them leadership skills using an experiential learning model based in 4-H curriculum and the living classroom of Washington D.C.

Registration will open mid-October.

\*Must be 12 years old by first day of travel

All the Information for:  
**Citizenship** Washington Focus can be found at:

[http://4h.ucanr.edu/4-H\\_Events/WF/](http://4h.ucanr.edu/4-H_Events/WF/)

All the Information for:  
**Leadership** Washington Focus can be found at:

[http://4h.ucanr.edu/4-H\\_Events/LWF/](http://4h.ucanr.edu/4-H_Events/LWF/)

## 4-H HORSE PROJECT NEWS



SAN LUIS OBISPO  
**COUNTY  
HORSE**

University of California  
Agriculture and Natural Resources

### 4-H Horse Shows

SLO County 4-H Horse Project members have many opportunities each year to show their horses. SLO County holds three Field Days each year: Western, Gymkhana, and English. Our 4-H horse project leaders are all volunteers—and our Field Day judges also volunteer their time. At each of our field days there are four rider **Divisions**:

Senior: 14 years old and over as of Jan 1, 2019

Junior: 13 years old and under as of Jan 1, 2019

Pony: horse under 14.2 hands, no rider age restriction

Walk/Trot Novice: no rider age restriction, pony or horse ok

High Point and Reserve High Point Champion ribbons are awarded for each division. At the end of the season, the points from the field days are tallied and All Around Champion awards are presented. Riders that compete in all three Horse Field Days on the same horse are considered first for All Around awards.

All 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place class winners will be qualified to compete in that same class on the same horse in the California 4-H State Horse Classic show June 27-30, 2019.

(Exception: There is no Walk/Trot gymkhana at the state show).

The 4-H horse shows at our local fairs are also qualifiers for the California 4-H State Horse Classic show.

### 2018-2019 Horse Event Schedule

Date	Activity	Location
2/10/19	Western & Trail Clinic	Knudson Training Stables, Paso Robles
2/23/19 (Rain Date 3/3)	Western Field Day Written/Riding Level Testing	Knudson Training Stables, Paso Robles
3/24/19 (Rain Date 3/17)	Gymkhana Field Day Written/Riding Level Testing	Wranglerette Arena, Atascadero
<b>*4/14/19</b>	English/Jumping Clinic	Paso Robles Horse Park
4/27/19	State 4-H Horse Educational Contests (horse judging, hippology, public speaking)	Fresno Ag Pavilion, Fresno
<b>*5/5/19</b>	English Field Day Written/Riding Level Testing	Wranglerette Arena, Atascadero
5/15/19	4-H Horse Show (Salinas Valley Fair)	King City Fairgrounds
5/16/19	Open Horse Show & Jr Gymkhana (Salinas Valley Fair)	King City Fairgrounds
6/1/19	County Field Day (Written Levels)	Mid-State Fairgrounds, Paso Robles
<b>*June 2019</b>	4-H Horse Show (SB County Fair)	Santa Maria Fair Park
6/27 - 6/30/19	California 4-H State Horse Classic	Brookside Show Park, Elk Grove
7/20/19	4-H Horse Show (Mid State Fair)	Mid-State Fairgrounds, Paso Robles
7/21/19	Open Horse Show (Mid State Fair)	Mid-State Fairgrounds, Paso Robles
<b><i>*Italicized event dates are not confirmed</i></b>		

## 4-H SHOOTING SPORTS NEWS



**San Luis Obispo County 4-H Youth Development—Program Development Board**  
**Jack Crane, Shooting Sports Key Leader**

Contact Jack Crane at Phone: (805) 458-4223 or Email: [jack@accuair.com](mailto:jack@accuair.com)  
or the 4-H Office at 781-5941 if you would like more information.

### **4-H Shooting Sports Training in San Jose, California**

Register Here: [SCC 2019 Shooting Sports Training](#)

*Instructor for Rifle: John Borba, Instructor for Archery, David Givens*

This training is for 4-H Adult Volunteers, 4-H Project Leaders and 4-H Youth Project Leaders in all counties

Saturday, February 23, 2019 @ 8 a.m. to 6 p.m.

and Sunday, February 24, 2019 @ 8 a.m. to 4 p.m.

Fee: \$35.00, payment instructions are at the bottom of this registration

### **About the workshops**

The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test.

The cost is \$35 per person to cover expenses, with Saturday and Sunday continental breakfast. Bring your own lunch each day.

*Registration is limited and confirmed with receipt of payment*

<http://ucanr.edu/survey/survey.cfm?surveynumber=26394>

#### **Requirements:**

- You must be a currently enrolled 4-H volunteer or member.
- You may only attend one workshop for a specific shooting sports discipline.
- You must attend both days to be certified to teach the specific shooting sport at the project, club and camp levels.
- *Junior and teen leaders are invited but must attend with an adult or have a certified Shooting Sports adult leader they will be helping back home*

By doing these popular workshops on the same weekend it will allow counties to ride share and get several shooting sports disciplines completed to bring back to their county.

If you have backgrounds in one of these shooting sports disciplines and have a desire to teach youth, why not step up and share your expertise!

Online application and payments are **due on or before February 9, 2019.**

For more information, please contact Susan Weaver @ [sjweaver@ucanr.edu](mailto:sjweaver@ucanr.edu)

**\*\*Specific location directions will be sent in a future email.**

## 4-H CLUB NEWS



Pozo 4-H honored our leader, Dorothy Wagster, for 30 years of service to our club at the January General Meeting. All of the members signed a card and gave a gift to Dorothy. Besides being the sewing project leader, Dorothy puts in many volunteer hours for the club each and every month. This is besides being a full-time teacher at Atascadero Unified School District. She manages the home-school program for elementary grades.

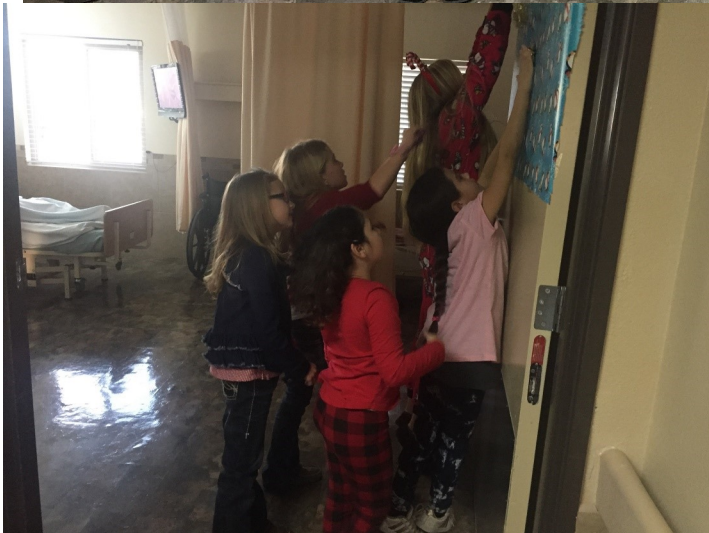
Submitted by Kensington W.



## 4-H CLUB NEWS

### ESTRELLA'S VINEYARD CHRISTMAS PARTY

Every year, Estrella 4-H gives a Christmas party for the residents at Vineyard Health Center. This year, the party was the most successful ever. All the doors were decorated, pastries served, and one member even sang carols to one of the residents in her room. We are all looking forward to entertaining everyone at the Easter party.



# STATE FASHION REVUE NEWS

## 4-H State Fashion Revue Event is for ALL 4-H'ers!

The 4-H State Fashion Revue event is for *all* 4-H members. You don't need to sew to enter!

### About State Fashion Revue

Members construct or purchase an outfit of their choice which fits into one of the entry categories, model in a fashion show, and participate in a variety of educational activities, including community service.

State Fashion Revue is June 1, 2019 at UC Davis as part of [State Field Day](#)

### Qualify at your County Fashion Revue

See your county 4-H newsletter or website for entry information for your County Fashion Revue. Junior, Intermediate, and Senior members who are County Winners in their County Fashion Revue in the 5 State Categories may qualify to advance to State Fashion Revue (SFR). Some counties offer additional categories, but these 5 are the ones that may advance to SFR.

### 2019 State Categories that do not require sewing:

- Consumer Science Purchased, \$40 limit

- The Make It Mine Challenge

*These 2 categories are open to all 4-H members to enter, not just members enrolled in a Clothing and Textiles (Sewing) project.*

### 2019 State Categories specifically for members in the Clothing and Textiles (Sewing) project:

- Traditional

- Retro/Historical Challenge

- The Box Challenge

See the [SFR event webpage](#) or the [2019 SFR brochure](#) for category descriptions and 2019 service projects that all 4-H members can participate in.

The state committee organizing SFR is actively planning the event and looking forward to meeting you!

See the [State Fashion Revue event webpage](#) for more information.



University of California

Agriculture and Natural Resources

4-H Youth Development Program

UC ANR 4-H Youth Development Program in San Luis Obispo County  
University of California Cooperative Extension (UCCE)  
2156 Sierra Way, Suite # C  
San Luis Obispo, CA 93401-4556

We are trying to find a location for the **Small Animal Sciences Field Day (yet to be confirmed for April 13, 2019)** — **if you know of a facility that will allow Pets indoors and outdoors, please call the 4-H Office at 1-805-781-5943.**

**4hOnline Enrollment is Year-Round — Contact a 4-H Community Club Leader**

## **SLO County 4-H Youth Development Program Calendar 2018-2019**

**COUNTY 4-H WEBSITE URL: <http://ucanr.edu/slo4h/>**

### **2018—2019 4-H PROGRAM YEAR**

#### **FEBRUARY 2019**

- 8 Robotics # 1, Cal Poly SLO
- 9 Club Leader Essentials Certification Course
- 15 Youth of Distinction Nominations Due
- 24 Pinewood Derby Workshop, SLO

#### **MARCH 2019**

- 2 Air Rifle Match, Modesto
- 8 Robotics # 2, Cal Poly SLO
- 24 Pinewood Derby Workshop, SLO
- 30 Cerro Alto Rabbit Show, Cal Poly Farm Shop

#### **APRIL 2019**

- 5 Robotics # 3, Cal Poly SLO
- 6 Primary Member Field Day—UC Auditorium
- 10 FAC/FR ENTRIES DUE to 4-H OFFICE
- 13 To be Confirmed: Small Animal Sciences Field Day
- 27 Food & Arts Celebration & Fashion Revue, Laguna Middle School, SLO
- 28 Pinewood Derby Workshop, SLO

#### **MAY 2019**

- 10 4-H FIELD DAY ENTRIES DUE
- 16- **Salinas Valley Fair in King City, CA**
- 19
- 17 Robotics # 4, Cal Poly SLO
- 19 Pinewood Derby Workshop, SLO

#### **JUNE 2019**

- 1 Countywide 4-H Field Day, Paso Robles Event Ctr.
- 1 State 4-H Field Day, Davis

#### **JULY 2019**

- 5- Citizenship Washington Focus
- 16
- 10- **Santa Barbara County Fair, Santa Maria, CA**
- 14
- 14- Leadership Washington Focus
- 19
- 17- **CA Mid-State Fair, Paso Robles, CA**
- 28

#### **RECORD BOOK INFORMATION for AUGUST 2019:**

Record & Officer Books are Due **Friday, Aug. 9, 2019**  
Record Book **JUDGES Training**, Thursday,  
**Aug. 8, 2019 at 6:30—8:00 p.m.**

**2 Days for County Record Book Judging:**  
**Fri., Aug, 16th and Sat., Aug 17th, 2019**

**4-H Horse Project Calendar on Page 10**

**4-H Achievement Night — Sept. 21, 2018**  
**Veteran's Hall, 801 Grand Ave, SLO 7pm**