



University of California  
Agriculture and Natural Resources

4-H Youth Development Program



SAN LUIS OBISPO COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

# News & Views

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

2018 – 2019 4-H PROGRAM YEAR

NOVEMBER 2018

## ATTENTION ADULT VOLUNTEERS — IN PERSON VOLUNTEER TRAINING DATES

**Do you still need to complete your online volunteer training?** 4-H Office and the Adult Development Key Leader for San Luis Obispo County are offering several in-person trainings located throughout the county that will satisfy the 2018-2019 online volunteer training requirement.

Below is the last in-person training date:

### In-Person Training Date:

Register for this in-person training using the following link: <http://ucanr.edu/survey/survey.cfm?surveynumber=25443>

**Tuesday, November 6th, 2018**

**@ UCCE Auditorium** Enter at parking lot level  
(2156 Sierra Way, San Luis Obispo)

**Returning Volunteers: 6:00 - 6:30 pm;**

**New Volunteers: 6:30 - 8:45 pm**



*News & Views* is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources. *News & Views* is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.

**Please submit articles and photos by the 15th of each month to:**  
Denise Harris, Editor  
4-H Office

## Apply for the 2019-2020 State Ambassador team



### Looking ahead to 2019-2020

Applications are now open for the 2019-2020 State Ambassador team.

Please visit the [State Ambassador application webpage](#)

for application instructions, timeline, and links to apply and submit your reference. For more information, contact the California 4-H Ambassador Coordinator, Jenna Colburn at [jcolburn@ucanr.edu](mailto:jcolburn@ucanr.edu)

Our 2018-2019 State Ambassador team is just getting started on their busy year. [Meet our current State Ambassador team](#) and learn what they'll be doing throughout the year.

More information: <http://4h.ucanr.edu/Projects/Leadership/>

### About 4-H State Ambassadors

The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program.

Youth who have excelled in the areas of leadership and community service will serve in expanded leadership roles to support and represent the University of California 4-H Youth Development Program.

**Applications are due  
January 7, 2019**

**APPLY NOW**

# 2018 4-H Treasurer's Training

Right after the 2018  
–2019 Youth  
Leadership and  
Club Officer  
Training!



**Saturday, November 17, 2018**  
from: 2:30 p.m. to 4:00 p.m.  
in the UCCE Auditorium,  
located at: 2156 Sierra Way, SLO  
(Entrance is at the Parking Lot Level)

Lisa Rockwell-Harpster, our 4-H Management Board Treasurer, will host our **Treasurer Training Workshop** on **Saturday November 17, 2018 from 2:30 p.m.—4:00 p.m.** The Workshop will be held in the UCCE Auditorium located at 2156 Sierra Way in San Luis Obispo—Entrance is at the parking lot level.

This training is for all new and returning Club Treasurers and Treasurer Advisors (Advisors are the adult mentor who will be working with the Club Treasurer). New Community Club Leaders are also strongly encouraged to attend.

**A copy of the Treasurer's Manual from the State 4-H Office will be given to you at this training workshop.**

**Please RSVP to the 4-H Office at 781-5943** or via email to: [dharris@co.slo.ca.us](mailto:dharris@co.slo.ca.us) that you plan to attend for our planning purposes.

If you have any questions, please call the 4-H office at (805) 781-5943.



# 4-H in SLO County Youth Leadership/ Club Officer Training

The 2018-19 County All Star Ambassadors are hosting a Youth Leadership/Officer Training for Club Officers and all 4-H members grades 6th—12th. This is a fun event for all who are interest in learning leadership skills in a fun environment. Meet other leaders in your county, learn about leadership opportunities, and overall have a lot of fun! Also, Lunch is provided!

**Register Here:** <https://ucanr.edu/survey/survey.cfm?surveynumber=25828>

Or call the 4-H Office at 805.781.5943

**Register by  
Nov. 14th!**

**Saturday, November 17th  
10:00 am - 2:00 pm  
4-H Office Auditorium  
(2156 Sierra Way, San Luis Obispo)**

**OPEN TO YOUTH  
GRADES  
6th — 12th**



**University of California**  
Agriculture and Natural Resources



# WANTED

## **4-H Camp Director** *Volunteer Position*

4-H in Santa Barbara and San Luis Obispo Counties are looking for volunteer Camp Director to coordinate the 2019 4-H summer camp, Camp Wahoo! Camp Wahoo 4-H Summer Camp is a wonderful experience that is fun for both youth and adults. The 4-H Camp Director would work closely with the 4-H Office to coordinate and put on camp for both Santa Barbara and San Luis Obispo Counties.

If you have any question regarding this position, please contact the 4-H Office at 805-781-5941 or [dderickson@ucanr.edu](mailto:dderickson@ucanr.edu).

Full Position Description: <http://www.sb4h.org/files/200833.pdf>

**Application:** <https://ucanr.edu/survey/survey.cfm?surveynumber=25735>

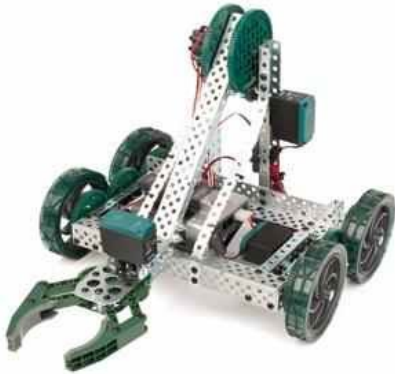
**APPLICATION DEADLINE NOVEMBER 10th, 2018**



## 4-H STEM NEWS

### 2018-2019 4-H Science, Technology, Engineering, Math (STEM) County-Wide Projects

All 4-H members in San Luis Obispo County are welcome!



#### **VEX EDR Robotics**

*Build VEX EDR robots and enter into the California Polytechnic State University VEX EDR competition.*

**First Meeting:** November - December 2018

**Ages:** 6th grade to 12th grade

**Project Leader:** Dennis Derickson

**Project Location:** 8735 San Rafael Road in Atascadero, CA

**Phone:** 805-712-9168

**Email:** ddericks@calpoly.edu

#### **4-H Advanced Rocketry & Level Certification**

*Work weekly or bi-weekly on building a Level 1 and (group) Level 2 rocket with intent of achieving a Junior Level 1 certification. Skills learned will be Basic Engineering Design Practices and Skills, Computer Aided Design (CAD), participants will learn to use Industrial Grade 3D printers, Laser Cutters, Basic Machining. Basic Electronic and Electrical skills will be learned along with working on computers and software for Rocket Tracking and Video recording. Level 2 group rocket will have goal of reaching 15,000' with Video Feed, Telemetry Feed, and Flight tracking software. This will be a large 20lb + rocket all hand built by the group.*

**First Meeting:** October – Weekday evening TBD

**Ages:** Teens 13 and older (or special exception by project leader).

**Additional costs:** (Meals, Travel, Tripoli Junior Registration) Should be less than \$150 for the year.

**Project Leader:** Ty Safreno

**Project Location:** San Luis Obispo (Technical and Manufacturing Portions) Santa Margarita (Assembly Portions) Fresno (Launch and Certification)

**Email:** ty.safreno@trustautomation.com



**STEM**  
Science·Technology  
Engineering·Math

## 4-H STEM NEWS

### 2018-2019 4-H Science, Technology, Engineering, Math (STEM) County-Wide Projects

All 4-H members in San Luis Obispo County are welcome!



#### **Scribbler Robotics**

*Create a custom robot and software using Scribbler robots for 2019 State Field Day Competition*

**First Meeting:** March - May 2019

**Ages:** 4th grade to 12th grade

**Project Leader:** Dennis Derickson

**Project Location:** California Polytechnic State University, 1 Grand Ave, Building 20A

**Phone:** 805-712-9168

**Email:** ddericks@calpoly.edu



#### **Pinewood Derby**

Study aerodynamics and understand how to increase speed by weight distribution as well as encourage creative design. Project conclusion of a derby race at Field Day.

**Meeting Dates:** Three total meetings on Sundays starting January 2019

**Cost:** \$5 per derby kit

**Project Leader:** Troy and Michelle Good

**Project Location:** 2156 Sierra Way, San Luis Obispo, CA 93401

**Email:** mmccoveygood@gmail.com



#### **Interested in facilitating a 4-H VEX IQ Robotics Team?**

**No experience is needed** to facilitate a 4-H VEX IQ robotics team in your local community! The 4-H Youth Development Program has VEX IQ robot kits and playing fields available to lend. Youth are able to work through build concepts and create their own robot to compete with. Volunteers are seen as facilitators, not experts. If you can play with Legos, you can lead a robotics team!

**If you interested in starting your own 4-H VEX Robotics team**, please contact the 4-H Program Supervisor, Dagmar Derickson, at dderickson@ucanr.edu or 805-781-5941 to coordinate pick up of supplies.

# California 4-H Youth Summits

The [California 4-H Management Board](#) is proud to host the California 4-H Youth Summits. Youth summits are three-day weekend leadership conferences hosted in four locations around the state. Youth can attend any of the four summits, not just the one hosted in their area. These leadership development events are for ages 11-19, depending on the Summit; see descriptions below. Note: Ages for all Summits are age by 12/31/2018.



### Theme: Bee the Change!

The planning team of youth and adults are putting together educational content in the area of social awareness, with the theme "Bee the Change!" Youth will have their choice of multiple workshops to attend within this educational theme.

[Register today](#) while early-bird pricing lasts!

Early bird deadline: Nov. 5, 2018

[http://4h.ucanr.edu/4-H\\_Events/Summits/](http://4h.ucanr.edu/4-H_Events/Summits/)

### Bay/Coast Area

January 18-20, 2019

Ethan Ho | Bay/Coast  
Area Director  
[etho@ucanr.edu](mailto:etho@ucanr.edu)

### Bay/Coast

January 18-20, 2019  
Walker Creek Ranch  
Petaluma, CA ([map](#))

Age: 11-13 year olds can register as participants; 14-19 year olds can register as facilitators. Facilitators are older youth who attend the full Summit alongside younger participants and have a hands-on leadership role there. The facilitator role is similar to being staff or a cabin head.

Ethan Ho | Bay/Coast Area Director  
[etho@ucanr.edu](mailto:etho@ucanr.edu)



## 2018 –2019 4-H ENROLLMENT NEWS

### Re-Enrollment Started July 1st, 2018 for the 2018-2019 4-H Program Year in 4hOnline Database

Hello 4-H Families:

— Here is an update about Enrolling in a SLO COUNTY 4-H CLUB!

**NEW MEMBERS to 4-H go to this link:**

[http://ucanr.edu/sites/slo4-h/Find a 4-H Club Near You/](http://ucanr.edu/sites/slo4-h/Find_a_4-H_Club_Near_You/)

**RE-ENROLLING MEMBERS in 4-H go to this link:**

<https://ca.4honline.com/>

**NEW Adult Volunteers go to this link:**

[http://ucanr.edu/sites/slo4-h/4-H Volunteer Opportunities/  
New Volunteers /](http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/New_Volunteers/)

**RETURNING Adult Volunteers go to this link:**

[http://ucanr.edu/sites/slo4-h/4-H Volunteer Opportunities/  
Returning Volunteers/](http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/Returning_Volunteers/)

If you are still having trouble logging into the 4hOnline system, contact the 4-H Office at 781-5943 — **or** — via the email address: [dharris@co.slo.ca.us](mailto:dharris@co.slo.ca.us)

**FEES:** The 2018-2019 4-H Program Year YOUTH Re-enrollment and New Enrollment FEE is \$75.00; and the 4-H Adult Volunteer fee is \$18.00.

**Fee Payments can not be made online—**  
**you will need to give your enrollment fee payment to**  
**your 4-H Community Club Leader.**

If you are having trouble and need assistance with the 4hOnline Enrollment Registration site, you can Contact your 4-H Community Club Leader, and/or the **V**olunteer **E**nrollment **C**oordinator (**VEC**) for your 4-H club , or the 4-H Office (805) 781-5943

<https://ca.4honline.com>



**University of California**

Agriculture and Natural Resources ■ Nutrition Education

# MINDFULNESS IN NUTRITION EDUCATION

**PRESENTED BY DR. KATHERINE SOULE  
YOUTH, FAMILIES & COMMUNITIES ADVISOR**

**NOVEMBER 26, 2018  
11:00AM - 12:30 PM  
UCCE AUDITORIUM  
2156 SIERRA WAY  
SAN LUIS OBISPO**

**PRE-REGISTRATION REQUIRED:  
[HTTP://UCANR.EDU/MINDFULNESS](http://ucanr.edu/mindfulness)  
\$30 WITH BOOKS, \$5 WITHOUT**

- Learn:**
- What mindfulness is and is not
  - How mindfulness supports nutrition education
  - Participate in two mindfulness activities



Image Source: SNAP-Ed Connection

## Save the Dates - Upcoming 2019 Events



### 2019 Citizenship Washington Focus

**Conference: July 5-13, 2019**

**Conference + Extended Trip:  
July 5-16, 2019**

Citizenship Washington Focus (CWF) is designed for 4-H youth between the ages of 15\* and 19.

CWF offers a life-changing week that empowers 4-H'ers to take their leadership skills to the next level for themselves and their communities.

Using the classroom of Washington D.C., participants will learn how our national government works as well as experience the grandeur of our nation's capital. The extended trip continues the learning experience to Gettysburg and Philadelphia, PA and Baltimore, MD.

Registration will open mid-October.

\*Must be 15 years old by first day of travel



### 2019 Leadership Washington Focus

**July 14-19, 2019**

Leadership Washington Focus (LWF) is the only national leadership development experience designed exclusively for 4-H'ers ages 12\*-14.

LWF prepares 4-H youth for the future by teaching them leadership skills using an experiential learning model based in 4-H curriculum and the living classroom of Washington D.C.

Registration will open mid-October.

\*Must be 12 years old by first day of travel



## 4-H HORSE PROJECT NEWS



### Written & Riding Level Testing

SLO County 4-H Horse Project members are encouraged to advance their skills through a process called "Level Testing," a system of standards used to train, educate, and test horsemanship. Both written and mounted level testing is offered. Any 4-H member can take the horse written level tests, even if they are not in a horse project. Only county horse project members may participate in mounted level testing.

The Level Testing Program adopted by the SLO County 4-H Horse Project is adapted from the Certified Horsemanship Association's *Certified Horsemanship Manual, Levels 1-4*, which can be ordered directly from the CHA. A reference copy is also available in the 4-H office, or from your club's horse project leader.

Written and mounted level testing is offered immediately after each of our three annual Horse Field Days. Written level testing only is also offered once at the 4-H office during January, and again at the County field Day in June.



### 2018-2019 Horse Event Schedule

Date	Activity	Location
12/2/2018 (Rain Date 12/9) 9 am-4 pm	Gymkhana Field Day Written/Riding Level Testing	Wranglerette Arena, Atascadero
12/16/2018 430-830 pm	Hippology Bowl	UCCE Auditorium, SLO
1/13/19 5-6 pm	Horse Written Level Testing	UCCE Auditorium, SLO
<b><i>Event dates below are tentative and subject to change, fair dates are estimates</i></b>		
2/24/2019	Western & Trail Clinic	Knudson Training Stables, Paso Robles
3/17/2019 (Rain Date 3/24)	Western Field Day Written/Riding Level Testing	Knudson Training Stables, Paso Robles
4/7/2019	English/Jumping Clinic	Paso Robles Horse Park
4/21/2019	English Field Day Written/Riding Level Testing	Wranglerette Arena, Atascadero
5/15/2019	4-H Horse Show (Salinas Valley Fair)	King City Fairgrounds
6/8/2019	County Field Day (Written Levels)	Mid-State Fairgrounds, Paso Robles
June 2019	4-H Horse Show (SB County Fair)	Santa Maria Fair Park
7/19/2019	4-H Horse Show (Mid State Fair)	Mid-State Fairgrounds, Paso Robles



## 4-H SHOOTING SPORTS NEWS



**San Luis Obispo County 4-H Youth Development—Program Development Board**  
**Jack Crane, Shooting Sports Key Leader**

Contact Jack Crane at Phone: (805) 458-4223 or Email: [jack@accuair.com](mailto:jack@accuair.com) or the 4-H Office at 781-5941 if you would like more information.

### **4-H Shooting Sports Workshop** **Rifle Discipline** **Bakersfield, CA**

**Saturday, February 16, 2019 – 8:00 a.m. – 6:00 p.m.**  
**Sunday, February 17, 2019 – 8:00 a.m. – 4:00 p.m.**

A 4-H shooting sports workshop for the rifle discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: [jaborba@ucanr.edu](mailto:jaborba@ucanr.edu)

### **4-H Shooting Sports Workshop** **Rifle Discipline** **Visalia, CA**

**Saturday, December 1, 2018 – 8:00 a.m. – 6:00 p.m.**  
**Sunday, December 2, 2018 – 8:00 a.m. – 4:00 p.m.**

A 4-H shooting sports workshop for the rifle discipline will be held at the Dale Wimp Rifle Range, 7398 Avenue 328 in Visalia. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. Complimentary lunches will be provided. To register for the course or receive more information, contact John Borba at: [jaborba@ucanr.edu](mailto:jaborba@ucanr.edu)

For information about the facility and a map, please visit the range website at:  
<http://visaliasportsmens.com/locations>

### **4-H Archery Workshop / 4-H Rifle Workshop / 4-H Shotgun Workshop**

**November 10 & 11, 2018**  
**Winton, CA (Merced County)**

There will be workshops to certify 4-H Adult Volunteers as Shooting Sports Leaders or Trainers in the Shooting Sports disciplines of “Archery Project Leader”, and “Rifle Leader”, and “Shotgun Project Leader”, presented in Merced County on the weekend of November 10<sup>th</sup> and 11<sup>th</sup>. You may only attend one workshop for a specific shooting sports discipline and you must attend both days to be certified. By doing these three popular workshops on the same weekend it will allow counties to ride share and get several shooting sports disciplines completed to bring back to their county. If you have backgrounds in one of these shooting sports disciplines and have a desire to teach youth, why not step up and share your expertise!

The classes will be Saturday Nov 10<sup>th</sup>, 9 AM – 4 PM, and Sunday, Nov 11<sup>th</sup>, 9 AM - 2 PM, at the Safety First Shooting Association, River Oaks Range Firearms Training Center, 11584 Shaffer Rd, Winton 95388, in Merced County. The classes are being hosted by Merced County 4-H. You must become a 4-H leader and attend both days to receive certification to teach the specific shooting sport at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshments. Bring your own Lunch each day.

Junior and teen leaders are invited but must attend with an adult or have a certified Shooting sports adult leader they will be helping back home.

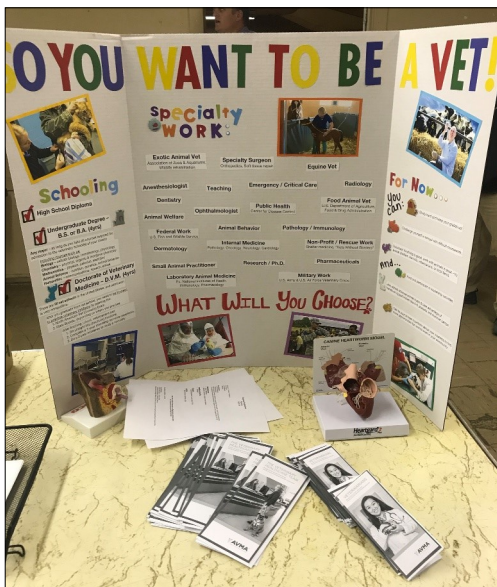
Driving directions to the range are at <http://www.safetyfirstshooting.org/html/directions.html>. Tent or Dry RV camping is an option.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://4h.ucanr.edu/files/4785.pdf>, and an adult or youth 4-H medical release form and a \$35 check payable to “Merced County 4-H Council” and mail to UCCE, 2145 Wardrobe Ave, Merced, CA 95341. Registration is due Friday, Nov 2<sup>nd</sup>, and **Space is limited to 25 attendees for each discipline.** For more 4-H general information contact Darlene McIntyre at [209-385-7418](tel:209-385-7418) or email her at [dmcintyre@ucanr.edu](mailto:dmcintyre@ucanr.edu). For Shooting Sports information please contact Dave Givens 209-614-1718 or [riveroakstraining@gmail.com](mailto:riveroakstraining@gmail.com)

## 4-H CLUB NEWS

On Saturday, September 29th, Cerro Alto 4-H participated in the 23rd Annual Atascadero River & Creek Cleanup. We met in the parking lot of the Atascadero Colony House Museum. There we split into groups to cover different parts of the river and creek. We found a LOT of trash, including a scooter, a whole shopping cart, and TONS of tires. Other groups that cleaned other parts of the river found lots of interesting things too. One of them even found a tricycle! The cleanup was sponsored Atascadero Mutual Water Company. They provided mini-donuts and scones beforehand, and a pizza lunch after we finished. Over all, the creek cleanup was great, and I'm definitely looking forward to next year's Cleanup.

-Elsie E.



**Nipomo Foothill 4-H Club:** At September's General Meeting, the board members introduced themselves to the club and welcomed our new members to their first club meeting. A Guest Speaker, Cody J. Lewis DVM was there to talk about being a Veterinarian. He explained how he became a veterinarian, what he does, and more. You can find him at the local Primary Care Animal Hospital. Stay tuned for next month! Caitlyn S., Reporter





## 4-H CLUB NEWS

**Nipomo 4-H** participated in the 3rd annual 4-H & FFA Scarecrow Contest at the Arroyo Grande Farm Supply on October 6th. We did a Snoopy theme scarecrow. Our club also put on a very successful bakesale this day too. Our club also had lots of awards given to our 4-H club members at the 4-H Achievement Night on the evening of October 6th. We also are very lucky to have one of our members be an All Star Ambassador in our county this year. We are very lucky to have Emma C. in our Nipomo 4-H group as a officer and All Star Ambassador.

-Ashley R. ( Health Coordinator)



**Nipomo 4-H** participated on Thursday, October 18th at the Great Scarecrow and Pumpkin Festival that took place at the San Luis Obispo Mission. This time our scarecrow competed against all of the Farm Supply stores 1st place Scarecrows. Our Nipomo 4-H club Snoopy Scarecrow received the most votes and won the Farm Supply Scarecrow Contest. Congratulations Nipomo 4-H! - Ashley R.





## 4-H CLUB NEWS

**Nipomo 4-H** had their annual club WELCOME BACK BBQ at the NIPOMO MEN'S CLUB on October 13th. Also on this day our club found out it won the Scarecrow Contest at Farm Supply Store in Arroyo Grande.

Congratulations Nipomo 4-H for all your hard work.

-Ashley R.

(Health Coordinator)



On Saturday, October 13, members of **Cerro Alto Poultry Project** attended the 33rd annual Central Coast Feather Fanciers Poultry Show (CCFF) at the Paso Robles Event Center, and as always it was a great show! This year all the fun started the Friday night before with a Social and silent auction hosted by Farm Supply Company, with a nice dinner and lots of treats. All proceeds went to benefit CCFF. Thank You, Farm Supply!

The show was a great success for Cerro Alto club with Jr. Leader member Katelyn R. winning the Avian Science Knowledge Bowl and Best Painted Egg Contest. One of her birds won big with, Jr. Best in Show, Rose Comb Clean Leg Jr. Champion Bantam, and Jr. Best of Breed. The great part is that Katelyn bred and raised this beautiful winning pullet! In Showmanship, our winners in their classes were, Bella D. \_5th place, Kaiya R. \_2nd place, and I earned 8th place with my duck, Donald. Congratulations everyone.

If you have never attended the CCFF Show before, I recommend you stop by next year. There are always a lot of different birds for sale, from fancy pigeons to turkeys. It's enjoyable just to walk around and look at them...and it's great fun to talk to the geese.

Submitted by,  
Elsie E. Poultry Group Jr. Leader.





## 4-H CLUB NEWS



### Cerro Alto PROJECT NEWS

#### Mindfulness: Spa and Relaxation



The Mindfulness: Spa and Relaxation Project has had two project meetings so far.

At our first meeting we created recipe books which we will fill in each meeting with a new recipe. In addition, we gave each other relaxing massages with tennis balls and made whipped chocolate body butter. This confused our senses! It looked and smelled like chocolate whipped cream, but did not taste like it at all.

At our second meeting we made zen gardens and soothing bath salts. Everyone made enough bath salt to give one (or more) to a someone special. The favorite part was picking out which essential oil to scent the bath product with.

#### Arts & Crafts

At our first Arts and Crafts Project meeting for the 2018 - 2019 year, we melted crayons using hair dryers over pumpkins. This no-carve pumpkin project was super fun and resulted in colorful variations that will last for months to come. Everyone had fun and is looking forward to November's project meeting where we will be cross-stitching wooden ornaments.



## 4-H CLUB NEWS

### Atascadero Colony Days Parade & Cerro Alto 4-H

**Cerro Alto 4-H** joined in the historical celebration of Colony Days by participating in the parade. Members all helped decorate a float and their animals and came together for a hot dog barbeque the evening before the parade. We had a tremendous turnout and received a plaque for 2<sup>nd</sup> place for our parade entry! Many families rode on the float and several others rode horses and walked dogs. Even goats and chickens were in attendance! Being part of our local community and showing our 4-H spirit was a great experience. Thank you to the Hughes and Graves families and everyone involved!  
- Ashley R.





## 4-H CLUB NEWS

On Saturday, October 13th, **Santa Margarita 4-H** held a U-Pick Pumpkin Fundraiser at Ancient Peaks Winery. We also sold coffee, hot chocolate and donuts. Pumpkin pickers were also able to take a tour of the beautiful winery property. It was a perfect Fall day enjoyed by all.

Submitted by: -Korinne J., Santa Margarita 4-H



Several members of **Santa Margarita 4-H** did a community service project recently at the Santa Margarita Senior Center. 4-Hers washed windows, swept the patio and picked weeds all to prepare for a very important birthday party! Santa Margarita native, Henry Barba, celebrated his 105th birthday at a town-wide party at the Center the following weekend.

Submitted by: -Korinne J., Santa Margarita 4-H



The **Nipomo 4-H Club Sheep Group** held a bake sale during the Buck Contest at the Nipomo Men's Club on September 29th. A variety of yummy baked goods were available as well as drinks. The funds raised will be used for expenses throughout the year. We all had a lot of fun.

Submitted by Emma Carder



**Adobe Nipomo's new Hunting Skills project** concluded! and with everyone passing the CADFW Hunter safety course!!!

We spent a total of 12 hours with this project learning about safety, responsibility, conservation, first aid and many other things about hunting and wildlife. It was fun for all.

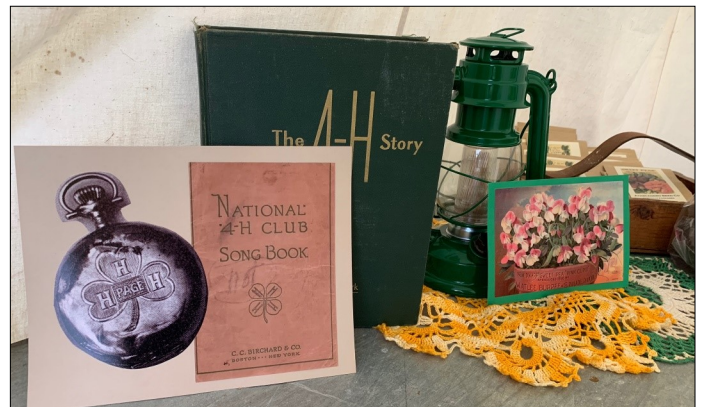
A Game Warden stopped by and talked with the 4-H Project Members.





## 4-H CLUB NEWS

Tent City is a 1916 re-enactment of the first colony in Atascadero, California. Before homes were built, an entire city was created of tents. There was everything from a diner and a barber to a mercantile. Cerro Alto 4-H and the Rosilez girls were fortunate enough to host a farm tent that included the Atascadero Seed Company and 4-H history. Ashley, Katelyn and Kaiya learned period songs and dances as well as the history of Atascadero and 4-H to share with over 300 third graders that came for a field trip. After the parade, several other members including Elsie, Aubrey and Bridget came over to help teach the public. Together we shared Iris the goat, Lop Ear the lamb, Dreamer the Skye terrier and many chickens and baby chicks. We showed how 4-Hers learn by doing and potted sweet peas and beans. We had an activity station set up to weigh eggs on a vintage scale. There were displays of vintage photographs, pins, 4-H tomato canning labels, history books and sewing items. Ashley wood-burned a sign for the tent with the meaning of the four H's. We explained how 4-H has its roots in agricultural productivity and giving demonstrations and that youth are also receptive to new scientific advances. Everyone had a great time sharing 4-H with our local community and the community both young and old enjoyed the animals and activities. Ashley, Katelyn & Kaiya R







University of California

Agriculture and Natural Resources

4-H Youth Development Program

UC ANR 4-H Youth Development Program in San Luis Obispo County  
University of California Cooperative Extension (UCCE)  
2156 Sierra Way, Suite # C  
San Luis Obispo, CA 93401-4556

**4hOnline Enrollment is Year-Round — Contact a 4-H Community Club Leader**

## **SLO County 4-H Youth Development Program Calendar 2018-2019**

**COUNTY 4-H WEBSITE URL: <http://ucanr.edu/slo4h/>**

### **2018—2019 4-H PROGRAM YEAR**

#### **NOVEMBER 2018**

- 6 Adult Volunteers In Person Training pg 1
- 10 4-H Camp Director Application Deadline
- 17 Youth Leadership/Club Officer Trainings  
10:00 am—2:00 pm UC AUDITORIUM
- 17 Treasurer's Training 2:30—4:00 p.m. UC AUD

#### **CALENDAR NOTES/UPDATES:**

The 4-H Office is not doing the December 2018 Toys For Tots out of our office this year, - please coordinate a 4-H Club Community Service Project of your choice.

We are trying to find a location for the Small Animal Sciences Field Day—if **you know of a facility that will allow Pets indoors and out, please call the 4-H Office at 1-805-781-5943.**

We do not have a date yet for County Presentation Day (usually 1st Saturday in February).

We do not have a date yet for Area Presentation Day which is usually held on a Saturday in March.

The 2019 Food & Arts Celebration and Fashion Revue will be held on Saturday, April 27th at Laguna Middle School in San Luis Obispo.

We do not have a date for 2019 4-H Field Day which is usually held in June. We requested 6/8/19.