Saturday, October 7th, 2017
San Luis Obispo County
2017 4-H ACHIEVEMENT NIGHT

WHERE: SLO Veteran’s Hall
801 Grand Ave.,
(corner of Monterey & Grand)

TIME: at 7:00 p.m.

This Year’s Theme is:
4-H One Size Fits All!

Image Courtesy of Pinterest Submitted by:
Past All Star Analisa Cavaletto, Santa Margarita 4-H
Pre-Order Your 2017 National Youth Science Day kits! National 4-H Council and 4-H National Headquarters are pleased to introduce the 2017 4-H National Youth Science Day Challenge: Incredible Wearables. Incredible Wearables is a hands-on STEM project that challenges young people to build a wearable fitness tracker that will help people lead healthier lifestyles. To complete the challenge, kids must work together to design, build and refine a wearable health-tracking device that is low-cost, easy-to-use and aesthetically appealing. Incredible Wearables is perfect for both classroom and out-of-school learning. The 75 to 90-minute hand-on project is highly adaptable and is suitable for 4th-12th graders. The 4-H NYSD kit is now available for pre-sale on the 4-H Mall website. Each low-cost kit can serve up to 10 youth at a time, and is re-usable.

- **Disney Be Inspired Summer of Service Grants**  Deadline: September 30—Youth, ages 5-18, who volunteer to make their communities healthier, greener, and stronger can apply for a $500 Disney Summer of Service grant to create a project or expand their impact throughout the rest of the year.

- **Diamond Clover Award**—This is the highest achievement for which a 4-H youth member or young adult volunteer is recognized. All youth members and young adults who achieve the requirements are eligible to receive this award. Awardees receive the California Diamond Clover Pin or Necklace Charm, a certificate and a recognition letter. Applications are accepted year round. Applications are reviewed by the 4-H Incentives and Recognition Advisory Committee and awarded quarterly.

By John Sims, UC ANR
AA Compliance Officer

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4-H ENROLLMENT NEWS

Re-Enrollment Started **July 1st, 2017**
for the 2017-2018 4-H Program Year in 4hOnline Database

Hello 4-H Families: — Here is an update about Enrolling in a SLO COUNTY 4-H CLUB!

***To help ensure email providers allow messages from 4hOnline, please make sure you add the following address to your list of Contacts in your email: no-reply@4honline.com. Add this email before you submit enrollment through 4hOnline.

**NEW MEMBERS to 4-H** go to this link: http://ucanr.edu/sites/slo4-h/Find_a_4-H_Club_Near_You/

**NEW Adult Volunteers** go to this link: http://ucanr.edu/sites/slo4-h/4-H_Volunteer_Opportunities/New_Volunteers/

**RE-ENROLLING MEMBERS** in 4-H go to this link: https://ca.4honline.com/

If you are still having trouble logging into the 4hOnline system, contact the 4-H Office at 781-5943 — or — via the email address: dharris@co.slo.ca.us

**FEES:** The 2017-2018 4-H Program Year YOUTH Re-enrollment and New Enrollment FEE is $65.00; and the 4-H Adult Volunteer fee is $16.00.

**Fee Payments can not be made online**— you will need to give your enrollment fee payment to your 4-H Community Club Leader.

If you are having trouble and need assistance with the 4hOnline Enrollment Registration site, you can Contact your 4-H Community Club Leader, and/or the **Volunteer Enrollment Coordinator (VEC)** for your 4-H club, or the 4-H Office (805) 781-5943

https://ca.4honline.com
2017—2018 4-H EMERALD STAR PROJECT

2017—2018 Emerald Star Project:

“Purses Full of Essentials”

The project is to provide a purse full of small essential items to women in need.

Some items we would like to get donated are:

- gently used handbags/purses
- hotel/travel shampoo/conditioner
- toothbrushes/toothpaste
- water/snacks
- socks/mittens

A Donation Box will be available at the 4-H Office and each month, 4-H members can contribute at their Monthly 4-H Club General Meetings and at 4-H County events.

We are also available to attend your 4-H General Meetings to present this County Community Service Emerald Star Project.

Contact information:
Cerro Alto 4-H Members

Amber Quick, iceehorse@yahoo.com or 805-610-1682

Cosette Gibler, skidoocrg@gmail.com or 805-538-8864
California 4-H presents
MINDFULNESS RETREAT
NOVEMBER 3-5, 2017
CAMP OCEAN PINES
CAMBRIA, CA

$175 to attend
Register by October 1, 2017

https://ucanr.edu/survey/survey.cfm?surveynumber=21346

Teens ages 13–19 and adults are welcome to spend the weekend at beautiful Camp Ocean Pines developing their health and well-being. Teens will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities.

For more information contact
Anne Iaccopucci
(anniaccopucci@ucanr.edu)
or Jenna Colburn
(jcolburn@ucanr.edu)

The mindfulness retreat will address:
- exercise
- understanding mindfulness
- stress management
- health advocacy
- community connection
- nutrition
- relationship building

University of California
Agriculture and Natural Resources 4-H Youth Development Program

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/annostaff/files/169224.pdf) Inquiries regarding ANR’s nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.
MAKE IT SAFE—KEEP IT SAFE Food Safety Training

MISKIS TRAINING
Make it Safe, Keep it Safe
Food Safety Education Training

This training is for anyone who comes in contact with food while in their homes, businesses, volunteer capacities and community gatherings. By attending this training, you will be aware of safe food handling techniques to help eliminate and prevent foodborne illness at your next function. Please register by Friday, October 6, 2017.

What: MISKIS Training
Time: 9:00am to 12:00pm
When: Tuesday, October 17, 2017
Where: UCCE Auditorium 2156 Sierra Way, San Luis Obispo, CA 93401
Fee: $10.00 for supplies and materials
Register: Call 805-781-5944 or email dravalia@co.slo.ca.us to reserve a space.

University of California
Agriculture and Natural Resources
The Asset Development Network of San Luis Obispo County is pleased to offer a conference on **BUILDING A CONNECTED COMMUNITY FOR OUR YOUTH**  
Friday, October 6, 2017, at the Family Care Network, Inc., building located at 1255 Kendall Road SLO CA (east of the SLO Co. Airport)

The link for Conference information and Registration is [http://sloassetdevelopment.weebly.com/](http://sloassetdevelopment.weebly.com/)

The Conference will be a wonderful opportunity for participants to continue to learn how to build the developmental assets of our youngest children through youth entering adulthood, and to mobilize our community to create environments where children and youth thrive.

**What is the Asset Development Network?**

Established in 1997, the Asset Development Network of San Luis Obispo County is a collaborative of organizations and agencies that promote the Search Institute's 40 Developmental Assets for early childhood to adulthood. These assets serve as building blocks that help children grow up to be healthy, competent, contributing adults.

For more information, the link to the assets is as follows:  
[http://www.search-institute.org/content/40-developmental-assets-adolescents-ages-12-18](http://www.search-institute.org/content/40-developmental-assets-adolescents-ages-12-18)

**Building a Connected Community for Youth Event Speakers are:**

- **Clay Roberts** – Author, prevention consultant, program developer, and nationally recognized speaker on asset development
- **James J. Brescia** – San Luis Obispo County School Superintendent
- **Katherine E. Soule PhD** – Youth, Families, and Communities Advisor, UC Cooperative Extension, San Luis Obispo and Santa Barbara Counties
- **Amber Davis** – A former foster youth who is working as a Rehabilitation Specialist at Family Care Network. In the fall, she will start her graduate program in Social Work at USC.
- **SLO Trauma Informed Champions of Change** – Inspiring trauma-Informed practice through integrated awareness and understanding of the impact of trauma on our county-wide system of care.
Watch What Happens

**National 4-H Conference** delegates engage in personal development experiences that increase their knowledge, resources, and skills while they discuss topics affecting youth and 4-H programming nationwide. Delegates not only learn while at the conference: they are empowered to create positive social change in their communities and have the opportunity to practice and apply their skills in a real-world setting.

Already preparing for the 2018 National 4-H Conference?
The conference dates are April 7 - 12, 2018.

Please distribute to your college students in your county. 
This is an amazing opportunity and experience!

Applications are being accepted for the Roundtable Facilitator Roles for the 2018 National 4-H Conference which will be held in Washington, D.C. April 7-12, 2018.

Application documents can be downloaded at [http://4-h.org/parents/national-4-h-conference/#!leadership-facilitators](http://4-h.org/parents/national-4-h-conference/#!leadership-facilitators)

**Please promote broadly to all college students.**

National 4-H Conference is the pinnacle experience in 4-H Citizenship, providing the opportunity for young people to connect, learn, engage, lead and impact their communities, their nation and their world. Roundtable facilitators lead groups of 4-H teens through the development and facilitation of a briefing on an issue important to our nation. The facilitators play an important role in the success of this civic engagement experience. The facilitators also gain a tremendous amount of leadership experience, networking connections, and facilitation skills by serving in this role.

All college students with a desire to participate in this experience are encouraged to apply.
4-H SHOOTING SPORTS TRAININGS NEWS

San Luis Obispo County 4-H Youth Development—Program Development Board
Jack Crane, Shooting Sports Key Leader

Contact Jack Crane at Phone: (805) 458-4223 or Email: jack@accuair.com
or the 4-H Office at 781-5941 if you would like more information.

4-H Shooting Sports Workshops

If you have an interest in sharing your Shooting Sports skills with youth, how about becoming a 4-H Shooting Sports adult volunteer or teen leader? There will be a variety of 4-H Shooting Sports leader certification trainings offered this fall. The classes will be held over a Saturday and Sunday weekend format at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton, in Merced County (center state). This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to lead the shooting sports discipline of your choice at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $35 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshments. Please bring your own lunch to the class.

Junior and teen leaders are invited but must attend with an adult or have a certified shooting sports adult leader they will be assisting back home.

Driving directions to the range are at http://www.safetyfirstshooting.org/html/directions.html. Tent or Dry RV camping is an option. Numerous hotels are available in the area, contact Dave below for more info if needed.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at http://4h.ucanr.edu/files/4785.pdf with an adult http://4h.ucanr.edu/files/20100.pdf or youth http://4h.ucanr.edu/files/4726.pdf 4-H medical release form and a $35 check payable to “Merced County 4-H Council” and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday the week before your class (7 days prior), and Space is limited to 20 attendees. For more information call Dave at 209-614-1718 or Darlene McIntyre at 209-385-7418 or email her at dlmcintyre@ucanr.edu.

Western Heritage – Oct 7 & 8th
Muzzle Loading – Oct 15 & 16th
Rifle – Nov 18 & 19th
Shotgun – Nov 18 & 19th
Archery – Dec 9 & 10th
Pistol – Dec 9 & 10th
Western Heritage – Jan 6 & 7th
Muzzle Loading – Jan 13 & 14th
### Tentative - 4-H SLO COUNTY HORSE EVENTS for 2017-2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>10/7/2017</td>
<td>SLO County 4-H Achievement Night</td>
<td>SLO Veteran’s Hall</td>
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<tr>
<td>10/15/2017</td>
<td>Gymkhana Clinic</td>
<td>Paloma Creek Arena, Atascadero</td>
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<tr>
<td>11/5/2017</td>
<td>Gymkhana Field Day</td>
<td>TBD</td>
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<td>12/2/2017</td>
<td>Hippology Bowl</td>
<td>UCCE Auditorium, SLO</td>
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<tr>
<td>1/12/2018</td>
<td>Horse Written Level Testing</td>
<td>UCCE Auditorium, SLO</td>
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<tr>
<td>2/3/2018</td>
<td>Horse Riding Level Testing</td>
<td>South County, TBD</td>
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Nipomo 4-H had an appreciation BBQ for their 4-H Community Club Leader, Beverley Larsen. We wanted to thank her for all that she has done for the club and community. She keeps everyone involved and is helpful to all the kids and adults. We couldn't do it without her!

Submitted by Emma C.

Morro Bay 4-H Members Help in SLO County Coastal Cleanup

Submitted by Julianna J.

On Saturday September 16, 2017, Morro Bay 4H members volunteered to help in the 33rd annual Coastal Cleanup Day.

Our volunteers helped to pick up trash at the Morro Bay Power Plant (Morro Strand South) and the Estero Bluffs.

Approximately 75 pounds of accumulated trash was brought into the check-in table by our participants. One of the most interesting item found was a chainsaw.

In all there were a total of 1,370 volunteers in SLO County.

A total of 6,400 pounds of trash and recyclables was collected.
Bay Coast Youth Summit
2018

JANUARY 19TH-21ST, 2018

Located at YMCA Camp Jones Gulch.
Participants ages 11-13.
Teen facilitators ages 14-19.
Attend educational workshops, make friends from all
over the Bay Coast Area, and much more! Registration
out soon on the California 4-H website!

Save the date!

University of California
Agriculture and Natural Resources
Hello everyone,

My name is Manuel Burciaga (I also go by Manee).

I am the newest member of the San Luis Obispo 4-H program staff and I will serve as the part-time 4-H Program Assistant.

A bit about myself, I am originally from Mexico and have resided in California since 2002. I love to travel and have visited most of Latin America and parts of Europe. Furthermore, I have been working with youth and education—in the U.S and abroad—since 2014 when I was an undergraduate at the University of California in Santa Cruz, ever since graduating I’ve worked as bilingual para educator and more recently as an after school tutor in Paso Robles. I received my BA from UC Santa Cruz in Politics and Latin American & Latino Studies and I am currently working on a Masters degree in Public Policy at CalPoly.

I am excited to join the San Luis Obispo County 4-H office and to meet all of you.
4hOnline Enrollment is Year-Round — Contact a 4-H Community Club Leader

SLO County 4-H Youth Development Program Calendar 2017-2018

COUNTY 4-H WEBSITE URL: http://ucanr.edu/slo4h/

2017-2018 4-H PROGRAM YEAR

**OCTOBER 2017**

1-7 National 4-H Week

7 4-H ACHIEVEMENT NIGHT 7pm at the SLO Veterans Hall—801 Grand Ave., SLO

Most 4-H Community Clubs will be doing their 2017 – 2018 4-H Program Year Re-enrollments and New Enrollments in 4hOnline—the link is [https://ca.4honline.com](https://ca.4honline.com)

**County Website for more info:**

http://ucanr.edu/slo4h

**Updated Information about the SLO County 4-H Horse Project can be found on Page 10.**

National 4-H Week is October 1 – 7.

Take advantage of this important week to highlight the remarkable 4-H youth in your communities and showcase the incredible experiences that 4-H offers young people.

This year’s theme is #TrueLeaders.

**National 4-H Week resources**

[https://drive.google.com/drive/folders/0B9MMzbLtXOImNGVFcGsydFE0cVU](https://drive.google.com/drive/folders/0B9MMzbLtXOImNGVFcGsydFE0cVU)

This link includes access to:

- Social media toolkit
- Presentation about National 4-H Week materials
- Flyers in English & Spanish - editable PDFs
- Ads in English & Spanish - editable PDFs
- Press release template
- Proclamation template and guide
- Snapchat filter & instructions
- Facebook filter, cover images, and post images
- Twitter post images
- Instagram post images