4-H Leader Appreciation and Training

All volunteers are welcome and encouraged to attend!

Saturday, March 9, 2013
9:00 a.m. – 12:00 noon
(8:30 a.m. Registration)

On Saturday, March 9, 2013, the Adult Leadership Committee will host 4-H Leader Appreciation and Training Day. This annual event provides our volunteers with an opportunity to meet each other, share ideas and information and learn about program updates and resources. And, because 2013 marks the Centennial for 4-H in California, we will be celebrating this important milestone. Research shows that the 4-H Youth Development Program plays a special and vital role in the lives of America’s young people and is a Launchpad for healthy and productive lives—AND EACH ONE OF OUR VOLUNTEERS CONTRIBUTES TO OUR SUCCESS!

This year’s program focus will be a Roundtable discussion, a popular activity because it provides 4-H leaders with an opportunity to ask questions, learn from each other and take away new ideas and approaches that work. In addition to the Roundtable, we will discuss the Revised Officer Book Criteria and Revised Record Book Check List, learn about the new Healthy Living Club Officer Position and event updates.

4-H Leader Appreciation & Training will be held in the UCCE Conference Room, located at 2156 Sierra Way in SLO. Registration will begin at 8:30 a.m. Drinks and appetizers will be provided.

Please RSVP to the 4-H office by March 1, 2013 at 781-5943 or via email to chansen@co.slo.ca.us

We hope to see you there!

Richard P. Enfield, County Director and 4-H Youth Development Advisor (YDA) would like for everyone to view our 4-H Volunteer Spotlight in the 2012 San Luis Obispo County Annual Report: http://www.slocountyannualreport.com/farm-advisor.html
Click on “Meet our Volunteer Jennifer Kranich”
She is a former 4-H Community Club Leader for Ranchita Canyon 4-H Club.
National & State 4-H News

For more information from the STATE 4-H OFFICE, visit http://www.ca4h.org/News/

• California 4-H $1,000 for 1,000 Service Learning Projects
  2013 Revolution of Responsibility - http://www.ca4h.org/Support/RoR/

  2013 Application Deadlines:
  July 15, 2013, September 15, 2013
  November 15, 2013

• The Friends of the California State Fair announced that they will continue their scholarship program for the 2013-2014 academic years. California college students and graduating high school students are eligible and must submit an application by Friday, March 8, 2013. The scholarship applications are available now at www.bigfun.org. For more information contact Jake Rowe at jrowe@calexpo.com

• Host an Exhibit/Display booth at the 2013 Field Day--May 25th
  The Exhibit and Display Application for State Field Day is now located online this year! Apply here: http://ucanr.edu/exhibit/display_application! Applications are Due April 1st, 2013 Educational exhibits and displays constitute a unique aspect of the State 4-H Field Day. These exhibits are a great opportunity to share knowledge, interact with youth and adults, and engage people in new activities. Possibilities for displays include hands-on activities, community service crafts, informative booths, etc. More information is available on the application. Contact Megan Oats at msoats@ucdavis.edu for more information.

• 4-H MyPlate Challenge at 2013 State Field Day
  In 2011 the (USDA) unveiled the federal government’s new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. 4-H is challenging YOU to show how you’re making YOUR plate MyPlate. We invite you to submit a photograph illustrating how you’re creating healthy meals using MyPlate as a guide. 4-H members do not need to pre-qualify at a county event. More details about this contest can be found at: http://www.ca4h.org/Programs/Events/SFD/4-H_MyPlate_Challenge/

• California Focus - June 14-18, 2013 —A unique citizenship educational experience that combines hands-on participation in workshops, debates, and simulations with speakers, tours, fun activities, and new friends from across CA. http://ucanr.org/sites/UC4-H/Projects/Citizenship/Focus/CF/, Online Registration Deadline is March 15, 2013
SLO County 4-H Management Board Brief

The 4-H Management Board met January 16, 2013.

On behalf of the 4-H All Stars, Ashley Lauinger reported that the All Stars are out promoting 4-H! So far they have visited Nipomo, Nipomo Foothill and Santa Margarita 4-H Clubs. They intend to visit every club in our county so be on the lookout for a visit soon.

A new pin is being designed for the 4-H Youth of Distinction Award. For information about the 4-H Youth of Distinction Award, please refer to the December 2012 edition of 4-H News & Views.

Section Council Delegate, Jody Birks, reported that the State Council is planning a Centennial Gala. The State Leaders Council has designed a Centennial pin and magnet. The next Sectional Council meeting is April 13, 2013 in Ontario, California.

The position of Secretary and Visibility Director are open positions on the 4-H Management Board. Anyone interested in applying for these positions should contact the 4-H office.

Date Change: Field Day will be held on June 1, 2013.

The Chicken Q fees for 2014 will remain the same as 2013 at $8.00 per ticket. 

Save the Date – Richard Enfield is retiring! An Open House is scheduled for June 29th. 

Check out and LIKE the new SLO County 4-H YDP Facebook Page at http://facebook.com/SanLuisObispoCounty4H

There are new policy guidelines governing fundraising for groups or organizations. If a club is planning to fundraise for a group or organization other than 4-H, please contact the 4-H office for details.

4-H Clubs are encouraged to add the new “Healthy Living” Officer position to their officer roster in 2013-2014.

Surprise Awards for 4-H
at Annual Meeting of the Board of Directors of the 16th District Agricultural Association

On February 1st, three SLO County 4-H individuals were recognized by the Board of Directors of the 16th District Agricultural Association, or California Mid-State Fair. Longtime SLO County 4-H leaders JoAnn Overbey and Evelyn Rockwell were honored as 2013 Hall of Fame Inductees for their years of service to the Mid-State Fair. This is an exclusive “club” since a limited number of people are inducted each year and it is very special to have two 4-H leaders selected in one year.

4-H Youth Development Advisor, Richard Enfield was also recognized at the February 1st event when he was awarded a “Resolution in Appreciation of Service” by the Board of Directors for his outstanding contributions to the California Mid-State Fair as a result of his dedication to the thousands of 4-H’ers who have participated in the Mid-State Fair under his leadership of the 4-H Youth Development Program in SLO County.

Pictured above (Left to Right):
Evelyn Rockwell, Cerro Alto 4-H Community Club Leader
Richard P. Enfield, 4-H Youth Development Advisor
JoAnn Overbey, Canyon Country 4-H Community Club Leader
3– 2– 1 BLAST OFF! Registration for the 2013 SLO County 4-H Youth Camp K.I.N.D. (Kids in Nature’s Domain) is now Open! We are looking for 4-H members in Grades 4-6 who want to join our crew and go on a fabulous Space Adventure through the universe!

4-H Youth Camp K.I.N.D. will be held Friday, May 3rd (check-in late afternoon) until Sunday, May 5, 2013 (check-out around Noon). Camp will be held at Rancho El Chorro Outdoor Education Facility off of Hwy 1 across from Cuesta College. **Registration is $70. Forms are due March 22nd** & are available on the county website: www.slocounty4h.org — So hurry and don’t wait to start your Space Adventure! Any questions about Youth Camp can be directed to Camp K.I.N.D. Director, Maria Andrus at 238-0604 or via email at jandrusfamily1@att.net

Large Animal Written Level Testing will be offered **Saturday, April 6th 8:30 a.m.— 1:00 p.m.** in the **UCCE Auditorium** below the 4-H office at **2156 Sierra Way, San Luis Obispo** (Beef, Dairy & Market Goats, Horse, Sheep, Swine) Tests will not be given to those who arrive after 12:30 p.m.
2013 State 4-H Presentation Day
Saturday, May 25, 2013

Location: Wellman, Olson, and Hart Halls, UC DAVIS
Time: 9:00 AM - 6:00 PM

Presenters must register by May 21, 2013 at
http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9728

Judges and room hosts must register at
https://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=7538

Contest Coordinator: Jacki Zediker, jkzediker@ucdavis.edu or (530) 842-2711

Eligibility: Any 4-H member (4th grade and above) who has been awarded a gold medal in their Sectional competition may compete with the same presentation for which the medal was awarded. 4-H members may give only one presentation at the State 4-H Presentation Day.

Categories: Categories are open to all age groups - Junior, Intermediate, and Senior.

- Demonstration
- Impromptu Speech
- Audio-Visual
- Share-the-Fun
- Illustrated Talk
- Interpretive Reading
- Problem Solving
- Cultural Arts
- Educational Display
- Prepared Speech

Special Recognition Opportunities: Please visit: http://www.ca4h.org/files/124730.pdf

2013 Special Recognition: Awarded to 4-H members who relate their presentations (all categories are eligible) to one of the following four focus areas:

- Science, Engineering and Technology (SET): Engineering to Solve the World’s Problems
- Citizenship: C is for Contribute
- Healthy Living: Physical Activity
- Thrive: The Path to Thriving
**San Luis Obispo County 4-H Photographers Competion**

State 4-H Field Day | May 25, 2013 | UC Davis

Enjoy photography? Looking for opportunities to showcase your photographs to fellow 4-H members from around California? Enter in the California 4-H Photography Competition to showcase your work and for a chance to win awards such as Best of Show! Any 4-H member aged 9-19 can participate. **Does NOT** have to be enrolled in the photography project to enter! Held in Hart Hall at UC Davis from 8:00 am - 5:00 pm. Hosted by the California 4-H Technology Leadership Team.

**Registration Open February 15-May 3, 2013**

Website: [http://goo.gl/NEHmK](http://goo.gl/NEHmK)

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**4-H SLO Hikers 2013 Hiking Calendar**

- **January 12, 2013:** Harmony Headlands
  - Time: 10:00 am - 11:45 am
  - Location: Parking Lot off Hwy 1, Harmony
- **February 23, 2013:** Lopez Lake
  - Time: 10:00 am - 12:00 pm
  - Location: Lopez Lake's Registration/Ranger Office
- **March 16, 2013:** Cerro Alto
  - Time: 9:30 am - 1:00 pm
  - Location: Cerro Alto Trailhead
- **May 4, 2013:** Johnson Ranch
  - Time: 10:00 am - 12:00 pm
  - Location: Johnson Ranch Trailhead, San Luis Obispo

*All hikes are subject to change or be cancelled due to weather conditions. Please check newsletter and Facebook page for updates.*

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**4-H News**

**San Luis Obispo County 4-H Record Book Judging Dates for your Calendar:**

- **Record Book Judges Training:** Wed., 8/14/13
- **2012-13 Record Books Due into the 4-H Office on:** Fri., 8/16/13
- **2012-13 Record Book Judging:** Sat., 8/24/13
We are happy to announce the Appointment of Angela Thompson as Board Secretary. Angela is an alumnus of the 4-H program in SLO County and now volunteers as a project leader and Assistant Community Club Leader for Nipomo 4-H Club. She has also served as a board member for non-profit organizations. With her background and experience, Angela will be a strong addition to the board and we welcome her as a new member. We also want to take this opportunity to publicly say “thank you” to Deb Geaslen for her time and contributions as Board Secretary over the past two years.

We are currently recruiting for the position Visibility Director on the 4-H Youth Development Management Board. The Visibility Director is responsible for managing and providing leadership to the visibility and public relations efforts of the SLO County 4-H YDP. Although experience in the areas of public relations, visibility or marketing would be helpful, it is not required for this volunteer position. Program Visibility may include submission of newspaper articles and coordination of 4-H public events throughout the county. This interesting and challenging position serves a two-year term as a member of the 4-H Management Board.

The purpose of the 4-H Management Board is to oversee the management aspects of the San Luis Obispo County 4-H Youth Development Program. Oversight includes policy making and implementation, as well as management responsibilities in the areas of awards, finances, fundraising, leader complaints, liaison with fairs, liaison with regional and local councils, and visibility. The members of the board work closely with one another and with the 4-H Youth Development Advisor. The board meets five times year, on the third Wednesday evening of January, April, June, September and November.

If you would be interested in applying for this position, or if you have any questions, please call the 4-H office at 781-5943.

California 4-H Centennial Celebration

The Centennial of 4-H in California will be celebrated in 2013 in many ways, including traditional events and special programs. Culminating the activities is the State 4-H Leaders' Forum, Nov. 8 - 10, 2013 in Sacramento. As part of the celebration, the SLF committee is searching for the family with the most generations involved in the 4-H program. How about yours? Another search is looking for the oldest living 4-Her. Do you know someone who was in 4-H in the early days (1930s, 40s, 50s) of 4-H?

Please contact Charlean Andes at teacherc2@gmail.com for more information or to register your family or old-time 4-Her.

P.S. If you have memorabilia from your 4-H experience which you are willing to share with others we would like to hear from you, too. There is room for several displays to document the progression of traditions, projects, hair styles, fashions, experiences, etc. Please contact Stephanie Barrett mom4b2q@yahoo.com
Three Open Positions on the 4-H Program Development Board:

- Small Animal Science Key Leader
- Healthy Living Key Leader
- Community Service/Citizenship Key Leader

We are currently recruiting for three Open Positions on the 4-H Program Development Board: Small Animal Science, Healthy Living and Community Service/Citizenship.

The 4-H Program Development Board is made up of eight members who serve as “Key Leaders” in their respective program area(s). The board meets at least twice a year (September and January) and is responsible for the overall direction, development and delivery of quality educational programs and events to 4-H members in our county. In addition, each member of the board serves as a “Key Leader” in their area of responsibility and as a resource to 4-H members and 4-H leaders. The 4-H Youth Development Management Board provides oversight.

The Small Animal Science Key Leader (Poultry, Turkeys, Cavies, Dogs, Rabbits, Small Pets and Animals) serves as chair of the Small Animal Science Program Development Committee and is responsible for educational programs and events related to small animals (e.g., Small Animal Science Divisions at 4-H Field Day, Small Animal Science Level Testing).

The Healthy Living Key Leader is responsible for the development and delivery of programs related to Healthy Living. This is a holistic approach, which includes healthy eating habits, physical fitness, the capacity to recognize and direct emotions, and the ability to develop and maintain positive social interactions and relationships. The Healthy Living Key Leader will also work directly with the iTHRIVE Master Training Team.

The Community Service/Citizenship Key Leader is responsible for the development and delivery of programs related to 4-H Community Service and Citizenship, as well as encourages and strives to develop young people who are engaged and informed of their role in civic affairs and intentionally connected to their communities. In addition this position promotes county and statewide events (e.g., Presidential service Award, Cal Focus, Washington Focus and International Exchange Programs).

For a complete position or application, please contact Krysti at the 4-H Office 781-5941 or kjerdin@co.slo.ca.us

4-H Program Development Board Members
Evelyn Rockwell, Adult Leadership Key Leader
Brian Aunger, Science, Engineering & Technology Key Leader
Lisa Rockwell-Harper, Large Animal Science Key Leader
Julia Stanfill, Home Economics & Expressive Arts Key Leader
Maria Andrus, Youth Leadership Key Leader
Shooting Sports Project Leader Course
Rifle Discipline
Pajaro Valley Rod & Gun Club
557 ½ Lakeview Road
Watsonville, CA
Saturday, March 9, 2013 – 8:30 a.m. – 5:00 p.m.
Sunday, March 10, 2013 – 8:30 a.m. – 4:00 p.m.
Upon successful completion of this course, the participant will be certified as rifle trainer and can lead a rifle project at the club or county level or serve as county trainer to certify project leaders in the shooting sports discipline of rifle. This course is also open to 4-H teen leaders (high school aged youth). For more information, or to register for the class, contact Randy Turnquist at randy@randyt.com or phone 831-566-2590. Please discuss the course fee with the instructor which could be up to $25 depending on if you wish to print your own course material or have him do it. (Please note that the rifle discipline is not an approved project in Santa Cruz County). For more information about the class facility visit this website: www.pajarovalleyrodandgun.org

Shooting Sports Workshop
Muzzle Loading Discipline
5 Dogs Range - Bakersfield, CA
Saturday, March 23, 2013 – 8:00 a.m. – 6:00 p.m.
Sunday, March 24, 2013 – 8:00 a.m. – 4:00 p.m.
Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of muzzle loading. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. Class size is limited. There is no fee for the course. However, if you wish to receive National Muzzle Loading Rifle Association instructor certification there is a fee of $40. To get more information or register for the class contact John Borba at: jaborba@ucdavis.edu or telephone 661-868-6216.

SLO County 4-H Horse Project Members: SAVE THESE DATES!
4-H Program Year 2012-2013 4-H Horse Project Upcoming Events!
March 3rd Gymkhana Field Day
March 16th English/Western Clinic
April 20th English/Western Field Day
June 8th — Mounted Level Testing
Please check with your Horse Project Leader, or Horse Project Resource Leaders Tracy Johnston/ Jennifer Thomas for more details or contact Krysti Jerdin at the 4-H office at 781-5941.

Cal Poly Swine Field Day — Saturday, April 6, 2013
Cal Poly Livestock Pavilion, San Luis Obispo
Attention all pig lovers! It’s that time of year again to start getting ready for upcoming shows and fairs. Come and join us at Cal Poly for a fun filled educational morning. We will be offering clinics on pig showmanship, show prep, nutrition, and selection for both beginning and advanced exhibitors. Registration starts at 8:00AM with Clinics starting at 8:45 am. There is no cost to attend this event.

Cal Poly pigs will be available for viewing and sale immediately following the completion of the clinics until 2:00pm.

If you have any questions regarding clinics contact Mandy Myers at (805) 756-2440 or Pig Sales contact Brandi Crivello (707) 267-5572.

Hope to see you there!
Quick Notes for the 2013 Food & Arts Celebration and Fashion Revue

Entry Forms and Registration Deadline
The information forms and guidelines for the 2013 Food & Arts Celebration (FAC) and Fashion Revue (FR) have been sent to all 4-H Community Club Leaders and are posted on the SLO County 4-H Website at slocounty4h.org. **Entry forms** for both events must be received in the 4-H Office and/or postmarked **by Friday, March 22, 2013**.

Centennial Challenge
In an effort to recognize how 4-H has grown and developed in California over the past 100 years, we have created a special, one time challenge for each category in the FAC and FR events. In addition to the regular judging criteria, if a 4-Her chooses, entries will be judged on special criteria related to the history of the item. A 3” x 5” note card explaining the historical significance of the special items needs to accompany the entry on the day of the event. Special plaques will be awarded to one Centennial Challenge winner in each category, in addition to the regular Division Winner.

State Fashion Revue Community Service Project: Open to all 4-Hers
The State Fashion Revue will be coordinating two service projects this year: Quilts for Wounded Warriors and the Drawstring Tote Bags for Foster Children. Again this year, our 4-Hers will be able to drop off their finished State Community Service items at the FAC/FR when they register in the morning. (These items will not be judged.)

Volunteers Needed for FAC and FR Events
HELP! HELP! HELP! It takes about 120 adult volunteers to put on the FAC and FR events. Please recruit as many volunteers as you can from your club and submit the names, phone numbers, and email and street addresses to the 4-H Office so the Volunteer Coordinator can make contact. A Volunteer Form is posted on the County 4-H site. For more information about volunteering for these events, contact the 4-H Office at 781-5943.

For more information about these events, contact:

Julia Stanfill at 528-1557 for the FAC

and

Maria Andrus at 238-0604 for the FR and Textile Arts event.
Attention Dog Project Members:

The Canyon Country 4-H Dog Project group will be hosting a **4-H Dog Show** on **Saturday, April 13, 2013 at Santa Rosa Park in San Luis Obispo**. Lemos Pet Supply has generously offered to sponsor this event. The Obedience classes being offered will be Primary, Junior, Intermediate, Senior and Novice. The Showmanship classes being offered will be Primary, 1st Year Member, Junior, Intermediate, and Senior. The 4-H Dog Show will begin at 9:00 a.m. Cost will be $5.00 per class. Pre-Entry is required. Entry forms will be mailed to all registered leaders on 3/01/13 and are due back by 4/05/13. If you have any questions, please contact Christy Friedmann at 438-5851 or via email at: aussieluv@earthlink.net

Lemos Feed and Pet Supply is excited to announce the next **Lemos Academy** for the **SLO County 4-H Dog Obedience Projects**. They will be hosting the event: **Saturday, April 13th, from 9 am to 12 pm, at the Canyon Country 4-H Dog Show in San Luis Obispo**.

At the **Lemos Academy**, there will be guest speakers covering a range of topics from dental health to dog food nutrition. Participants that complete the Academy will receive a discount card for Lemos Feed & Pet Supply that is good for 6 months!! Please feel free to contact our Atascadero location with any further questions about the Academy. (805) 466-5378. **We look forward to seeing you there!**

New **HEALTHY LIVING** Club Officer Position for 2013-2014

Starting in the 2013-2014 program year California 4-H will be adding a **Healthy Living Officer** position to the **4-H Officer Manual**. The Healthy Living officer will serve as the club’s ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. **The Healthy Living officer will be the leadership for all health activities including: providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter and adopting and promoting a club Wellness Plan.**

Please help ensure that the health “H” of 4-H is at the forefront of all our meetings - elect a Healthy Living officer! The **Choose Health Officer Guide**, developed by Cornell University Extension, can be found at: [http://www.ca4h.org/Programs/Clubs/Officers/](http://www.ca4h.org/Programs/Clubs/Officers/)
Are you a Leader?
Do you like the Spotlight?
Do you want to become a SLO County 4-H ALL STAR?
REACHING OUT FOR 4-H ALL STARS! The All Star Rank is the highest rank which a 4-H member may attain at the county level.

Being a San Luis Obispo County 4-H All Star provides an opportunity for high school members to receive recognition for outstanding service. The All Stars serve as Ambassadors for the San Luis Obispo County 4-H Youth Development Program; they represent 4-H at County, Sectional, and State activities; they coordinate certain county-wide activities; and they serve as positive role models for youth!

To be eligible for the County All Star rank, a 4-H member must:
- be 14 years of age or older by January 1, 2013, but not 19 years of age prior to 1/1/13
- been a participant in 4-H for 3 years or more
- have attained a Gold Star rank by 4/15/13
- demonstrate leadership abilities, citizenship concern and maturity of judgment

Each candidate for the All Star rank will be required to submit an All Star application and participate in an individual and group interview. All Star applications may be obtained online at www.slocounty4h.org or from the 4-H office, call 781-5943 for your application. **DUE DATE:** May 31, 2013

The first opportunity for our 2013-2014 County 4-H All Stars will be to attend the

**2013 State Leadership Conference**
**Dates:** July 25-28, 2013
**Location:** UC Davis

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**2013 4-H FIELD DAY**
**SILENT AUCTION BASKET TIME AGAIN!**

Ken Dewar will be organizing another successful SILENT AUCTION at this year’s 4-H FIELD DAY with your help!

Each 4-H club is asked to provide a minimum of **TWO** Silent Auction baskets *(and you can submit more items for the auction too)* plus an Adult Volunteer to assist during this year’s event. *Remember: the better the gift basket’s theme/design—the more funds we can raise for our county 4-H events!*

For more information regarding the Silent Auction, call Ken Dewar at 441-0531, or the 4-H office at 781-5943. Let’s meet this year’s challenge and create some gift baskets with great themes for the **2013 SILENT AUCTION** being held at **4-H FIELD DAY** on **June 1, 2013**.

**Silent Auction Baskets will be due in the 4-H office by THURSDAY, MAY 30, 2013.**
**California Women for Agriculture Scholarship Opportunity** — Each year this organization gives scholarships to 4-H members for their projects at the CA Mid-State Fair. This Project Scholarship Program is part of their commitment to young, beginning and small farmers, targeting ages 9 through 19 who have shown an interest in agriculture by joining 4-H Clubs recognized in San Luis Obispo County and plan on participating in the CA Mid-State Fair.

To Apply for this scholarship contact Hayley Loehr, Education Chair at (805) 434-3665 or by email at Hayley.Loehr@farmcreditwest.com

On the 20th of January **Creston 4-H** went to the Paso Bowl to have some fun. The 4-H group bowled from 6 to 8 pm and enjoyed a pizza dinner. This annual event is a favorite for the Creston 4-Hers because every year is a blast. Submitted by: Haley Hurdle, Reporter

On February 9, 2013 at Cal Poly, Meg Stern and Angelina Perez represented **Cambria 4-H** at the County Presentation Day.

Meg selected a poem called “Blue Horses Rushin”, and she was awarded a first place.

Angelina presented on the topic “Nutrition for a Healthy Rabbit,” and she was awarded a blue ribbon.

There were presenters from all over the county. It was a lot of fun! Submitted by: Angelina Perez, Reporter

On Monday, January 19th, the **Cerro Alto 4-H Dairy Goat group** met at our leader, Dawn Patterson's house for a visit from Dr. Don Warden. Eight dairy goats came for ultrasounds and to have their blood drawn to be sent to a lab and tested for CAE, a transmittable deadly goat disease. This blood test is done every year to make sure the goats stay healthy. The does that had been bred were ultrasounded to see if they were pregnant - just like people! Every doe that had an ultrasound was pregnant, that means lots of cute kids in the spring!

Submitted by Emily Patterson of Cerro Alto 4-H

(photos by Emily Patterson: Dr. Don Warden performing an ultrasound on Windsong an Alpine dairy goat, and Windsong’s ultrasound)
On January 16, 2013, the San Luis Obispo County 4-H Horse Project held the first annual Horse Expo in Atascadero. Six subjects were covered by special guests. Members learned all about feed and supplements for their horse/pony from Allison Sullivan representing Santa Margarita Feed. Sophie Treder, Pony Club & 4-H Judge, taught the average horse stride and how to set up jumps and count strides which involves math. Tracy Hatakeyama, Horse Show Judge, explained what may cause a rider to have points deducted during a 4-H Show - there's a lot to know. Faith Patterson, Teen Leader for Cerro Alto Horse Group, explained how to care for tack and had members clean an old saddle. A fun game of Horse Bowl to test our horse knowledge was led by Debbie Allen. Project Leader Jennifer Thomas and Mary LaPorte, discussed emergency vet care and first-aid. SLO County 4-H All-Stars, Sigrid Derickson, Candace Johnston, Sophie Johnston, Ashley Lauinger, Faith Patterson, Tanner Truelson, & Jenna Winslow, assisted to keep the day on schedule. The 4-H members who attended definitely left with more horse knowledge. Thanks to Horse Project Leader Tracy Johnston for organizing a day of learning and fun - all about horses! Prepared by Amber Quick, Cerro Alto 4-H Horse Project. Left Photo: Group listening to Sophie Treder about accurately setting up horse jumps. Right Photo: Allison Sullivan representing Santa Margarita Feed explaining about feed and supplements.

POZO 4-H begins ends year with a community service project and begins new year with Presentation Day

Pozo 4-H had their first meeting of the new year and is kicking off the new year with a good start. Each officer gave a helpful tip about something they have learned over the years. Project leaders are preparing their members for fair projects. An announcement was made about the upcoming Presentation Day. Presentation Day is where members prepare and present a speech or presentation to better their communication skills. All members are encouraged to participate. It will be held at Cal Poly on February 9, 2012. The Pozo rabbit group also completed a community service project over the holidays by writing letters for Letters of Light which is an organization that brings holiday smiles to women and children in the local women’s shelter.

POZO 4-H members receive Gold at County Presentation Day!

Pozo 4-H members participated in the San Luis Obispo County 4-H Presentation Day on Saturday, February 9, 2013. Among those who took part were Mika LaChaine, Alexis Whiteford, and Christina Rogers. Mika gave a presentation on making a tote bag, Alexis gave a presentation on “How to Write a Buyer’s Letter,” and Christina gave a presentation on “Why Cats See at Night.” All received gold for their presentations and are able to go to Sectional Presentation Day to compete. In the Share the Fun skits, Jordan Johnson and Dylan Head played as aliens to advertise for Camp Kind.

Camp Kind will be held on May 3-5, 2013. The theme is Space Adventure and is for 4-H members in grades 4th through 6th. Sign up while spots last. Applications are available at the 4-H office or online at www.slocounty4h.org.

Submitted By Alexis Whiteford
On January 26, 2013 Farm Supply in Paso Robles held a Swine Clinic from 7:30 to 9:30 am. Showmaster Feed had a speaker from Bakersfield who talked about how to properly feed our hogs. He spoke about nutrition, diet and what to do if our animal is not gaining weight properly. He also discussed what to look for when we go to purchase our swine projects. He showed us how to set up a good pen with all the things our hog would need. He gave advice about grooming, care and working with our hogs so both animal and owner will be ready to show. At the end of the presentation, they drew names of all the attendees for prizes like food scales, Showmaster hats, or t-shirts. About 25 kids won these prizes. The final drawing was for twelve, 50 pound bags of Showmaster feed! That is enough to feed your hog from time of purchase to time of sale at the Mid-State Fair. I was thrilled when my name was drawn. This is my first year in the swine project with Templeton 4-H and I can't wait to purchase my pig in April. Thanks to Farm Supply and Showmaster for giving me an awesome start to my 4-H swine project. Submitted by Brooksley Pruitt

On February 14th, at Tracy Johnston’s house, the 4-H Cerro Alto Baking group met with the horse group for their monthly meeting. The 4-H members were asked to bring in a bag of candy to make Valentine’s Day bags for ECHO clients as a community project. The girls formed an assembly line and they each put a candy or Valentine in a decorated bag. They ended up with 80 Valentine bags for the clients of ECHO. After the meeting Tracy delivered the Valentine’s Day bags to the grateful clients at ECHO. After the bags were finished the girls learned how to form and bake healthy whole-wheat roll.

What is “poke poleing”? Poke poleing is a type of fishing that you do during minus tides in rocky areas. The fishing group of Edna 4-H went poke poleing at Morro Bay Rock on January 26, 2013. Instead of fishing using a traditional pole, we used fishing line, hooks, and bait. We would scout for holes along the rocks. Once we found a hole we thought a fish was hiding in, we would drop the line in the hole and wait. Dalen, Gavin, Thomas, and Jonathan caught eels. Rock fish were caught by Dalen, Jonathan, Thomas, Jeremy, Gavin, and Dylan. Jake and I got bites, but never hooked up one. We did a little community service by picking up trash we found in the rocks. It was getting really cold and windy, so after two hours of poke poleing, we packed up and left. I enjoyed poke poleing because it was fun to interact with my 4-H friends and learn a new way to fish. Submitted by: Declan Descamps
SLO County 4-H Youth Development Program Calendar 2013

MARCH 2013
1  RSVP Deadline for 4-H Leader Training Event
2  Sectional Presentation Day, S.Barb. Co. 4-H Host
3  Gymkhana Field Day
9  4-H Leader Apprec. & Training Event, UC Aud., SLO
9-10 Rifle Shooting Sports Training, Watsonville
15  Electronics Countywide Project
16  Horse Project English/Western Clinic
23-24 Muzzle Loading Shooting Sports, Bakersfield
22  FAC & FR Entry Forms due in 4-H office
22  CAMP K.I.N.D. Apps due in 4-H office

APRIL 2013
6  Lg Animal Level Testing, UC Auditorium, SLO
6  CAL POLY’S Swine Field Day
13  Cerro Alto’s Annual Rabbit Show at the Cal Poly Farm Shop
13  Canyon Country 4-H Dog Show, SLO
13  Lemos Dog Academy, SLO
17  Program & Mgmt Boards Mtg, UC Aud, SLO 5:30pm
19  Robots Countywide Project
20  Horse Project English/Western Field Day
24  Deliver FR Sewing Items to the UC Auditorium
27  Food & Arts Celebration & Fashion Revue, Laguna Middle School, SLO

MAY 2013
3-5  Camp K.I.N.D., Rancho El Chorro, SLO
11  Primary Member Field Day, UC Aud., SLO
24  SLO Co. 4-H FIELD DAY ENTRY FORMS DUE
25  STATE 4-H FIELD DAY at UC Davis
30  Two Silent Auction Baskets per Club due in 4-H ofc
31  2013-14 County 4-H All Star Apps due in 4-H ofc

JUNE 2013
1  4-H FIELD DAY, Paso Robles Event Center (aka Paso Robles Fairgrounds)
8  Mounted Horse Level Testing, Loc. Wranglerettes
14-18 CA Focus, Sacramento
29  Retirement Open House for Richard P. Enfield, County Director and 4-H YDA, UC Aud., SLO

JULY 2013
10-14 Santa Barbara Co. Fair, Santa Maria Fairpark
17-28 CA Mid-State Fair, Paso Robles Event Center
25-28 State Leadership Conference, UC Davis

AUGUST 2013
14  Record Book Judges Training, UC Auditorium, SLO
16  Record & Officer Books due in 4-H office
24  County Record Book Judgingi Day